

100 SEXIEST BRUNETTES!

LUCY PINDER!

SPECIAL
ISSUE!

CHERYL COLE!

ELLE!

+ BB's Michelle
topless!

ROSIE!

WOW!

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10-16 Sept 2010 • www.nuts.co.uk

BRITAIN'S BIGGEST SELLING MEN'S WEEKLY!

BB'S RACHAEL!

MEGAN FOX!

HOLLY PEERS!



100 SEXIEST BRUNETTES!

They've got dark hair – and they're mostly bare!



New 623bhp Camaro!

When managers
go mental!

F**K
OFF!



A wee chat with
The Inbetweeners!

STILL

Frivolous
WHO DUMPED WHO?

UNTAMED

GUYYS,

GIRLS

and one little-bit-weird

KEITH

LEMON

taking the juice.

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THIS WEEK

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IN THE Nuts OFFICE!



MTV cheerleaders bring doughnuts to launch The Hard Times Of RJ Berger!



With Lewis Floyd Henry at Leeds festival with Gaymers

Nuts NEWS

WHERE NUTS MEN ENJOY CROSS-DRESSING!

Nuts cleans up cricket!

Our "ladies" do their bit to sort out the game

We've heard a bit on the telly recently about how cricket needs cleaning up thanks to some naughty Pakistani chaps. So we sent two office cleaning "ladies" to help out! First stop was the home of British cricket, Lord's, then onto the Pakistan embassy, where our mop mollies got a frosty reception. After that, we headed off to buff up South London's cricket capital, The Oval. Cricket cleaned, and a job well done! Well played, "ladies"!

"Who let Basil Brush design our tops?"



NAUGHTY BOYS?

"Call Barry Scott – we need to Cillit Bang this sod!"



AT LORD'S!



Gaga and Winehouse
started work on
their new video

PC Smith's helmet
decoration was
a bit OTT

AT THE OVAL!

AT THE EMBASSY!

SCRUBBERS!

**HERE TO
CLEAN UP
CRICKET!**
Nuts



England's curling
team launched
their new kit



**BB BEAUTY!****Nuts EXCLUSIVE!**

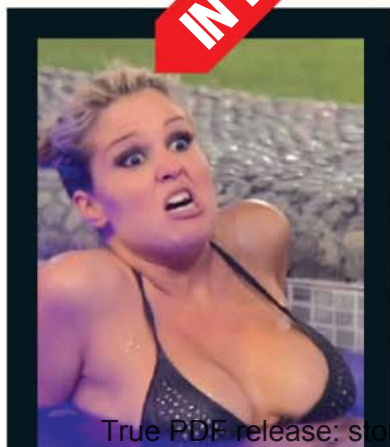
Ultimate BB's Michelle topless!

She's back in the house and my, hasn't she blossomed?

IN THE HOUSE!

You may recall Michelle Bass from *Big Brother 5*. Geordie, brunette, full-figured, wanted to be a model... Well, five years on, she's back, and hasn't she changed!

And as you can see from these pics, taken two weeks before she went back into the *BB* house, it's a change for the better. Welcome back, Michelle, we've missed you!



"What do you
mean the paint's
still wet?"

**MORE ULTIMATE
BIG BROTHER!**

Nuts EXCLUSIVE!

John McCririck

DIARY ROOM!



The Angel Gabriel had a new look

The *Big Brother* evictee on his underpants, his sideburns and Makosi's boobs!

Hi John! What odds would you have given yourself to win before you went into the *Ultimate Big Brother* house? I was surprised to be in! This was *Ultimate Big Brother*, so I was surprised they wanted someone who was so unpopular the first time. **If the other housemates were horses, what sort of horses would they be?** Well, Makosi would be a magnificent filly. She's got the most extraordinary body. Ulrika would be a scrawny nag. I'm really worried about the amount of weight she's lost. Preston would be galloping around the paddock showing off his

protuberances. Chantelle would clearly love to get back with him. My only regret is I took their relationship far too lightly. They didn't need me opening their wounds with my jokes. I couldn't be more sorry about upsetting that sweet little girl!

Were you hoping Makosi was going to invite you to join her in the shower? I had a fair gawp. Just sitting there and watching her was a privilege. I'd have loved to have got to know her better. I'd have gotten her off this God lark and Christianity very quickly.

How many Chantelles could you fit in a pair of your underpants? She's quite well developed up top. Maybe one pair of underpants would cover those two? I don't like artificial ones. When you feel them, you know straightaway. I hope you point out the artificial ones in *Nuts* magazine. Makosi's are natural, I can tell you that!

You got a reward for passing a "nice test" in the house. Will you be nicer to people in the future to get your own way? I'm always nice to people, but I'm not

going to go around being nice to people I've got no time for. Pop stars and people in soap operas and WAGs can't stimulate me. The only person I could have a proper chat with was Ulrika. She's "four by four" [Ulrika has four children from four different fathers]. I was going to ask her when she'll be "five by five". That'd have had her in floods of tears. Just as well.

You once swapped your beloved wife Booby for ex-Conservative MP Edwina Curry in Channel 4's *Wife Swap*. Who else would you like to swap Booby for? Kate Winslet. When that artist is painting her in *Titanic*... How the hell that ship sank I'll never know, she adds so much ballast! I'll put Makosi on the shortlist. There's a girl called Sydney JJ on one of those late-night channels. I don't know if you've heard of her [Yes, she's a hardcore porn star! - facts Ed] but she's got the most extraordinary... look, if she wants to come around to my house, I'll give her a good licking, I can tell you.

Sexy! Do you model your look on Great Uncle Bulgaria from *The Wombles*? No! Everything's for convenience. Boots to keep warm. Why people don't wear more cloaks, I don't know. You can open them when it's warm, wrap yourself if it's cold. Big pockets are important. I always put my phone in my shirt pocket. **Can you stick stuff to your "wackers" with Velcro?** Um, well, I take them off every night. **There are dodgy shenanigans in cricket. Do you get that in horse racing?** Mohammad Amir is fantastic. I've never seen anyone at 18 with that much speed and control. How he got himself mixed up in this is horrible. Corruption in any sport ruins the enjoyment for everybody. **You can bet on what colour dress Davina will wear to the *Ultimate Big Brother* final. What odds can you give us on her only wearing a pair of massive, oversize greying underpants?** I think it's slightly unlikely. I'll go with 6/5 against!

Thanks, John! How much to do a topless photo shoot (in your underpants, obviously) for *Nuts*? Will there be *Nuts* girls? **Yes.** That'd be handy. Busty ones of course. If you can get me Kate Winslet, Makosi and Sydney JJ, I'll drop my fee considerably!

See *Ultimate Big Brother: The Final Hour* on Channel 4 this Friday at 10.30pm

IN THE HOUSE!



Plant moved in for the kill



IT'S MAKOSI!

"Guess where I've
been storing this
all day?"

**"Being able
to gawp at
Makosi was
a privilege!"**

Deadline deals rated!

BEST BUY!

SAVAGE!

Robbie Savage on the moves that matter!

The transfer window has slammed shut and more big names have piled into the Prem, with a few players switching club allegiances, too. Radio 5 Live pundit and all-round top bloke Robbie Savage casts his eye over the best deadline moves...



RAFAEL VAN DER VAART

Real Madrid to Spurs, £8.7m

"Very much Harry's type of player, he has bags of quality in a variety of midfield positions. The best signing of the lot."

SAV'S RATING: ⚽ ⚽ ⚽ ⚽ ⚽

The red ant had finally arrived at his testicles

PREM OLD BOY!

ALEXANDER HLEB

Barcelona to Birmingham, loan

"I like Hleb because aside from his undoubted ability, he's used to the rigours of the Prem. A top acquisition for my old club!"

SAV'S RATING: ⚽ ⚽ ⚽ ⚽ ⚽

ASAMOAH GYAN

Rennes to Sunderland, £13m

"I love Steve Bruce and Sunderland is a fantastic club, but £13m for a lad who's largely unproven? Seems a bit risky!"

SAV'S RATING: ⚽ ⚽

"There's no soap in the bogs!"



SOLID SIGNING!

PAUL KONCHESKY

Fulham to Liverpool, £3.5m

"A transfer that shows where Liverpool are at the moment. A solid player but not a great one. How times have changed!"

SAV'S RATING: ⚪⚪

"Look out! He's sleepwalking again!"



The earth tremor took them by surprise

SEBASTIEN SQUILLACI

Seville to Arsenal, £5m

"A no-nonsense defender in the Tony Adams mould. At 30, he's got the experience this young Arsenal side needs."

SAV'S RATING: ⚪⚪⚪⚪⚪



His Riverdance impression needed work

RAUL MEIRELES

Porto to Liverpool, £10.7m

"Liverpool are an amazing club with a history of signing great players. But is this midfielder one of those? I'm afraid not!"

SAV'S RATING: ⚪⚪



The hang-glider had mistimed his landing

EIDUR GUDJOHNSEN

Monaco to Stoke, £2m

"He's a superb footballer but I do wonder how he'll fit into Stoke's direct style of play. This signing could go either way."

SAV'S RATING: ⚪⚪



"But I only wanted to sniff your armpits!"

HATEM BEN ARFA

Marseille to Newcastle, loan

"Newcastle really need players who'll roll up their sleeves and fight against relegation. I'm not sure this lad fits that bill."

SAV'S RATING: ⚪⚪



"And that was just the size of her pants!"

THE JURY'S OUT!

TOM CLEVERLEY

Man United to Wigan, loan

"I played against this lad last season and he did OK – not brilliant. But do fragile Wigan need an attacking midfielder?"

SAV'S RATING: ⚪⚪



BB's Makosi

In Ultimate Big Brother

We don't know how much more bulging Makosi bikini action we can take. Just look at these pics! That top could go at any moment. And we want to be there when it does!



RUDE NEWS

Seeing the summer out in the finest way!



Katy Perry

On TV, Germany

Katy can be seen here filming a promo spot for an MTV-style channel in Germany. You know, for the first time in our lives, we're actually feeling a little bit jealous of those Krauts!



Frankie Sandford

Out and about, Los Angeles

As The Saturdays continue in their efforts to conquer the US of A, Frankie here has gone for a good old tried and tested method – just show 'em your lovely boobies. We're sold!





The girls from *Hollyoaks*

On their hols, Ibiza

Hello Melissa Walton and Carley Stenson from our favourite sexy TV soap! Hope you're having a nice time on your holiday. We wish we were there. Sadly, we aren't. Boo!



Salma Hayek

Out and about, California

Here are a few tips on how to make a stylish restaurant exit – no doggy bag, no doing a runner without leaving a tip. Just thrust your heaving bosom forward and stride forth!



Nuts news flash!

Elle on ex-PM Tony Blair's boozing!

"There's nothing wrong with a nice little drink to unwind, if it's in moderation, especially in a stressful job like being Prime Minister!"

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New Shuffle!

The Shuffle has been bolstered by new VoiceOver tech, which enables users to find their way around their music, playlists and Genius mixes without even having to look at the iPod – and it understands 25 languages! The new Shuffle provides 15 hours of playback on one charge. And it's only £39. Bargain!

New Nano!

The tiny new Nano comes with a swanky touch screen and a built-in FM radio with live pause. You can now change the song by shaking the player (just like its big brothers, the Touch and iPhone), and there's even a pedometer for healthy types. It offers up to 24 hours of music on one charge and prices start at £129.

New Touch!

Where to start? The new Retina display boasts four times more pixels than any previous model. You can make FaceTime video calls and capture HD video, then share it online. It uses the awesome iOS 4.1 operating system. You can play your pals on Game Center. It's the thinnest, lightest Touch ever. Oh, and it's only £189!

Nuts **EXCLUSIVE!**

Hardcore British VR

Brit tuners turn Yank muscle car into 623bhp monster – and it's a bargain!

- If you fancy a car that's more powerful than a £208k Ferrari 599 and nearly half the price of a ZR1 Corvette, remember the name VR Camaro.
- British tuners Wortec have trimmed down the Camaro SS. The VR's trick billet 22in rims are half the weight of the original 20in hoops.
- The revised front bumper, diffuser back bumper and ducktail spoiler have been designed by the people who designed the 1104-horsepower Zenvo ST1 supercar.
- The lighter panels have been made from carbon fibre.
- The VR Camaro can make more use of the 6.2-litre V8 engine, thanks to Wortec's compressor supercharger bolted on top.
- Power is upped to 623bhp and you can choose how lairy you want the exhaust to sound by flicking a switch.
- VR Camaros will be available either as a six-speed manual (with short-shift kit) or with automatic gearboxes.

WORDS: JONNY SMITH



Ireland gave a clue that he was about to sign for Hull City

6.2-LITRE V8 ENGINE!

Camaro!

- Behind the VR's machined alloys sits lower coilover suspension specifically designed for UK roads.
- The limited-edition VR Camaro will cost around £60k, but if you can wait, there'll be an 800bhp version available to order soon, which they say will reach the magic 200mph mark!

YOURS FOR £60K!



"...98, 99, 100.
Coming, ready
or not!"



"Anyone got any
Strepsils?"

THAT HURTS!

'I've got the horn!'

Matador gets it in the neck. Literally!

Last week, we saw Spanish banderiller Pedro Muriel getting a bull's horn up his jacksie. Now, here's Sergio Aguilar getting pierced through his jaw, then getting a horn in the groin for good measure, during a bullfight in Bilbao. Very nasty, but that's why it's called a bullfight and not a bull-gently-caressing-your-hair-and-smiling-at-you.

WORDS: PETE CASHMORE PHOTOS: CORBIS

IN THE PODS!

systemags & fantamag - magazines for all

MILLA JOVOVICH

RESIDENT EVIL: AFTERLIFE 3D

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15 CONTAINS STRONG BLOODY VIOLENCE AND LANGUAGE

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THE **Nuts** LIP-READER!

When he watches a match, he sees every word!

John Cassidy is a **real** lip-reading expert. And an FA coach!



Manuel Almunia: "Are you going to tell him what you called me?"

BLACKBURN VS ARSENAL Ewood Park, Sat 28 August, 12.53pm
Arsenal's keeper issues a challenge to El-Hadji Diouf after a tussle.



Martin Petrov: "Well done, referee! Well done! F**k off!"

BOLTON VS BIRMINGHAM 2.10pm The Bolton midfielder has a foul-mouthed parting shot at the ref when he's substituted.



Lee Bowyer: "Don't go that side. Don't go that side!"

BOLTON VS BIRMINGHAM 2.54pm The Birmingham midfielder tries to put Bolton's Kevin Davies off his penalty. It doesn't work.



Roger Johnson: "We just got caught after a challenge, then he smacked me in the mouth!"

BOLTON VS BIRMINGHAM Reebok Stadium, Sun 29 August, 2.08pm The Birmingham defender claims he's the innocent party.

POTTY-MOUTH OF THE WEEK!



Andy Carroll: "F**k off! Oi, you f**king idiot! It came off his right boot! It came off his f**king foot!"

WOLVES VS NEWCASTLE Molineux, Sat 28 August, 3.42pm
The Magpies striker lets rip at the ref when he's denied a corner.



piece of the action



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DVD out now

With a clear nod to the original Star Wars trilogy, Hunter Prey is classic sci-fi that will delight fans with its painstaking recreation of an alien world where danger, conflict and deceit abound. From the acclaimed director of Batman: Dead End



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DVD out now

Crime drama starring 50 Cent and Chris Klein. Two detectives enlist the help of gang member-turned-informant Tino when they are targeted by both gangsters and bent cops after becoming caught between a gang-related homicide and a hotbed of corruption within the police force



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DVD out now

When Kelly wakes late at night, she finds a hungry tiger stalking her through the halls of her home. With every door and window boarded up from the outside and her stepfather nowhere to be found, Kelly fights frantically to stay one step ahead of the killer beast



£9.99

DVD out now

Surrounded by carnage, slaughter, brutal crashes and total mayhem, Shawn Black is in a race to save the world from pure evil. Starring Vinnie Jones, Michael Madsen and DMX



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DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com

"I think I'll skip the sausages, Heston"

SLICED OPEN!



'Blood was gushing out of my arm!'

Silly cyclist smashes through window!

HE'S OK NOW!

We've all come a bit of a cropper when trying to impress the ladies but rarely do our efforts land us in A&E! This week's unlucky lothario is Chris Jones, a student from Congleton.

Seventeen-year-old Chris tells *Nuts*, "One Friday night, I was out on my bike when I saw a gang of girls. I was on my phone and decided to show off by riding no-handed. Sadly, I swerved off the road and went through the

window of Superdrug, smashing it with my head! I was sure I'd got away with it, until I noticed the blood gushing out of my arm.

"Luckily, the girls came over to give me some aid and attention, so my tactic sort of worked!"

"Argh! I'm being fondled by a butcher!"



Win £1,000!

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com

Nuts GEAR



The boot has a carbon fibre outsole plate for greater speed!

£250

Total 90 Tiempo Legend Elite

www.nike.com

Nuts says: These new Tiempo boots are so light and comfy, it's like wearing a pair of slippers on the pitch. Just a £250 pair of slippers, that is!



£1,600

Sony Bravia 3DTV NX713

www.sony.co.uk

Nuts says: With hi-def 3D, internet video – see Nuts.co.uk on your box! – and 3D Blu-ray, your only problem is having to wear those silly glasses now!



£500

Nikon D3100 camera

www.nikon.co.uk

Nuts says: The smallest, lightest Nikon camera to date boasts 14.2 megapixels, HD movies and an impressive in-camera editing facility. Neat!

Sony RDP-X80iP music player

www.sony.com

Nuts says: With a lithium battery boasting seven hours continuous play, 20W speakers and compatibility with all MP3 players, this is a party essential!

The retractable dock tray charges your iPod while it plays your music!

£250



Check out more reviews at www.nuts.co.uk/reviews

YOUR LETTER

Hounds, heavyweights and hot ladies!

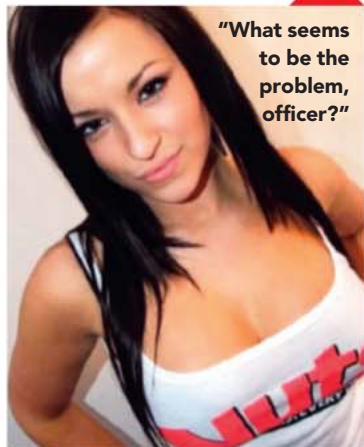
Send your letters to **nutsletters**

She's very welcome

Dear Nuts,
This is my girlfriend, Jessika, who says, "Thank you for the vest!"

Ian, via text

To which we say, "Thank you for wearing it, Jessika!"



"What seems to be the problem, officer?"

A bubbly lady

Dear Nuts,
This is a picture my boyfriend took of me after a night out, preparing to wash down my kebab with some champagne. Classy girl, eh?

Elle, via email

We're guessing you'll get your next kebab from the Bexley Charcoal Grill for free! Which makes you a lucky girl, too!

LETTER OF THE WEEK!



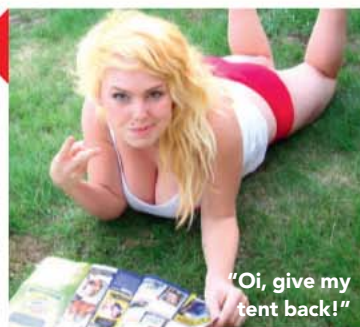
"What do you mean it's not part of the meal deal?"

V is for "very nice indeed"

Dear Nuts,
This is me in my new *Nuts* vest and shorts. I'm usually much friendlier than this!

Sophie, via email

To be honest, Sophie, it's not the rude gesture we're looking at.



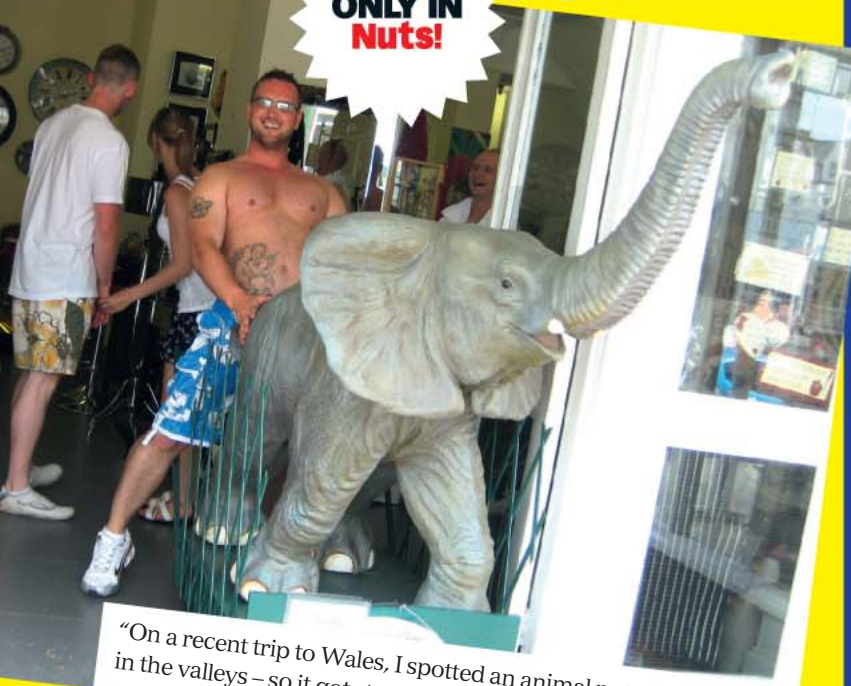
"Oi, give my tent back!"



"I got it free with some Pedigree Chum!"

STEALTH BUMMING CORNER!

ONLY IN Nuts!



"On a recent trip to Wales, I spotted an animal not usually found in the valleys – so it got stealthed!" *George Chalmers, Fife*

Hello sailors!

Dear Nuts,
We berthed in New York for some R&R and on arrival, we received a mail drop containing your awesome magazine – so we went to Times Square to show the good book to the locals.

Simon Hamilton, "H" Legacy Spec, HMS Albion

Brilliant work, fellas – and just look at the crowd that's amassing to read it!

Look out – it's Chico time!

Dear Nuts,
There's a new fan of your brilliant magazine in our house – his name's Chico and he's six months old. Look at him here, licking his lips with anticipation at what he's going to find inside!

Petra Hatnancikova, Cheshire
Does he "hound" you into buying it every week? Sorry.



"Look, I can balance a small man on my head!"

RS!

@ipcmmedia.com or to the address on p72



"Look, I'm not Rory Bremner!"

Haye dude!

Dear Nuts,
This is me with the heavyweight champion of the world, David Haye. He's a top lad and basically made my year!

Matthew Makinson, Sheffield

If he wasn't a top fella and he ruined your year, would you have told him? We wouldn't!



"The usual, Mr Furnish?"

Smelly snack

Dear Nuts,
I spotted this in Ibiza. I was hungry, but maybe not *that* hungry. Brown sauce, anyone?

Tony Hassall, Manchester

Knowing the burger joints we frequent, we're sure we'll have eaten this many times before.

See more funny stuff at
www.nuts.co.uk/spambank

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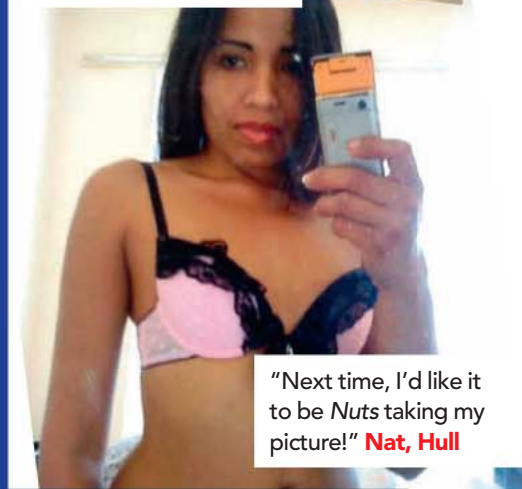
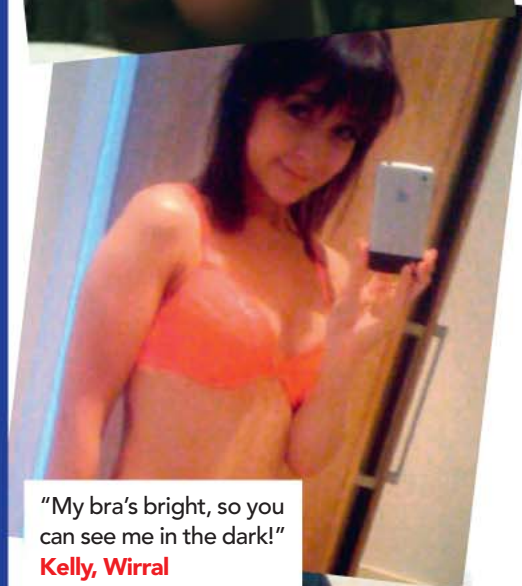
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YOUR JOKES!

All the best gags, every week!

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SHORT JOKES!

The news said, "Cheryl Cole Down To Only 84 Pounds." What the hell has she spent the rest of her money on?

Desi, Darlington

Q: Why was the psychics convention cancelled?

A: Unforeseen circumstances

John O'Brien, Oxford

Q: What kind of bees produce milk?

A: Boo-bees

Tom Greenhough, via email

Win a PS3 Slim!



Send jokes to nutsjokes@ipcmedia.com or to the address on p72. To celebrate the release of all-action bloodfest *The Bleeding*, out now on DVD, the sender of the best joke wins a copy of the film and a PS3 Slim, courtesy of Momentum Pictures.

"They were there when I checked this morning!"



Toilet humour

I have a reputation in my local for being a bit of a ladies' man. All I can say is they smell so much better than the gents'.

Chris, Fulham

Farm frolics

A farmhand is walking past a barn one day when he spots the farmer doing a sexy striptease.

"Er, what's going on here?" asks the farmhand.

"Oh, hi!" replies the farmer, looking somewhat embarrassed. "It's a bit of a weird one. The thing is, my wife and I haven't been getting on recently, so my therapist advised that I should do something sexy to a tractor."

Mark, Liverpool

Old joke

Three hard-of-hearing pensioners meet up in their local park one cold afternoon and sit down on a bench.

One of the old men looks at another and says, "Windy, ain't it!"

"No, it ain't," the second man replies with a frown. "It's Thursday."

At this point, the third old man pipes up, "Yeah, me too, let's go and get ourselves a beer."

Jack, via email



Watch out

A banker parks his new Porsche in front of the office to show it off to his colleagues. As he's getting out of the car, a lorry comes hurtling past and rips off the door before zooming away. The banker grabs his mobile and frantically calls the police.

Five minutes later, the police arrive and the man screams, "My Porsche is totally ruined!"

After he finally calms down, the policeman shakes his head in disgust. "I can't believe how materialistic you bankers are," he says. "You're so completely focused on your material possessions that you don't notice anything else. Didn't you realise your right arm was also torn off when that lorry hit your car?"

The banker looks down in horror. "Oh my God!" he screams. "Where's my Rolex gone?"

Rhys Michaels, Louth



Apology

In our 20 August issue, we printed the following joke: "Have trouble opening champagne? Hit it with a ship. I've seen people do that. It works!" and incorrectly attributed it to Russell Kane. This joke was actually written by Paul Taylor. Sorry, chaps!

FAMOUS BLOKES' JOKES!



PETER KAY:

"I'll tell you what I love doing more than anything - trying to pack myself into a small suitcase. I can hardly contain myself!"



MICKY FLANAGAN:

"Big news of the month - Cheryl Cole got malaria. You share a bed with Ashley Cole for years and you end up catching a disease from a mosquito!"



GARY DELANEY:

"A man has been found guilty of overusing commas. The judge has given him a very long sentence."



RAINN WILSON:

"I tried Koi sushi for the first time. Very fresh. Threw the carcass back into the pond before the security guard came back from the bathroom."

JASON MANFORD:

"People say men can't multitask, but you watch us when we nearly get caught w*nking. Telly off, trousers up, tissue down the sofa!"



ALAN CARR:

"I drink too much. Have you ever done that thing where you wake up and there's someone in your bed, and they're a munter? Pulling back that sheet, it's like *Silent Witness*."



CINE  asia

PRESENTS

DRAGON  DYNASTY

FROM THE ACTION DIRECTOR OF

X-MEN & THE TRANSPORTER

AND STARRING

JET LI



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Text 'Nuts' and your picture to **0771 388 8008** (texts are free but standard network charges apply*). Pic Of The Week wins £100 cash!** T&Cs on page 72.

Seen something daft? Snap it, send it in and win £100!



PIC OF THE WEEK!

HAIRY FELLAS!

"Well, this is where I'll be taking my pooch from now on!" **Anon, via text**



WHAT A DEAL!

"Wow, what a bargain! Thanks a lot, Gamestation!" **Frankie, Weymouth**



FUNNY FISH!

"My girlfriend really enjoyed her fish and chips the other day!" **Paul K, Cumbria**



ODD TOMATO!

"It's Mr Tomato Head - he didn't make the Toy Story final cut!" **Rob, via email**



HAPPY BEAR!

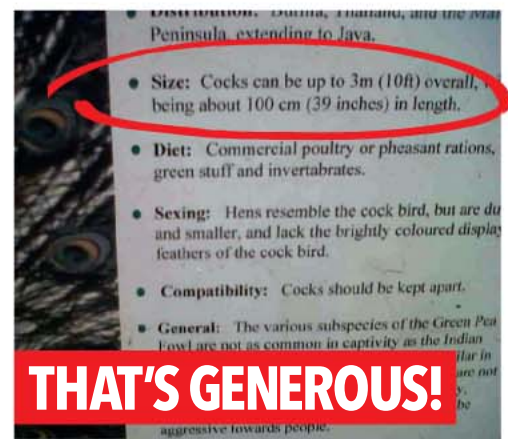
"This is a little bit of creative defacement from yours truly!" **Anon, via text**

SCREWED FOOD CORNER!



EGG ATTACK!

"This is a scene from my new film *When Eggs Attack*. Poor banana!" **Matt Shaw, Leicester**



THAT'S GENEROUS!

"We visited the zoo and couldn't stop laughing at this!" **Jess and Nath, Wrexham**

POP OUT IN **PUBLIC!**

**ONLY IN
Nuts!**

Have a cheeky flash - and earn some cash!



PLAYING POOL!

KIMBERLY 20, from Notts

"There's a reason the lads at my local love pool!"



BY THE TRAINLINE!

TORI 21, from Tyne and Wear

"I swear that the passing trains all slowed down!"

Warning
Do not trespass
on the Railway
Penalty £100

**THIS
WEEK'S
£100
WINNER!**



IN THE WOODS!

EMMA 26, from Bolton

"Naked in the woods! What could be more fun?"



IN THE GARDEN!

LEANNE 23, from Nottingham

"This certainly got the neighbours' curtains twitching!"

Win £100!

All printed pics get a Nuts vest-and-shorts combo. The winner gets £100!* Send your snaps to nutspopout@ipcmedia.com or by text to **0771 388 8008**.



NAFF TATS!

The best of the worst of your terrible tats!

**ONLY IN
Nuts!**

Send your pictures to nutsletters@ipcmedia.com



CRUMMY KITE!

NAME: Alan, Leeds **COST?** £5

WHY DID YOU GET IT? "My mate told me to get it because he thought it'd be a laugh. And at the time, it seemed like it would be. Now I'm not so sure!"

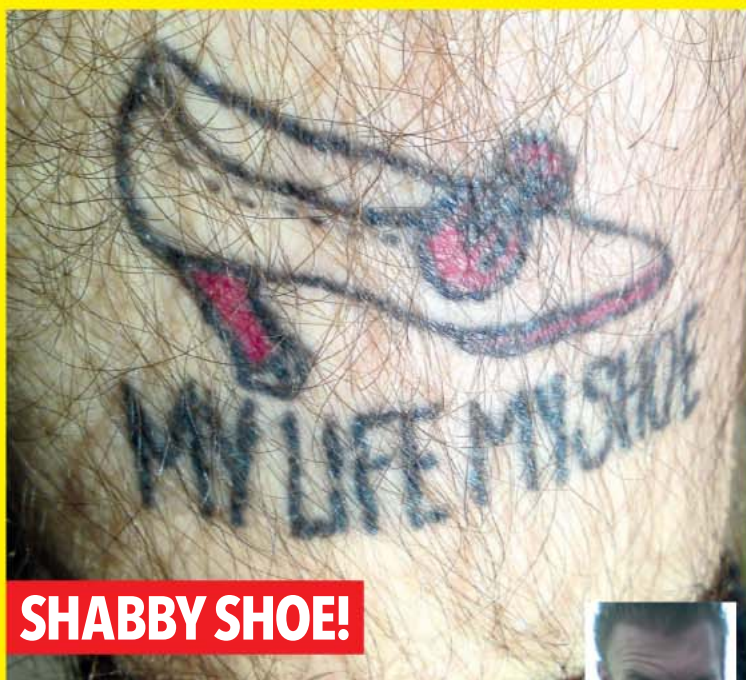


NASTY NOSE!

**NAFF TAT
OF THE
WEEK!**

NAME: Shane Murphy, Sheffield **COST?** £5

WHY DID YOU GET IT? "I did it for a dare and won a tenner for my efforts, which means I'm £5 in profit. Seems as good a reason as any to get it!"



SHABBY SHOE!

NAME: Phil Murdock, Edinburgh **COST?** Free

WHY DID YOU GET IT? "I did it myself at my mate's tattoo shop in Sweden. I woke up and decided I wanted a tattoo. The shoe? A random choice!"



Win £50!

The sender of the week's naffest tat wins £50!* Send your tats to nutsletters@ipcmedia.com or text them to **0771 388 8008**.

ODD COLLECTION!

NAME: Richard Maddern, Portsmouth **COST?** Free

WHY DID YOU GET IT? "I was in my mate's shop and he gave me the tattoo gun and said, 'Go on then, tattoo yourself.' So I did and this is the result!"



THE TRUTH ABOUT SEX WITH... **LUCY PINDER!**

Nuts girls solve your bedroom bother!

Email questions to thetruth_sex@ipcmedia.com



**ONLY IN
Nuts!**

IN OUR OFFICE!

Her threesome still bothers me

I know for a fact my girlfriend once had a threeway with two blokes and it does my head in. It was three years ago but I reckon I'm right to still be weirded out by it. What do you reckon?

Mark, Cardiff

I think you're right to be weirded out because I don't think many girls have had an experience like that. But if she was honest with you from the start, at least she's not hiding anything. If you can't deal with it, maybe she's not right for you – it's all in your hands.

Nuts BABES' SEX TIPS!

No.25: "Drip something sweet like honey all over each other to create an erotic mood!"

Chloe Saxon



Her back hair puts me off

My new missus has dark hair on her back and it puts me off. How can I get her to wax it off?

Elvis, Leeds

Oh my God! How can you even bring that up? That's really difficult. There are ways you can pussyfoot around it, such as buying her a beauty voucher, but she might not get the hint. You should jokingly – and nicely – point it out and say something. But you'll have to tread very carefully to bring it up without upsetting her over it!

Snipped or not?

My mate's been telling me most women prefer a bloke to be circumcised. Is he right?

Nick, Sheffield

No, not at all. A penis is just a penis, isn't it? I'm sure some girls prefer one or the other, but I think generally it's OK as it is. I wouldn't go and get yourself operated on unless you want it done for your own reasons!

I want to watch

Recently, I've been very into the idea of watching my missus with another bloke. Is this weird?

Ste, Lincoln

It's not exactly weird. In fact, it's quite a common fantasy. But like the whole threesome thing, I think the reality will never live up to it. So I'd advise steering clear of trying this one. The reality could cause a lot of disruption in your relationship!

"I'd advise steering clear of threesomes!"



NEXT TIME: ROSIE JONES ANSWERS YOUR LETTERS!



THE INBETWEENERS

The corrugated iron door made for a useful bum-scratcher

JOE!

JAMES!

Nuts EXCLUSIVE!

THE

INBETW



SIMON!

BLAKE!

INBETWEENERS!

SPECIAL

A lright, you bummers? *The Inbetweeners* is back for a third series. What's new?

Simon Bird: The boys are all a year older now but they're still just as pathetic. Simon [Cooper, Joe's character] gets himself a proper girlfriend. She's basically a child.

Joe Thomas: She's not a child! They also have a trip to university. That's sort of new.

Simon: And they experiment with drugs for the first time.

Do your real mums get upset about the w*inking references and "your mum" jokes?

Joe: My mum doesn't mind.

James Buckley: My mum's OK with it. She encourages it.

Simon: She's gorgeous.

James: I don't know why you keep saying that!

Joe: We've all thought it.

Lots of people dream that they're back at school and haven't revised for their exams. Is filming like that?

Joe: It shouldn't be but it is.

James: It's a bit like a dream where you work on a film set and haven't revised your lines.

Simon: You know how in a class, you might have several people who work hard and do loads of revision, then you get some people who don't do any work? I won't go into details.

Joe: We always get through it, though, don't we?

In real life, you're not at school any more. Do you get funny looks when you buy your school uniforms for the show, or do you just pretend you're off to SchoolDisco?

James: Obviously, we don't buy the school uniforms! Well, I did for the audition.

Joe: It should be weird but it isn't because we're used to it.

James: We're just giving the girls what they want. Girls like a boy in a school uniform. ➔



NUTSMAN!

THE INBETWEENERS

Simon and Joe – you went to Cambridge University, so you're dead brainy. Can you solve this equation: $\sin(ax) \sin(bx) - k \cos(ax) \cos(bx) = -1$?

Joe: I should know this.

[Thinks] Hang on. [Tries to work it out for ages] I can explain what it means. Wait... OK, $\sin(ax)$ is the...

James: This is boring! OK, next, spell anti-disestablishmentarianism.

Simon: A-N-T-I-D-I-S-E-S-T-A-B-L-I-S-H-M-E-N-T-A-R-I-A-N-I-S-M.

Nicely done! James and Blake – you didn't go to Cambridge, so your quiz is about football. Which is the only English or Scottish team whose name starts with five consonants?

Simon: Crystal Palace!

James: Of course it is.

I support them!

Who did Millwall lose 3-0 to in the 2004 FA Cup final?

Blake Harrison: [Sadly, as he supports Millwall] Man U.

We think that proves that university teaches you nothing. Er, apart from maths and spelling. Apparently, they might make a US version of *The Inbetweeners*. Who'd play each of you?

James: I reckon Willem Dafoe would make a good Jay.

Blake: Nick Nolte as Neil.

Simon: Rick Moranis as Will.

James: And Jim Carrey would be Simon. He'd make the part seem more normal!

Apparently, they're also doing a movie version of *The Inbetweeners*, in which you all get to go on holiday to Magaluf. Will it be in 3D?

James: Maybe we should do it in 4D. When one of us sneezes, a little jet of water will come out of the cinema screen, like at Walt Disney World. Except we've discussed this before and Joe says he doesn't accept that as a fourth dimension.

Joe: That's because it's not! Water isn't an axis on a graph.

How unlikely is it that Will the Specy Briefcase Mong will be the only confirmed non-virgin after having sex with Charlotte "Big Jugs" Hinchcliffe in the first series?

Simon: Did I have sex with her? I put it in but I didn't finish the job. Does that count?

James: I don't think it counts.

Did you definitely get it in?

Joe: The indication is that it must be in.

Simon: It was in!

Joe: It if wasn't in, her criticism wouldn't have been, "Don't move your whole body, just move your hips." Her criticism would've been, "It's not in."

James: In the script, it said it just rubbed against her...

Joe: Labia?

James: No, something a bit less rude.

Joe: Perineum – which is the bridge between your bum and your genitals.

James: Yeah – also known as the "gooch"!

Has being an Inbetweeners helped or hindered you when it comes to the ladies?

Simon: Joe gets a lot of action from men.

Joe: That's untrue.

James: It's more of a boys' show. Some lads go mental when they see us. I'd love to get that from some ladies.

Finally, who got to keep the lovely *Nuts* award we gave you at Christmas?

Joe: It's on display at the TV production company's offices.

Shouldn't you be taking it in turns to have it on display in your downstairs loo?

Joe: We haven't been allowed. All our awards are just sitting there, doing nothing.

Blake: We should break in and split them.

James: We could have a letter each: N, U, T, S! ■

The new series of *The Inbetweeners* starts on 13 September on Channel 4



"Oi, that's my garden wall!"

INTERVIEW: RICH FELLEYS PHOTOS: ELLIS OWRIEN

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ANIMALS WITH FALSE BITS!

They've lost their body parts but not their dignity!

CHIHUAHUAS ON WHEELS!

These three chihuahuas were all born without front legs, so their local animal shelter in New York simply fitted them with wheels. Result!

"Well, it beats driving a Prius"

"Crouchy, it's me, your long-lost twin!"



TURTLE POWER!

THREE-FLIPPER TURTLE!

This turtle didn't let a shark nipping off his flipper get him down – he just tootled off to turtle hospital and got a new one. In your face, sharks!

"Seriously, mate, do you not think pink is a bit gay?"



ONE-LEGGED STORK!

A bird-breeding station in northern Germany fitted this injured stork with a prosthetic left leg and now he's as happy as Larry. Whoever Larry is.



PROSTHETIC PETS!



100 Sexiest brunettes!

You see, blondes don't always have more fun!



100 **RUTH REYNOLDS**

Ruth claims to be 102 years old on her MySpace page. She looks good for her age!



99 **KARA TOINTON**

The ex-EastEnders star is now the face of George at ASDA lingerie. We think she looks just George-ous!



98 **MILA KUNIS**

Mila's the voice of Meg in Family Guy but she's a bit different in real life. She's a hottie for a start!



97 **NICOLA T**

The former Celebrity Big Brother star says she plans to stop modelling soon. Altogether now – noooo!



96 LEA MICHELE
Here at *Nuts*, we hate *Glee*. However, we love Lea, who plays Rachel. She's an absolute corker!



95 EMMA WILLIS
Big Brother's Little Brother host Emma is a babe. Shame she's married to that twerp from *Busted*. Pah!



94 STEPHANIE WARING
The *Hollyoaks* hottie doesn't appear to be "Waring" much here. Which is a good thing!



93 KAYLEE CARVER
Hull honey Kaylee's heroes are Batman, Spider-Man and Wonder Woman. We think she's super! ➡

**100 SEXIEST
BRUNETTES**

92 PETA TODD

Not only does Peta do a lot of work for charity, she also loves getting her boobs out! What a girl!



91 DITA VON TEESE

Teese by name, tease by nature. Will we ever get to see those nips? Come on, Dita, sort it out!



86 KYM MARSH

Hear'Say and Corrie star Kym can both sing and act. And here she's showing off two more of her talents!



81 VANESSA WHITE

Vanessa is the first Saturday in our list – and she's so hot, we could look at her every day of the week!



90 KATE BECKINSALE
Brit actress Kate was a student at Oxford Uni before she hit Hollywood. So she's smart *and* sexy – result!



89 EVA LONGORIA PARKER
The *Desperate Housewives* star is so tiny, you could carry her in your pocket. Imagine!



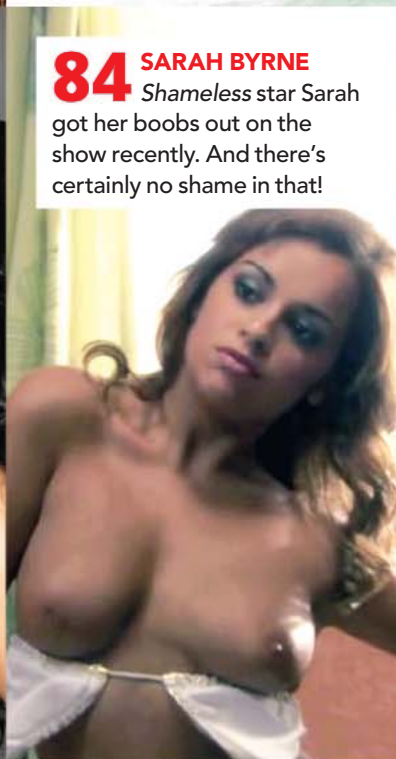
88 HELEN FLANAGAN
Corrie's Helen says she's proud of her boobs and that guys always talk to them. We can't think why!



87 RACHAEL CORDINGLEY
Yet another Liverpoolian babe! Will that city ever stop churning out hot lasses?



85 CHLOE SAXON
If we were intelligent, we might write a poem about Chloe. But we're not, so we'll just say this: she's a stunner!



84 SARAH BYRNE
Shameless star Sarah got her boobs out on the show recently. And there's certainly no shame in that!



83 ROSARIO DAWSON
Her smooch in *Sin City* was shortlisted by MTV as the best screen kiss, but didn't win. She was robbed!



82 DOMINIQUE JACKSON
Dominique played Lauren Valentine in *Hollyoaks*. We'd take her out on 14 February!



80 SAMIA SMITH
The *Corrie* cutie made her TV acting debut in detective series *Cracker*. And look – she's turned into one!



79 CLARE COOPER
Another *Hollyoaks* babe, Clare used to be a gymnast, which makes her all bendy. Er, we'll stop there!



78 CHRISTINE BLEAKLEY
Lamps' missus is certainly a Premier League-standard brunette. She's a striker! ➡



77 CASEY BATCHELOR
Forget Batchelors Super Noodles – get a load of Batchelor’s super boobies! And forgive us for that joke.



76 CHARLEY WEBB
The *Emmerdale* star probably can’t spin a web but we wouldn’t mind getting trapped in her ample charms!



75 ELIZA DUSHKU
In 2008, the US actress stripped off in *The Alphabet Killer*. Google it – you won’t be disappointed!



73 NATALIE BLAIR
Natalie claims her best feature is her bum. Blimey – if it’s better than her boobs, we’d love to see it!



72 NATHALIE EMMANUEL
Here’s yet another *Hollyoaks* honey. What we’d do for an invite to their Xmas party!



70 NADINE VELAZQUEZ
The US actress’ first role was in a McDonald’s ad. Fit and she likes burgers. Perfect!



69 NATALIE PORTMAN
Classy Natalie is the kind of girl you’d take home to meet your mum. We wish!



68 SAM KELLETT
Raven-haired beauty Sam hails from Chesterfield – we can see where the “chest” part comes from!



**74 NICOLE
SCHERZINGER**

One minute she's with Lewis, the next she's not. We'd never lose such a lovely lass!



**71 HELEN
RUSSELL-CLARK**

She may have a bloke's name in her surname but *Hollyoaks* actress Helen's a lady alright.



67 EFFIE WOODS

We never used to be fans of *Emmerdale* but since Effie joined the cast, we can't get enough of it!



**66 SAMMIE
PENNINGTON**

Sammie can be a man's and a woman's name. This Sammie is definitely a woman. ➡



65 LINDSEY STRUTT
The Strutter and Emma Frain are the best of friends. Isn't that sweet? It's also boob-tacularly sexy!



64 BETH KINGSTON
Beth won the role of India in *Hollyoaks* and ever since that day, she's been winning our hearts.



60 FERGIE
The Black Eyed Peas stunner hasn't always been a brunette. But hey, who's complaining? Not us!



55 EVANGELINE LILLY
Imagine being stranded on a desert island with this super-fit lass. Sun, sand and Evangeline – bliss!



63 KATIE GREEN
Katie used to be the face – and boobs – of Wonderbra. We can't help thinking she didn't need one!



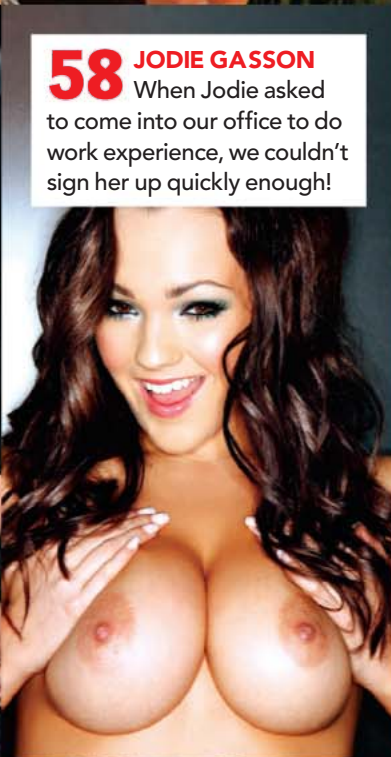
62 GEMMA ARTERTON
"The name's man... Nuts man" – surely a good line to woo this former Bond girl. Er, where's she going?



61 JENNIFER CLARK
We were the first mag to print pics of the former *Big Brother* girl topless. And look – here she is again!



59 SALMA HAYEK
We're told the full-breasted film star is a big fan of martial arts. She could get us into a judo grip any day!



58 JODIE GASSON
When Jodie asked to come into our office to do work experience, we couldn't sign her up quickly enough!



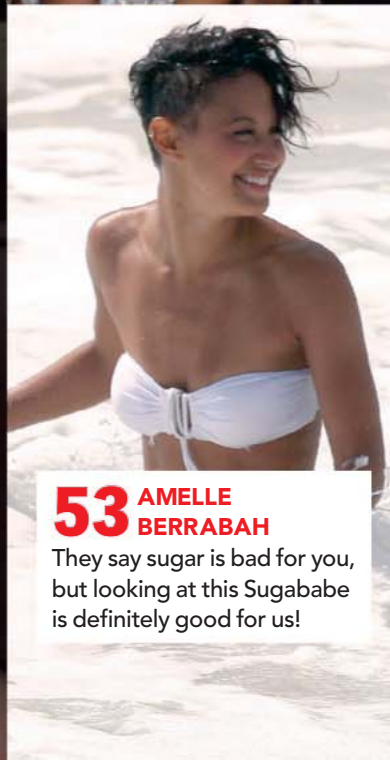
57 GISELE BÜNDCHEN
She's Brazilian, she's a model and she's not short of a bob or two. Need any more reasons to love Gisele?



56 SOFIA VERGARA
Her sexy character in sitcom *Modern Family* speaks her mind, so we'll do the same – you're lovely, Sofia!



54 EVA GREEN
Former Bond girl Eva is a booby babe who's licensed to thrill. And what's more, she has a twin sister!



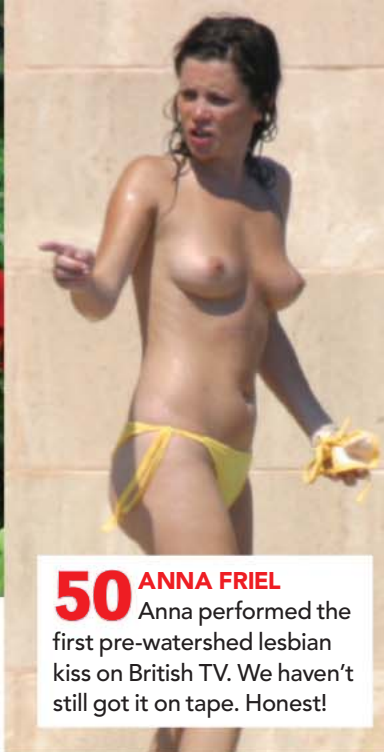
53 AMELLE BERRABAH
They say sugar is bad for you, but looking at this Sugababe is definitely good for us!



52 PENELOPE CRUZ
The sexy señorita is to star in the new *Pirates Of The Caribbean* film. Her good looks have us all at sea! ➡



51 KIMBERLEY WALSH
She's not quite as fit as Cheryl but Kimberley's still pretty fab – so she's "aloud" to make this feature!



50 ANNA FRIEL
Anna performed the first pre-watershed lesbian kiss on British TV. We haven't still got it on tape. Honest!



49 KEIRA KNIGHTLEY
The *Pirates Of The Caribbean* star is one hot brunette – we wouldn't mind getting lost at sea with her!



48 AUDRINA PATRIDGE
We've heard rumours *The Hills* star had a boob job. No wonder she can't fit a bikini!



46 OLGA KURYLENKO
Probably best known as Camille in *Quantum Of Solace*, this Ukrainian is one of our fave brunettes ever!



45 SAMMY BRADDY
Sammy truly has the most physics-defying chest in the business. How can they be that big and pert?



44 MIRANDA KERR
The Aussie model's famous for her "girl next door" look. Our neighbours look nowhere near as good!



43 ROXANNE PALLETT
Roxy was a DJ at School Disco recently. We wouldn't mind a detention with her!



41 BROOKE BURKE
We call Brooke BB for short, which could also mean Breathtakingly Beautiful or Boobiliciously Bouncy!



40 VIKKI BLOWS
Yes, Blows is her real surname, and yes, her rather delectable boobs are 100 per cent genuine, too!



39 EMILY BLUNT
In real life, Emily's usually trussed up in corsets, acting in Victorian dramas. In our heads, she's starkers!



47 JENNIFER LOPEZ
J-Lo sings, acts and produces records. Is there anything she can't do? Yeah, she can't look less than brill!



42 KAYA SCODELARIO
Skins star Kaya has been in two of Plan B's vids. If she was plan B, imagine how fit plan A would be?



38 DAISY WATTS
Daisy took up modelling after Rosie Jones told her to. If Rosie told us to strip, we'd do it, too!



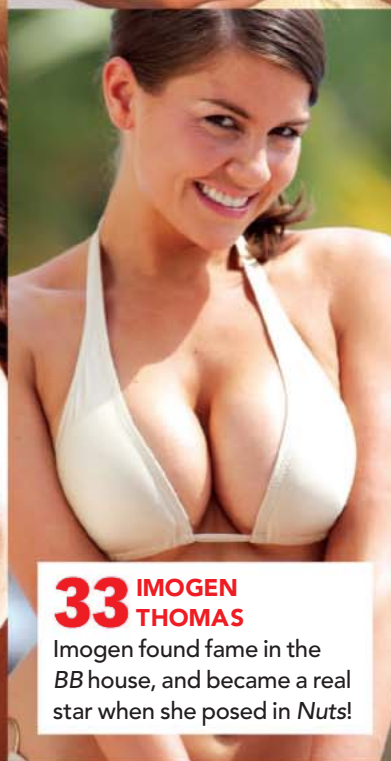
37 INDIA REYNOLDS
The lovely India actually wants bigger boobs! All together now – you're perfect just as you are! ➡



36 KITTY LEA
Ms Lea's utterly bonkers, but that doesn't stop her from being really hot. In fact, it probably helps!



35 KELLY ANDREWS
What else can we say about lovely Kelly apart from she's fit, she's brunette and she has hot boobs? Wahey!



33 IMOGEN THOMAS
Imogen found fame in the BB house, and became a real star when she posed in Nuts!



32 UNA HEALY
Una's just one of the fit girls in The Saturdays! And we're happy to look at pics like this of her all week long!



30 KATIE-MARIE CORK
Katie reckons her attractiveness comes from being half-Portuguese. We reckon her 30F assets help!



29 EVA MENDES
We were gutted to find out Eva's sex tape was a fake – hopefully, this photo will relieve some of the pain!



28 DAISY LOWE
The Lowe-down on this busty babe is that she's not shy about getting her fantastic boobs out. Hooray!



27 LILY ALLEN
Oh, how we love Lily. From fit, to weird, and back to fit, all in a few years. Oh, and she got her boobs out!



34 ALESSANDRA AMBROSIO

Alessandra is a Victoria's Secret "Angel". But it's no secret she's totally heavenly!



31 ADRIANA LIMA

The Brazilian model keeps in shape by sticking on boxing gloves and sparring a bit. She really is a knockout!



26 CORIN FORSHAW

Fit? Check. Nice boobs? Check. First ever topless shoot exclusively in *Nuts*? But of course!



25 ELLE

Elle's new to *Nuts*, but you seem to like her so much, we'll probably see lots more of her. Hurrah! ➡



24 ROCHELLE WISEMAN

Ah, another hottie from *The Saturdays*! She's come a long way from *S Club 8*. Luckily!



23 MICHELLE KEEGAN

Michelle is definitely the fittest soap star on our box. And the hot brunette is no relation to Kevin – bonus!



22 JESSICA BIEL

The sexy actress is dating Justin Timberlake and everyone at *Nuts* is gutted – in fact, we're all crying a river!



21 VANESSA HUDGENS

We hate *High School Musical*. We love Vanessa. Guess you can't have it all!



18 DANIELLE LLOYD

This Scouse stunner has yet to reveal her boobs in *Nuts*, but we can confidently predict they're great!



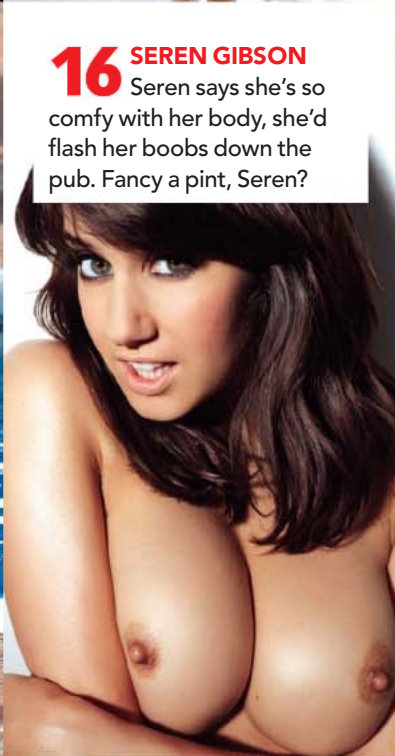
20 JESSICA ALBA
The star of *Fantastic Four* said that she has a thing for older men. Where did we put that walking stick?



19 KIM KARDASHIAN
Big boobs and a big booty – what a combo! Her sex tape was equally deadly for those with a dodgy ticker!



17 JENNIFER METCALFE
Jen's character in *Hollyoaks* is Mercedes. With bodywork like that, we can see why!



16 SEREN GIBSON
Seren says she's so comfy with her body, she'd flash her boobs down the pub. Fancy a pint, Seren?



15 RACHAEL WHITE
The Beyoncé-alike only lasted a few weeks in the *BB* house, but she'll be welcome in *Nuts* any time!



14 BEYONCÉ
Pop star, actress, fashion model and charity worker. Anything else? Oh yeah, she's stunning as well!

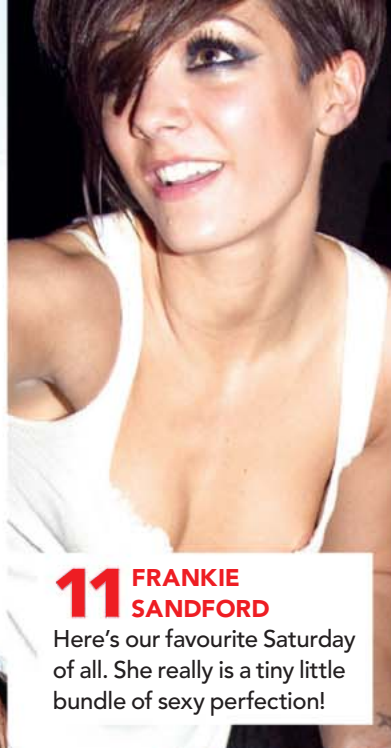


13 EMMA FRAIN
Super-sexy, yet sweet and innocent at the same time. And she loves dogs! Bless her cotton socks! ➡



12 EMMA GLOVER

The Essex beauty is up for anything, as she proved with a mad, boobs-out skydive earlier this year!



11 FRANKIE SANDFORD

Here's our favourite Saturday of all. She really is a tiny little bundle of sexy perfection!



10 ANGELINA JOLIE

Angelina has won an Oscar. We think she deserves another award just for being so bloomin' gorgeous!



8 HOLLY PEERS

Gorgeous Holly is a die-hard Man United fan. We have to say her front pair is more impressive than theirs!



7 KELLY BROOK

If you don't think Kelly belongs in a top 100 sexiest list, we don't think we want to be your friend. So there!



5 KATY PERRY

The owner of the finest boobs in pop says she kissed a girl and liked it. Oh, to be have been a fly on the wall!



4 ROSIE JONES

Owner of perhaps the most perfect body in all of model-ville, Rosie's one of our finest ever discoveries!



3 MEGAN FOX

The reason The Fox isn't higher up on this list is she's too perfect. If we ever met her, we'd probably just faint!

100 SEXIEST
BRUNETTES

WORLD'S
SEXIEST
BRUNETTE!

**9 JESSICA-JANE
CLEMENT**

Ms Clement once appeared as a paramedic on *Casualty*. Mouth-to-mouth anyone?

6 SOPHIE HOWARD

Ask anybody who's got the best boobs in the whole world, and they'll all tell you it's 34F bombshell Sophie!

2 CHERYL COLE

Would you cheat on this woman? Obviously not! If the answer's yes, then you must be Ashley Cole! Loser!

1 LUCY PINDER

Lucy's our dream lady. She loves cars and footy, and she has ace boobs. Seriously, we're totally smitten here! ■

WORDS: FRANK TENNYSON, RICH JENKINS, SAM VAN GELDER. PHOTOS: CELEBRITY PICTURES, PLANET, IDOLS, GETTY, CORBIS OUTLINE, RICH FOTO, SPLASH, SCOPE FEATURES, MATRIX, PA, REX, NEON MANAGEMENT, ALLSTAR, WENN, FAMOUS, XPOSURE, UNLEASHED DIGITAL, BIGPICTURESPHOTO.COM, ALPHA, EYEVINE, SOLARPIX, BARCROFT MEDIA

Nuts SPORT


SPITTING OUR DUMMY, EVERY WEEK!

EXPLETIVES SPECIAL!

When managers turn mental!

It's not just 'Arry who's lost the plot on camera!

Last week, Spurs boss Harry Redknapp got shirty in an interview with Sky Sports' Rob Palmer after the reporter called him a "wheeler-dealer" – but he's not the first boss to go bonkers on camera! Here are a few of our favourites...

A photograph of Harry Redknapp, a middle-aged man with light brown hair, wearing a dark suit, white shirt, and a patterned tie. He is looking slightly to his left with a serious expression. The background is a blurred press conference backdrop featuring logos for Barclays, Puma, and Tottenham Hotspur.

I'm not a f*#king wheeler-dealer, I'm a f#©king football manager!

HARRY REDKNAPP:
(During an interview after Spurs lose to Wigan)
Reporter: "Harry, you've made your name as a wheeler-dealer."
Redknapp: "No, I'm not a wheeler-dealer. No, f**k off!"

Reporter: "No, Harry, I didn't mean it like that."
Redknapp [walking off]: "Don't say that – I'm not a f**king wheeler-dealer, I'm a f**king football manager!"
RANT RATING: ☀️☀️☀️☀️

Check out all these rants at www.nuts.co.uk/news

F*#king
b@\$tard!

You're
a c#*t!

SIR ALEX FERGUSON

(On being asked in a post-match interview about a disputed Ronaldo penalty)

Ferguson: "F**king b*tard!"
Reporter: "Hey, don't you talk to me like that!"

Ferguson: "F**k off to you!"
Reporter: "Don't you talk to me like that. Go away! If you want to behave civilly, then fine. But don't ever talk to me like that!"
Ferguson: "F**k off!"
RANT RATING: 🌟🌟🌟🌟🌟

JOE KINNEAR

(At a press conference after taking over as manager of Newcastle United)

Kinnear: "Which one is [Daily Mirror reporter] Simon Bird?"
Bird: "Me."

Kinnear: "You're a c**t! I'm not f**king about. You're f**king so f**king slimy, you're raking up players I got rid of. If you do that again, you can f**k off and go to another ground!"
RANT RATING: 🌟🌟🌟🌟🌟

Suck my d*ck.
And keep on
sucking it!

F*#king
rubbish! Drivel,
sh*te, bull\$h*t!

DIEGO MARADONA

(After leading Argentina through a tricky qualification for the 2010 World Cup)

"With nobody's help, we beat a great team – as is the Uruguayan team. To those who didn't

believe, suck my d*ck. And keep on sucking it! I'm sorry, ladies, for my words. I'm either white or black, but I'll never be grey in my life. You treated me as you did – now keep on sucking d*cks!"
RANT RATING: 🌟🌟🌟

MICK MCCARTHY

(After an own goal led to his Wolves side being defeated by Reading)

Reporter: "What did you make of the own goal?"
MM: "F**king abysmal, that's

what I made of it! What did I make of it? Do me a favour – it's a bullsh*t start to a game. Can you print all that? F**king rubbish! Drivel, sh*te, bullsh*t – that's what I thought of it!"
RANT RATING: 🌟🌟🌟

You're
f#*king soft
as sh#te!

And you,
you f#@king
big c*#t!

NEIL WARNOCK

(When he was manager at Huddersfield, ranting to his players at half-time)

"Any injuries? How can there be any f**king injuries? What a stupid question! Look at me

while I'm talking to you. The first goal. The f**king second goal. You let them in because you're f**king soft as sh*te! You're letting him back into you all day. And you're in f**king Latvia!"
RANT RATING: 🌟🌟🌟🌟🌟

JOHN SITTON

(The then-Leyton Orient boss rips into his side, who are trailing 3-0 at half-time)

"And you, you f**king big c**t – when I tell you to do something, f**king do it. Because if you

come back at me, we'll have a right f**king sort-out here. And you can bring your f**king dinner if you like. Because by the time I'm f**king finished with you, you'll f**king need it!"
RANT RATING: 🌟🌟🌟🌟🌟

KAMMY!



**ONLY IN
Nuts!**

He's footy's funniest pundit – and he's only in *Nuts*!

"Damn, I forgot to brush
my teeth this morning"

Mancini could be the first to go!

We're only a few weeks into the season but people are already betting on who'll be the first Premier League boss to lose his job. For my money, you can't look much further than Man City's Roberto Mancini.

The huge amount of cash he's spent brings with it an equally huge amount of pressure, and if

**"Mancini's huge
spending brings
huge pressure"**

there are too many more results like the recent defeat against Sunderland, the Italian could find himself out on his ear quicker than he imagined.

The irony is that looking around the league this season, I think it's a reasonably safe time for most of the men in charge. Clubs such as Newcastle, West Brom and Blackpool are unlikely to change their managers, because they don't have the weight of expectation and they've done so well to get their teams to the top division in the first place. Arsene Wenger

has signed a new contract at Arsenal, Sir Alex Ferguson is going nowhere for some time and Carlo Ancelotti is as safe as houses at Chelsea.

Where it gets interesting is at Anfield. Liverpool don't have a track record of getting rid of managers mid-season but if results don't go their way, Roy Hodgson could find himself under pressure from the fans, who were a bit undecided when he was chosen as boss over a star name from abroad. I hope Liverpool do well, because Hodgson is one of football's

nice guys and a top manager. Whether or not players like the recently signed Paul Konchesky churn out the big performances he'll need from them remains to be seen. With all due respect to Paul, he isn't a signing of the calibre we're used to seeing the Reds make, and that'll make the Koppites uneasy.

But nobody has to deal with as much pressure as Roberto Mancini. While it must be nice to be able to splash someone else's cash, if things go wrong, he's going to be looking over his shoulder for that knife!

**KAMMY'S
UNBELIEVABLE-
OMETER™****UNBELIEVABLY
GOOD!****KING KEVI!**

It was great to see Kevin McDonald given a go as stand-in boss at Villa. Not enough British coaches are given a chance like this at the big teams.

**UNBELIEVABLY
BAD!****POOR PARDS!**

How on earth Alan Pardew got the sack at Southampton last week is beyond me. The people running football clubs are absolutely crazy these days.

CHRIS' CRYSTAL BALL!

Chris predicts the week's big games!

**1 EVERTON VS MAN UNITED**
12 SEPT, 1.30PM, SKY SP 1

"Man United to win here for me. I think Everton will be disappointed with their start to the season, while Dimitar Berbatov is on fine form."

KAMMY SAYS: 1-2

**2 BIRMINGHAM VS LIVERPOOL**
12 SEPT, 4PM, SKY SPORTS 1

"This is a pretty important match for Roy Hodgson's Reds, and I think they'll find it quite tough against a Birmingham side that's well-drilled by Alex McLeish."

KAMMY SAYS: 1-1

**3 STOKE VS ASTON VILLA**
13 SEPT, 8PM, SKY SPORTS 1

"The signing of Eidur Gudjohnsen is a great move for Tony Pulis' men, and I think he'll change their style of play. So I'm going for a comfortable home win here."

KAMMY SAYS: 2-0

ME AND KAMMY CORNER!
Hi Kammy! This is us when we met you at the World Cup. You're ace! *Danny, via email*

LIFT & PEEL

**KAMMY-
ALIKE!**

Hi Kammy! I reckon my mate Doug looks just like you – what do you reckon? We always call him Kammy!

Jonnie B, Cumbria

Ha-ha! That's a shocker!
I think last week's lad with the wig looked more like me!

Kammy needs you!

Send Kammy your jokes, pics and anything else you think might tickle him to kammy@ipcmedia.com. The best one each week will be sent a signed Nuts T-shirt!



MEET BRITAIN'S BEST SNAPPER!

Photographer Alison Clarke's dream comes true, thanks to Freederderm!

Alison Clarke is a very lucky girl indeed, as she's bagged the chance to go to one of the coolest gigs around with a professional photographer from our sister mag, *NME* – and she'll be grabbing her own shots of the stars!

It's all thanks to Freederderm, the experts in skincare for spot-prone skin, who were looking for an amateur photographer with the skills to match the confidence their ace skincare products give you – and in Alison Clarke, we reckon they've found one!

But before we meet our lucky winner, don't fret, because you can still be a winner with *Nuts* and Freederderm! Just get yourself over to www.freederderm.co.uk to be in with a chance to grab £100 of Topman vouchers so you can look the business this summer!

WINNING PIC!

'I'm just so glad I entered!'

Hi Alison! Congratulations on winning the Freederderm competition. How does it feel? It's absolutely amazing! I didn't think I'd win. I'm really excited to get the opportunity! When did you start taking photos? I've only had a decent camera for a couple of years. One day, I took it to a gig and I got the bug for it. As I was snapping away, I thought, "This has to be the coolest job going!"

Are you looking forward to taking pics with the *NME* photographer? Yes, it'll be fantastic to work alongside a professional, and hopefully they'll give me lots of useful advice. Where do you hope this will lead? At the moment, taking pics is a hobby. But it would be a dream job for me, so I want to make the most of this opportunity. I'm so glad I entered! Thanks a lot, Freederderm!

Freederderm – expert skincare for spot-prone skin

Freederderm's range of expert skincare products for spot-prone skin has been specially formulated by a team of skincare experts. **FACIAL CLEANSER** gives advanced pore cleansing to combat blackheads without drying your skin. **EXFOLIATING FACIAL WASH** removes excess oil and leaves your skin feeling clean and smooth.

SENSITIVE FACIAL WASH gently penetrates pores to thoroughly cleanse your skin and helps fight spots. **ZONE BALANCING MOISTURISER** hydrates without blocking pores and helps combat blemishes.



Freederderm

THE RANGE!

**ONLY IN
Nuts!**

NUTS ABOUT SPORT!

Funny goings-on in the wonderful world of sport! Send pics, chants etc to tim_bradley@ipcmedia.com



FOOTBALLERS' PRANGS

► Man City new boy Mario Balotelli might not have had a chance to make an impression on the pitch yet, but he definitely made one on another man's car when he smashed his £70k Audi A8 into a BMW in Manchester. Not so super, Mario!



international MAN LOVE

► Those Pakistani cricketers have apparently been falling out with each other over the recent betting scandal, but judging by these pics of them in training, the boys are getting along just dandy!

SPORT

ALIKES!



Kevin Bacon



Christian Poulsen

CHANT OF THE WEEK

"Da-da-da-da-da,
it's Edgar Davids,
da-da-da-da-da,
woo-hoo!"

Crystal palace fans welcome their incredible new signing to the theme tune of Inspector Gadget



► Is it a zombie? Is it a UFC fighter? No, it's Werder Bremen star Sandro Wagner after a bonk on the mush.



WORST HAIR OF THE WEEK!

► Troy Polamalu of American Football team Pittsburgh Steelers hasn't cut his hair in ten years. You'd never guess!

RING OF TRUTH!

Football seen through the *Nuts* comedy glasses!

ONLY IN
Nuts!

"Can't wait
for my
half-time
banana"

BALE: MONKEY!

**Tevez loses
his eyesight!**

"What do you mean by 'Did
I get the Halloween mask
from the club shop'?"

CAT CHASE!

"Can't we use a ball
like everyone else?"

"I knew I should've
gone before
I came out"

"Just don't
ask me to
head it!"

NEW SIGNING!

WHAT A SITTER!

**WARNOCK
LOSES IT!**

"Those pesky
kids! Why,
I oughta...!"

MISMATCH!

"Come here,
you big lump"

FUNNY JIG!

"But my mum
said I don't
need a bib!"

NOT HAPPY!

"When I hear this
song, I can't make
my feet behave!"

MAN-LOVE CORNER!



WORDS: NICK WATKINS PHOTOS: GETTY, CLEVA MEDIA, ACTION IMAGES, PA PHOTOS, CAMERA SPORT, OFFSIDE, BACKPAGE IMAGES, SHUTTERSTOCK

PAPERS!



THE MATCH OF THE DAY

50 FILTERS & 50 PAPERS

'QUOTE ME ON THAT!'

This week's biggest match debaters!



"You have to have big balls and luckily, I've brought them along this weekend"

Brit Formula One hero Jenson Button talks b*llcks.

"Brad Friedel is 148"

Match Of The Day 2 presenter Colin Murray gets a little bit carried away.



"There's a bit of weather about"

Nasser Hussain: observant.

"If I really worked at it, I could be extremely good indeed - but, er, I never have"

Imagine how fast Usain Bolt would be if he was bothered.

"We dominated from the 96th minute right through to the 97th minute"

Whoopee, QPR boss Neil Warnock.

"The only time I saw Matt Le Tissier run was when the hotdog stall opened"

Paul Merson on his athletic Sky Sports mate.

"I can't name names but the prank was probably David Bentley's idea"

Gareth Bale is rubbish at not naming names.

"Football is like life - either sugar or sh*t"

Roy Keane must have a weird life, then.

"Will there be any action before the transfer window closes? Ask my wife"

Boro boss Gordon Strachan reveals who wears the trousers in his house.

"On Tuesdays, you don't want to be at home watching *EastEnders*, you want to be at the Lane"

Jermain Defoe wants to get out more.

'OO-ER SOUNDS A BIT RUDE' CORNER!

"Anderson's balls are swinging both ways"

Sky's Michael Holding spots a cool trick.

"Most defenders like to feel the striker from behind"

Mick McCarthy talks dirty.

"The more it grows, the more impressive it is"

The BBC's Guy Mowbray isn't shy.

**ONLY IN
Nuts!**

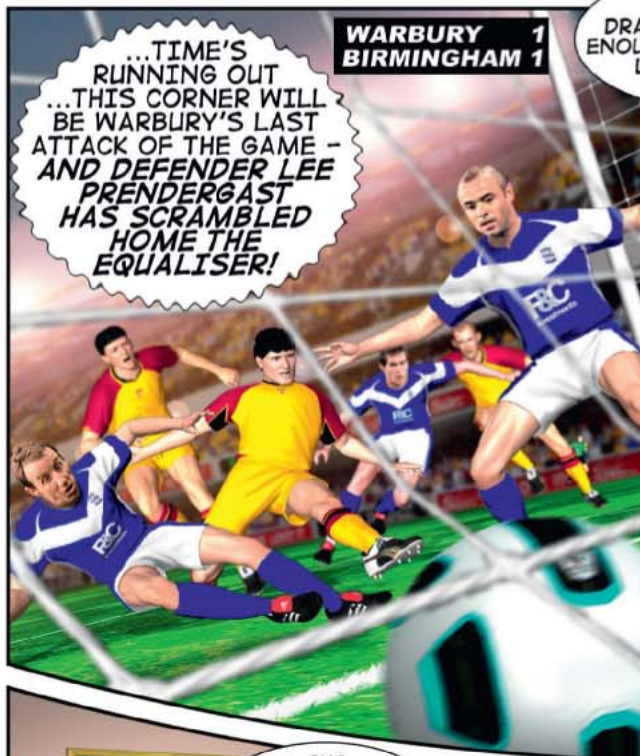
**ALL NEW
STORIES!**

Nuts SPORT

Striker

By PETE NASH and SIMON RAVENHILL

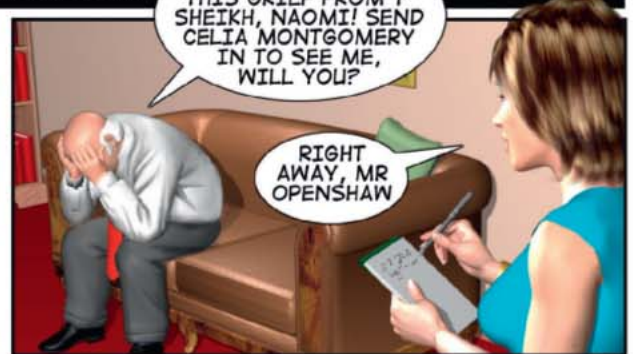
striker3d.com



TWO SUCCESSIVE DRAWS IS NOT GOOD ENOUGH, ERIC! I EXPECT US TO WIN OUR NEXT GAME



I CAN'T BE DOING WI' ALL THIS GRIEF FROM T' SHEIKH, NAOMI! SEND CELIA MONTGOMERY IN TO SEE ME, WILL YOU?



HI, CELIA! MR OPENSHAW HAS ASKED TO SEE YOU. I THINK HE NEEDS COUNSELLING



CONTINUED NEXT WEEK

Nuts REAL GIRLS

THE BEST OF BRITISH HOTTIES!

BEDROOM BABE!

Jeana 22, Dover, secretary

"My perfect day would involve walking around an island in my bikini, feeding strawberries to a naked man!"

Want to be a Nuts model? Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.



**"I think my
best features
are my come-
to-bed eyes!"**

**TURN TO VOTE FOR OUR
NEXT BEDROOM BABE!**

Nuts GAMBLING MASTERCLASS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!

Deal or No Deal top tips!

Deal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one recent winner walked off with £1.4m!

And best of all? You can win big money in the comfort of your own home!

HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

DEAL OR NO DEAL BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the Deal Or No Deal TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

He won big!

Chris B won £456,168 on Deal or No Deal!**

"It's brilliant! I might move somewhere hot and buy a house. It hasn't sunk in yet!"



GET UP TO **£200 FREE PLAY*** ON DEAL OR NO DEAL! SIGN UP TODAY AND ENTER PROMO CODE **NUTSA36**

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BEDROOM BABES!

Vote for your favourite - and she'll star in *Nuts*!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, *Nuts*, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

**ONLY IN
Nuts!**

Francesca

21, Folkestone, beautician

"I'm always impressed by a man who'll give money to the homeless. I love a big heart!"



Emma-Leigh

19, Norwich, dancer

"My best features are my dark eyes, my soft, kissable lips and my pert, peachy bum!"



Dee

21, Bicester, student

"I'm a real catch because of my eyes. I could go out in a bin liner and I'd be guaranteed to pull!"



Tamisha

18, Grimsby, student

"I'd like to dress up for a man and then tell him what to do. I love to be in total control!"



Vote now to see more of your favourite girl!

The winner gets her own *Bedroom Babes* shoot in a future issue of *Nuts*!

Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

REAL GIRLS, REAL PLACES!

**ONLY IN
Nuts!**

THIS WEEK:

Name: Hannah

Age: 21

Boobs: 32C. "I love showing them off!"

Likes: "Tattoos."

Have you ever kissed a girl? "Yeah, loads!"

Strangest place you've had sex? "In a lift!"

Sex tip: "Bite my neck!"

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 72. You must be at least 18 years old.

Hannah's handy tour of Dudley

The Nuts bus finds another gorgeous lady!

Hannah on... her home!

"We're in Dudley. There's nothing to do around here, the shops and clubs are rubbish, so I head into Birmingham for shopping or a good night out!"

HELLO!

Hannah on... her bed!

"I try to get as much sleep as possible, so I'm in bed all day unless I have to get up! I'm a cuddler if it's cold, or else I'll hog the bed, so watch out!"

Hannah on... her boobs!

"My boobs are 32C. They're fun! I like showing them off when I go out but if I show off my boobs, I don't show off my legs – it's one or the other!"

Hannah on... shopping!

"I love shopping. When I get paid, at least half of my money goes on clothes straightaway. I love buying shoes and lingerie – I must have over 100 sets!"

"I like to show off my boobs when I go out!"

Hannah on... keeping fit!

"I'm always drinking Lucozade because I walk to the gym straight after work and I've got to have a Lucozade to keep me going, or else I can't make it!"

Hannah on... getting ready!

"It takes me up to two hours to get ready. My friends usually come over and we drink while we're getting ready, so it can sometimes take all afternoon!"

Hannah on... chocolate!

"I'm a total chocoholic – I absolutely love it. Apart from that, I don't eat too much rubbish, although I can't say no to a stuffed-crust pizza!"

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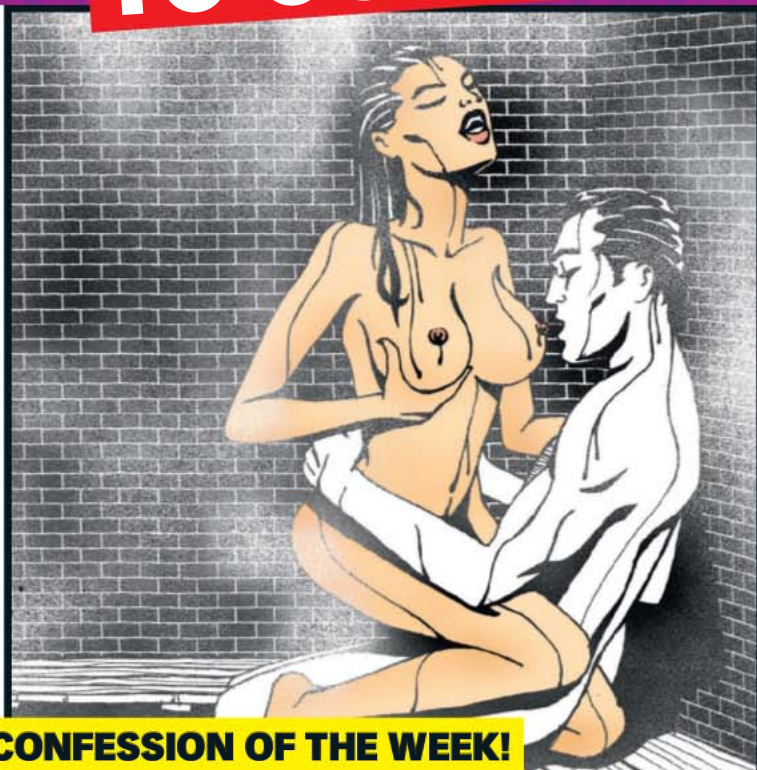


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BACK ISSUES For all Nuts back issues, call John Denton Services on 01733 385170, fax 01733 239356

LADIES CONFESS! TO OUR SECRETARY!

**100%
REAL
STORIES!**



CONFESSION OF THE WEEK!

'We got hot in the steam room'

On one of the first dates with my new man, we went to our local leisure centre. I wore a tiny bikini that showed off my best assets and had him drooling. We headed for the steam room, where he whispered what he'd like to do to me. I climbed onto his lap for a snog and felt his erection beneath me. He quickly moved my bottoms to one side and I gasped as he entered me. Without caring who might walk in, I started to bounce up and down, condensation from the ceiling dripping down my face. Within seconds, we both climaxed. Now, that's what I call hot sex!

Kimberley, Northern Ireland

'He pushed me against a tree'

I've started dating a really hunky student and the sex has been amazing and adventurous. He doesn't have much money at the moment, so we spend most of

our time together going on long walks and hanging out in each other's room. On one late-night stroll, we were both feeling horny and couldn't stop kissing and grabbing each other. He pushed me up against a tree and slid one of his hands up my top. As he did, I took his other hand and

seductively sucked his thumb. He had my bra unclipped in seconds and his cold hands were soon cupping my breasts and tweaking my nipples. I slowly worked my way down his body and started giving him head, but it was obvious he was on the brink. He lifted me up around his waist, pulled my panties to one side and thrust himself deeply into me. Then he pumped me hard and fast until we both reached an earth-shattering climax. I just hope there was no one else walking in the woods that night!

Louise, Surrey

'I led him into the stockroom'

I'd just started a new job and was working late one night. There was a guy there who was also doing the evening shift and we started chatting and flirting. At one point, he flexed his muscles and I quietly gasped at the size of his biceps. I think he must've noticed my lustful look because he dragged me close to him and started kissing me passionately. I could feel his huge stiffy press against my inner thigh and this instantly made me wet. I wanted him right then, so I took his hand and led him into the stockroom. Without saying a word, I lifted my skirt and bent over, letting him lick me from behind. After a few minutes, he slipped on a johnny and slipped inside me, making me gasp. I think I'm going to really enjoy my new job!

Anon, via email

'I nearly came on the spot'

It was my sister's wedding last year and having lost loads of weight and toned up my body at the gym, I must say that I was looking rather hot in my little pink dress! I got loads of attention from guys all night and my man kept staring at me from across the table with a look of lust in his eyes. As I got up to go to the toilet, I gave him a sultry look and a cheeky wink as I beckoned him to follow me. He knew exactly what I was after and followed me into the disabled loo. As soon as we were inside, he locked the door and his hands were all over me. He pulled my panties to the side and slid two fingers in deep. It felt so good, I nearly came on the spot! He then bent me over the toilet and took me roughly from behind, his hand covering my mouth to muffle my groans, which made me climax right there and then. Still panting from my earth-shattering orgasm, I finished him off with my mouth, before we both collapsed in a sweaty heap on the floor. We quickly got dressed and returned to our table in time for the start of the speeches – and none of the other guests were any the wiser!

Pauline, Livingston

Win £50!

Ladies, send your raunchiest confessions to louise_prior@ipcmedia.com or to the address on p72. The best one each week* wins £50! Come on, girls!

Nuts FASHION

Keep track of time while you stay looking fine

FASHION: STEVE BUCHAN. GROOMING: DANIELLE
GRAPH: SIMON VINALL

10 chronograph watches



1. LUKE FLORIDA £180

Fans of the clothing brand will love this funny-shaped piece.



2. TECHNOMARINE NIGHT VISION £450

Perfect for night owls, this is different to everything else.



3. GUESS VORTEX £185

This has a chunky metal bracelet strap.



4. BREIL TRIBE £215

As recommended by Nuts' fashion editor – this is his favourite.



5. ZODIAC FIREWALL £575

This is a sports-inspired timepiece.

STOCKISTS: GUESS: WWW.HSAMUEL.CO.UK. TECHNOMARINE: 0121 233 4680. STORM: WWW.STORMWATCHES.COM. TW STEEL: WWW.TWSTEELUK.COM. BREIL: 01628 770 988. SEIKO: WWW.SEIKO.CO.UK. NAUTICA: WWW.ERNEST

**7. SEIKO
SNN231P2 £135**

A little smarter,
so perfect for
office jobbers.

**6. TW STEEL
TW607 £595**

This is a Dario
Franchitti limited
edition.

**8. STORM
CHRONO
TERRAIN £190**

Typical of Storm,
this is a weighty
watch.

**9. NAUTICA
A205012G £299**

This'll work with
a suit or civvies on
the weekends.

**10. BOSS
1512446 £350**

This classic
will never go out
of fashion.

TOP 5 ELECTRIC GADGETS



**PHILIPS
SENSOTOUCH
RQ1280 3D £270**

Use this bad boy wet
or dry – it's the slickest
looking shaver yet.

Stockists: boots.com



**BABYLICS FOR MEN
I-STUBBLE £60**

Quite simply a gizmo to
keep your stubble the
perfect length. Quality.

Stockists: argos.co.uk



**WAHL LITHIUM
ION TOTAL
GROOMING KIT £40**

The first kit ever to use
a Lithium battery, which
means it'll always be a
supercharged gadget.

Stockists: 01227 744 066



**REMINGTON
HAIR CLIPPER
MAVERICK £50**

The jack of all trades
clipper/trimmer, this one
even charges via USB!

Stockists: argos.co.uk



**BRAUN SERIES
3-380 £140**

Never buy another
costly razor blade again
if you invest in this
shaver. Great at shearing
even long facial hair.

Stockists: argos.co.uk

Nuts REVIEWS

GAMES!



Up to eight players can take part in the game's spectacular co-operative battles

R.U.S.E. PS3, XBOX 360, PC



Excellent new strategy game where you flick between eagle-eye and battlefield views – both in incredible detail –

to command your troops in a number of Second World War battles. The real selling point, though, is the use of dirty tactics – fake platoons, spy planes, traps and decoys – to achieve your goal. A real time-filler. ★★★★★



SPIDER-MAN: SHATTERED DIMENSIONS PS3, XBOX 360, WII



The web-slinger is back in an outing that sees the plot split across four worlds, each with its own unique playing style. ★★★★★

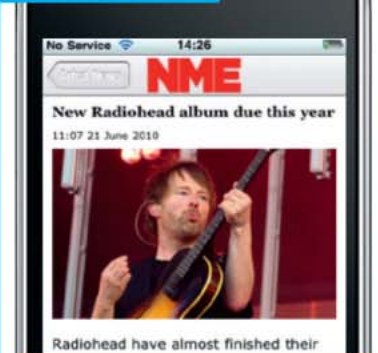


NINETY-NINE NIGHTS 2 XBOX 360



Sequel to the 2006 slashfest. Killing hordes of enemies becomes a tad repetitive after a while, but it's fun while it lasts! ★★★

APPS!



NME IPHONE, ITOUCH, IPAD

Be the first to get those newly announced Kasabian tickets with this NME app packed with news, videos, interviews and daily photo galleries. ★★★★★

IPITY IPHONE, ITOUCH, IPAD



Make your mates chortle down the pub with a bunch of highly amusing catchphrases as spoken by *The A-Team* legend BA Baracus. You fool! ★★★★★

DVDS/BLU-RAY!



Both Daniel Craig and Mark Wahlberg were considered for the Big Daddy role

KICK-ASS CERT 15 DVD & BLU-RAY



Aaron Johnson stars as a geeky teenager who sets out to become a superhero called Kick-Ass, even though he has no

superpowers! Undeterred, he attempts to bring down evil drug lord Frank D'Amico with the help of a former cop called Big Daddy (Nicolas Cage) and his daughter, Hit-Girl. Action-packed, foul-mouthed superhero fun! ★★★★★

PETE VERSUS LIFE CERT 15 DVD



Excellent comedy from the makers of *Peep Show*, centred around the misadventures of a socially inept sports writer. ★★★★★

ENTOURAGE: SERIES SIX CERT 15 DVD & BLU-RAY



The penultimate series following young A-list movie star Vincent Chase (Adrian Grenier) on his rise to stardom. ★★★

2010 FIFA WORLD CUP SOUTH AFRICA REVIEW CERT U DVD



Relive a summer of vuvuzelas, English incompetence and just the occasional flash of brilliance from the 2010 feast of footy. ★★★

MUSIC!



BRANDON FLOWERS FLAMINGO



Matey-boy from The Killers has gone it alone (for more cash/groupies?), and his solo debut is a slice of mature, glossy, fancy-pants pop. ★★★★★

HURTS HAPPINESS



The world and its wife are banging on about this Manchester duo as being the next Pet Shop Boys – and to be fair, they're pretty ruddy good. ★★★★★

The latest action-packed releases!

Ratings: ★★★★★ Genius ★★★★★ Very good ★★★ Investigate ★★ Alright ★ Rubbish

MOVIES!



Jonah Hill's brother is the manager of pop band Maroon 5

CYRUS CERT 15

When a divorcee (John C Reilly from *Talladega Nights*) pulls his dream woman (Marisa "The Wrestler" Tomei), he can't believe his luck. Then he meets her devious son, played by Jonah

"Superbad" Hill in this quirky comedy that delivers slapstick laughs and bizarre gags ("Your hair is like a crippled tree reaching for a heaven.") A truly oddball chucklefest! ★★★★★



RESIDENT EVIL: AFTERLIFE 3D CERT 15

Milla Jovovich and *Heroes* hottie Ali Larter continue the fight against the evil Umbrella Corporation. Zombie-brapping fun in 3D! ★★★



GOING THE DISTANCE CERT 15

This long-distance-love-affair romcom starring Justin Long and Drew Barrymore will keep you in the missus' good books. ★★★

Nuts PROMOTION

Nuts is looking for the next Bamma ring girl!

And ladies, it could be you!

The winner will join Rhian Sugden and Amii Grove at Bamma 4 (NIA Birmingham, 25 September) to present the title-fight belt live on Bravo to either Tom Watson or Alex Reid.



Get voting!

Who'll go through to the final on 16 Sept at the Birmingham Bullring? The choice is yours!

LADIES - UPLOAD YOUR PICS NOW AT NUTS.CO.UK/BAMMA-RING-GIRL



Nuts TV

Seven days of brilliant
telly for blokes!



6am

7pm

1am

BBC
ONE

6.00am Breakfast **9.15** Helicopter Heroes
10.00 Homes Under the Hammer **11.00**
To Buy or Not to Buy **11.45** Cash in the
Attic (R) **12.15pm** Bargain Hunt **1.00**
BBC News, Weather **1.30** Regional News,
Weather **1.45** Doctors **2.15** Diagnosis
Murder (R) **3.00** BBC News, Weather,
Regional News **3.05** CBBC **5.15** Weakest
Link (R) **6.00** BBC News, Weather **6.30**
Regional News Programmes, Weather

7.00 The One Show
Topical chat with goggle-eyed Chris Evans.
7.30 Animal 24/7
An unwell whippet.
8.00 EastEnders
The Mitchells are left devastated after the
fire, so they decide to have a good old
shout about it, as usual.
8.40 Peggy Mitchell:
Queen of the Vic
Us: off to the pub.
9.00 New Tricks
NEW The death of a financier is
reinvestigated.
10.00 BBC News, Weather
10.35 Would I Lie to You?
With Scouse funnyman John Bishop.
11.05 The National
Lottery Draws
11.15 Brooklyn Rules
FILM Coming-of-age comedy
starring Freddie Prinze Jr.
12.50am Sign Zone:
Gears and Tears (R)

1.20 Who Do You Think You Are?: With
Rupert Everett. (R) **2.20** The Case for God?
(R) **2.50** Ben Fogle's Escape in Time (R)
3.35-6.00am BBC News

BBC
TWO

6.00am CBeebies **7.00** CBBC **8.30**
CBeebies **11.30** Living Dangerously (R)
12.00noon Daily Politics **12.30pm** GMT
with George Alagiah **1.00** Animal Park (R)
2.00 Wanted Down Under (R) **3.00** Put
Your Money Where Your Mouth Is (R) **3.45**
Flog It!: From Malvern. **4.30** Pointless
5.15 Escape to the Country **6.00**
Eggheads **6.30** Climbing Great Buildings

7.00 Who Do You
Think You Are?
With *Holby City* actor Hugh Quarshie.
All the big guns on this show. (R)
8.00 Mastermind
Spods answer questions on specialist
subjects, including the Oscars.
8.30 Gardeners' World
Weed-related witterings.
9.00 Digging for Britain
Discoveries that shed new light on things
that happened absolutely ages ago.
10.00 Roger & Val
Have Just Got In
It's the last one. Excellent!
10.30 Newsnight

11.00 The Review Show
Cultural gubbins.

11.50-1.40am
The History Boys
FILM Comedy drama starring
Richard Griffiths.

itv 1

5.30am ITV News **6.00** Daybreak **8.30**
Lorraine **9.25** The Jeremy Kyle Show
10.30 This Morning: With guests McFly.
If you care. **12.30pm** Loose Women **1.30**
ITV News **1.55** Regional News, Weather
2.00 60 Minute Makeover **3.00** The
Michael Ball Show **4.00** Inspector Morse
(R) **5.00** Britain's Best Dish **6.00** Regional
News, Weather **6.30** ITV News

7.00 Emmerdale
A rogue gorilla appears at the farm.
No, not really, but it would be funny.
7.30 Coronation Street
People called things like Ena and Maud
go around shouting at their husbands.
8.00 Cheetah Kingdom
NEW Returning rescued cheetahs to
the wild.
8.30 Coronation Street
Claire delivers a bombshell for Ashley.
Not literally, unfortunately.
9.00 Paul O'Grady Live
NEW Entertainment show with
guest Tom Jones.
10.00 ITV News, Weather

10.35 Two Weeks Notice
FILM Romantic rubbish with Sandra
Bullock and Hugh Grant.

12.25am The Zone
Shopping and interactive gaming.

2.30 **FILM** Earthquake: Epic disaster movie
starring Charlton Heston and Ava Gardner.
4.25-5.30am ITV Nightscreen

REGIONAL
VARIATIONS

BBC1 SCOTLAND: 7.30pm **NEW** Bang Goes the Theory
BBC1 NORTHERN IRELAND: 12.50am Sign Zone: Panorama
BBC2 WALES: 7.00pm **SPORT** Scrum V **9.00** **SPORT** Sport Wales
9.30pm Digging for Britain **STV: 8.00pm** Postcode Challenge
10.35 **SPORT** STV Sports Centre: Friday Night Football:

Including a preview of the weekend's football. **11.35** Dating the
Enemy **12.05am** Brain Box **1.00** Nightwatch with Steve Scott:
Crime **2.00-5.30am** The Nightshift **ULSTER: 10.35pm** **NEW**
Swingtown **11.30** Dating the Enemy **12.00m't** Brain Box

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans
9.00 Cricket
10.00 **MUSTSEE** Cricket: The first one-dayer
between England and Pakistan at the
Riverside Ground in Chester-le-Street. (HD)
6.30pm Premier League Preview (HD)
7.00 Sky Sports News
7.30 **LIVE** Rugby League: A Super League
elimination play-off. (HD)
10.00 Take It Like a Fan: Football quiz
presented by John Fendley.
10.30 Premier League Preview: A look
ahead to the Hammers vs Chelsea. (HD)
11.00 Football League Weekend: A
preview of the weekend's fixtures. (HD)
12.00m't Cricket: Ball-thwacking
between England and Pakistan. (HD)
2.00am Take It Like a Fan
2.30 Premier League Preview (HD)
3.00 Football League Weekend (HD)
4.00-6.00am Cricket (HD)

sky SPORTS 2

6.00am Aerobics
6.30 Ocean Ride
7.00 WWE: Raw (HD)
9.00 Ringside
10.00 The Rugby Club (HD)
11.00 Aerobics
11.30 Racing News
12.00noon American Football (HD)
2.00pm Tennis: The US Open men's
quarter-finals in New York. (HD)
5.00 **LIVE** Tennis: The US Open women's
singles semi-finals in New York. (HD)
10.00 WWE: Late Night - Smackdown:
Over-the-top wrestling action. (HD)
12.00m't WWE: Late Night - Bottom
Line: Highlights of Raw. (HD)
1.00am Rugby League (HD)
2.30 Tight Lines
3.30 World Sport
4.00 Rugby League (HD)
5.30-6.00am World Sport

ON DIGITAL, SATELITE

FILM4 (315)

6.40pm Around the World in 80 Days:
Comedy adventure starring Steve Coogan.
9.00 World Trade Center: Fact-based
drama starring Nicolas Cage. **11.25** The
51st State: Action comedy. **1.10am** Grave
of the Fireflies: Animated drama. **3.00**
Frightfest Special: The Last Exorcism
3.05-3.15am Scott Pilgrim Special

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Scrubs
9.00 South Park **10.00** Lee Evans: Big -
Live at the O2 **11.10** Comedy Central
at the Comedy Store **11.40** South Park

ESPN

7.00pm Goal!
7.30 **LIVE** German
Football **9.30**
Premier League Preview **10.00** UFC
Unleashed **11.00** Poker **12.00m't** MMA
Live **12.45am** UFC **3.45** ESPN Kicks **4.00**
Baseball **4.30-5.30am** UFC Unleashed

TV PICK OF THE WEEK!

MONDAY!

It's term time!

The Inbetweeners, E4, 10pm

Prepare for more school-based laughs as
Will and the boys return for a brand-new
series. Altogether now... bus w*nkrs!



6.20am The Hoobs (R) **6.45** Big Brother's Little Brother **7.10** Ultimate Big Brother (R) **8.05** Frasier (R) **8.35** Hollyoaks Music Show (R) **9.05** Friends (R) **10.05** The Good Wife (R) **11.05** Desperate Housewives (R) **12.00noon** Channel 4 News Summary **12.05pm** Brothers & Sisters **1.00** Jamie at Home (R) **1.25** **LIVE** Channel 4 Racing: From Donny. **2.55** Wogan's Perfect Recall **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Coach Trip **6.00** The Simpsons **6.30** Hollyoaks

7.00 News

7.25 4thought.tv

Religious discrimination against women.

7.30 Ultimate Big Brother: The Final

The end's in sight for the daddy of reality shows as Davina kicks off an evening of programmes leading up to the crowning of the *Ultimate Big Brother* champion.

9.30 Big Brother: Dermot's Last Supper

Memorable moments from the show.

10.00 Davina's Big Send Off

More highlights from the show.

10.30 Ultimate Big Brother: The Final Hour

MUST-SEE Davina McCall reveals the winner, then it's all over... for good. Say it ain't so!

11.35 8 Out of 10 Cats: Big Brother Special

Former housemates compete. (R)

12.25am Music on 4: Oxyegen Festival 2010

1.20 **FILM** My Mother Frank: Comedy starring *Sinead Cusack*. **2.55** This Week's 4Music Top 20 **4.45** Beauty and the Geek (R) **5.25-6.10am** Countdown (R)



6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: NY (R) **12.40pm** Five News **12.45** Chinese Food in Minutes (R) **1.15** The Boss Is Coming to Dinner **1.45** Neighbours **2.15** Home and Away **2.50** I Own Britain's Best Home: Flying Visit (R) **3.00** **FILM** Jack: Coming-of-age drama starring Stockard Channing. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 Five News at 7

7.15 Cricket on Five

SPORT Highlights of the first one-dayer between England and Pakistan at the Riverside Ground.

8.00 Police Interceptors

A sniffer dog makes an interesting discovery inside a stolen car. A case load of Pedigree Chum, perhaps?

9.00 The Mentalist

A medium contacts the police with information on a recent murder, which she claims to have obtained from the spirit world. Always one, isn't there? (R)

10.00 Law & Order: Special Victims Unit

Novak tries to track down Benson.

11.00 CSI: NY

Lindsay gives birth. (R)

11.55 Cops in Crisis

Bobbies in bother. (R)

12.15am SuperCasino

Live interactive gaming.

4.05 **SPORT** Motorsport **4.30** The Boss Is Coming to Dinner (R) **4.55** Animal Rescue Squad (R) **5.10** New Tomorrow (R) **5.35-6.00am** Michaela's Wild Challenge (R)



6.00am The Real A&E (R) **6.30** The Real A&E (R) **7.00** Brainiac: Science Abuse (R) (HD) **8.00** Oops TV (R) **9.00** Bondi Vet (R) (HD) **9.30** Bondi Vet (R)(HD) **10.00** Bones (R)(HD) **11.00** Wedding SOS (R)(HD) **11.30** New Parent Nightmares (R)(HD) **12.00noon** The Real A&E (R) **12.30pm** The Real A&E (R) **1.00** Project Runway (R) **2.00** Bones (R)(HD) **3.00** Stargate SG-1 (R)(HD) **4.00** Stargate SG-1 (R)(HD) **5.00** **SPORT** WWE Superstars **6.00** Oops TV (R)(HD) **6.30** The Simpsons (R)(HD)

7.00 The Simpsons (R)(HD)

7.30 The Simpsons

Mr Burns wins a basketball team. (R)

8.00 The Middle

Frankie organises a publicity stunt in a bid to save her job. (R)(HD)

8.30 Must Be the Music

More warbling fun with the second semi-final, presented by Fearnie Cotton. (R)(HD)

9.45 An Idiot Abroad - The Preview Show

A look ahead to the series following "round-headed buffoon" Karl Pilkington as he undertakes a world tour. Ace! (R)

10.15 Must Be the Music - Meet the Semi-Finalists

Second semi-final preview. (R)(HD)

11.00 Lie to Me

Cal becomes entangled in a case of political corruption. (R)(HD)

12.00m't Football's Greatest

SPORT The career of ex Chelsea man Ruud Gullit. (R)

12.30am A League of Their Own (R)(HD)

1.00 Bones (R)(HD) **1.50** Night Cops (R) (HD) **2.40** Road Wars (R)(HD) **3.30** The 4400 (R)(HD) **4.20** Top Design (R) **5.10-6.00am** Sell Me the Answer (R)(HD)

TODAY'S MUST-SEES



"Damn, I had £100 on me missing that ball!"

England vs Pakistan

Sky Sports 1/HD, 10am

SPORT It'll be intriguing to see how an under-the-cosh Pakistan fare in the final chapter of their tour. Here, a Kevin Pietersen-less England host them in the first of five ODIs. ★★★★★



"This isn't the kind of wrap party I had in mind"

Dexter FX, 10pm

DRAMA More mayhem from our favourite serial killer, as Dexter stalks a police officer suspected of murder. Meanwhile, LaGuerta and Batista argue about department protocol and Debra helps Lundy track the Trinity killer. ★★★★★



"Argh! Cramp!"

Ultimate Big Brother: The Final Hour

Channel 4, 10.30pm

REALITY The last-ever BB winner is crowned and our money's on Brian Dowling. Let's hope Five buy BB and it's back soon! ★★★★★

LITE AND CABLE TV TONIGHT

1.40am Two and a Half Men **2.40** Grouchy Young Men **3.10** Comedy Central at the Comedy Store **3.40** South Park **4.05** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Doctor Who at the Proms 2010 **8.30** Great TV Mistakes **9.00** Little Britain **9.30** The King Is Dead **10.00** EastEnders **10.40** Peggy Mitchell: Queen of the Vic **11.00** The Real Hustle: Celebrity Scammers **11.30** Family Guy **12.15am** Little Britain **12.45** Ideal **1.15** Him and Her **1.45** The King Is Dead **2.15** Edinburgh Comedy Fest Live **3.15** Ideal **3.45** Him and Her **4.15** The Real Hustle: Celebrity Scammers **4.45-5.15am** Great TV Mistakes

E4 (136)

7.00pm Hollyoaks **7.30** Friends **9.00** Jason Manford: Live **10.10** **FILM** Kiss of the Dragon: Martial arts adventure

starring Jet Li and Bridget Fonda. **12.10am** **FILM** Johnny Mnemonic: Sci-fi adventure starring Keanu Reeves. **2.00** Jason Manford: Live **2.55** Samantha Who? **3.15** Supernanny USA **4.00** Joan of Arcadia **4.45-6.00am** Switched

DAVE (111)

7.00pm The Gadget Show **7.30** Speed **8.00** Three Men in More Than One Boat **9.00** Qi XL **10.00** Mock the Week: Top laughs with Andy Parsons. **11.20** Argumental **12.00m't** Qi XL **1.00am** Never Mind the Buzzcocks **1.40** Lead Balloon **2.10** The League of Gentlemen **2.50-3.00am** **SPORT** Radical Highs

MTV (350)

7.00pm My Life as Liz **8.00** The Hills **10.00** Pink: Behind the Music **11.00** World Stage: Performances by big stars. **12.00m't** South Park **2.00am** Jersey Shore **3.00-6.00am** All the Hits

CHANNEL ONE (121)

7.00pm Star Trek: Voyager **8.00** Warehouse 13 **9.00** Star Trek: Enterprise **10.00** Supernatural **11.00** Star Trek: Enterprise **12.00m't** Challenge Jackpot **3.00am** Take It or Leave It **4.00-5.00am** Classic Who Wants to Be a Millionaire?

SYFY (129)

7.00pm A Town Called Eureka **8.00** Human Target **10.00** **FILM** Titanic 2: Disaster movie starring Bruce Davison and Brooke Burns. **11.50** **FILM** Dark Storm: Adventure starring Stephen Baldwin. **1.30am** Mysterious Ways **2.30** 3rd Rock from the Sun **3.00** Legend of the Seeker **4.00** Smallville **5.00-6.00am** Angel

FX (164)

7.00pm NCIS **10.00** **MUST-SEE** Dexter **11.10** Burn Notice: Jeffrey Donovan stars. **12.10am** Farscape **1.10** Babylon 5 **2.10** ReGenesis **3.10-4.10am** Water Rats

6am

7pm

1am

BBC ONE

6.00am Breakfast **10.00** Saturday Kitchen Live **11.30** **SPORT** Football Focus **12.00noon** BBC News, Regional News, Weather **12.10pm** **LIVE** Formula 1: The Italian Grand Prix - Qualifying: Coverage from Monza. Start-time 1pm. **2.20** **SPORT** Canoeing **3.20** **SPORT** Triathlon **4.30** **SPORT** Final Score **5.10** BBC News, Regional News, Weather **5.25** Tonight's the Night **6.25** **NEW** Strictly Come Dancing

7.25 Merlin

NEW New series of mystical hokum. Merlin suspects Morgana's hiding a secret. The scam.

8.10 The National Lottery: Saturday Draws

8.20 Casualty

Settle back and enjoy another amazing episode of the hospital drama. Not really! Get yourself down the pub instead.

9.10 BBC Proms 2010

Three words. BBC. Symphony. Orchestra.

10.40 BBC News, Weather

11.00 Match of the Day

SPORT Highlights of today's ball-kicking antics, including the Hammers vs Chelsea, Arsenal vs Bolton and Man City vs Blackburn.

12.20am The Football League Show

SPORT Lower-league fun now, with action from today's games in the Championship, League One and League Two.

1.45-6.00am BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **12.00noon** BBC Switch: Degraasi: The Next Generation **12.25pm** No Hats, No Trainers **12.50** Shelfstackers **1.15** The 5:19 Show **1.30** Single, Together, Whatever! (R) **2.00** The Sky at Night (R) **2.25** **FILM** Duel in the Sun: Epic Western starring Jennifer Jones. **4.30** Dad's Army (R) **5.00** **LIVE** Match of the Day: Burnley vs Preston at Turf Moor, kick-off 5.15pm.

7.20 Coast

Coastal claptrap. Next!

7.30 BBC Proms 2010

Look to the left and then go down a bit. Yup, it's those three words again.

9.10 Have I Got a Bit More News for You

A re-run of the topical news quiz. (R)

9.55 Mock the Week

See above, although we prefer this. Chris Addison and Milton Jones guest. (R)

10.25 Later with Jools

Holland's Golden Moments Highlights from the show's 18-year history. Now that's a lot of piano tinkling.

11.55 Grandma's House

Following a life-changing course, Simon decides it's his job to heal his family. (R)

12.25am Bigga Than Ben: A Russians' Guide to Ripping Off London

PREMIERE Crime drama starring Ben Barnes.

1.45-3.15am **FILM** It's Alive: Larry Cohen's cult horror thriller starring John P Ryan.

itv 1

5.30am ITV News **6.00** CITV **10.00** The Crocodile Hunter Diaries (R) **11.00** Children's Hospital (R) **11.30** This Morning: Saturday **12.30pm** You've Been Framed! (R) **1.00** News, Weather **1.05** **FILM** For Your Eyes Only: James Bond adventure starring Roger Moore. **3.30** Midsomer Murders (R) **5.30** Regional News, Weather **5.45** ITV News **6.00** Animals Do the Funniest Things

7.00 All Star Family Fortunes

NEW Vernon Kay hosts the game show in which families battle it out with swords and lasers for a grand prize of £5. If only.

7.45 The X Factor

MUST-SEE More deluded fools take to the stage for some ritual humiliation, which we can't take our eyes off. Car crash TV at its best!

9.00 71 Degrees North

NEW Kate Thornton and Gethin Jones host as celebs face daunting challenges in Arctic conditions.

10.00 The Bucket List

FILM Jack Nicholson and Morgan Freeman star as two terminally ill blokes who make a list of things to do together before they finally kick it.

11.15 ITV News, Weather

11.30 The Bucket List

FILM The rest of the movie that was interrupted by the news.

12.10am Dating the Enemy

Two opposites go on a date. (R)

12.40 The Zone

2.40 Raines: An aspiring comic-book artist is found dead. Jeff Goldblum stars. (R) **3.30-5.30am** ITV Nightscreen

4

6.10am The Hoobs (R) **6.35** **SPORT** World Sport **7.00** **SPORT** The Grid **7.25** **SPORT** British GT Championship (R) **7.55** **SPORT** The Morning Line **8.55** T4: Ultimate Big Brother: The Final (R) **10.55** Big Brother: Dermot's Last Supper (R) **11.25** Davina's Big Send Off (R) **11.55** Ultimate Big Brother: Final Hour (R) **1.00pm** The Hollyoaks Music Show **1.30** **SPORT** That Paralympic Show **2.00** **LIVE** Channel 4 Racing: More top horse-hurling action. **4.10** Come Dine with Me (R) **6.45** News

7.10 4thought.tv

Go and make a cup of tea!

7.15 Flight 93

FILM Fact-based drama based on the events on board United Airlines flight 93, the fourth plane to be hijacked by al-Qaeda terrorists on 9/11.

9.00 9/11: State of Emergency

Feature-length documentary recounting the terror attacks on the World Trade Centre and the Pentagon.

10.30 Witness

FILM Really old thriller starring Harrison Ford as a cop who tries to protect an Amish kid.

12.40am Jaane Tu... Ya Jaane Na

FILM Indian romantic comedy starring Imran Khan.

3.20 What About Brian **4.05** **FILM** The End of the Line: Documentary. **5.35-6.20am** Countdown (R)

FIVE

6.00am Milkshake! **10.00** **SPORT** Great Yorkshire Run **11.00** The Gadget Show Shorts (R) **11.05** How Do They Do It? (R) **11.35** The Gadget Show (R) **12.35pm** **FILM** My Stepmother Is an Alien: Sci-fi comedy starring Dan Aykroyd and Kim Basinger. **2.40** **FILM** Gremlins 2: The New Batch: Horror comedy fantasy sequel starring Zach Galligan. **4.40** **FILM** El Dorado: Western starring John Wayne.

7.15 Five News

7.20 NCIS

A Mafia body dump site is found. (R)

8.15 NCIS

Gibbs and the team try to protect a veteran naval officer who has caught the attention of an al-Qaeda cell. (R)

9.10 CSI: Crime Scene Investigation

In a two-part crossover story with drama series Without a Trace, Grissom and the team join forces with FBI agent Jack Malone to track a serial killer. (R)

10.10 CSI: Crime Scene Investigation

Greg, Nick and Hodges surprise Henry by taking him for a birthday dinner, and it all goes really, really well. What do you mean you don't believe us? (R)

11.10 CSI: Miami

A man is killed by a bear. Clearly not Yogi bear then. He'd never do that. (R)

12.05am SuperCasino

4.05 **SPORT** European Seniors Tour **4.55** Family Recipe **5.00** Hana's Helpline **5.10** Milkshake! (R) **5.35** Thomas & Friends **5.45-6.00am** Roary the Racing Car (R)

REGIONAL VARIATIONS

STV: 12.10am Brain Box **1.00** **FILM** Blood Work: Crime thriller starring Clint Eastwood. **3.00-5.30am** The Nightshift **ULSTER: 12.00m't** Brain Box **2.30am** Star Bites **2.35-2.40am** Star Bites

TODAY'S SPORT

sky SPORTS 1

6.00am Rugby League (HD) **7.30** **LIVE** Rugby Union: Auckland vs Wellington, kick-off 7.35am. (HD) **10.30** **LIVE** Rugby Union: The Tri-Nations International between the Aussies and New Zealand, kick-off 11am. (HD) **1.00pm** **LIVE** Rugby Union: Harlequins vs Northampton, kick-off 1.30pm. (HD) **3.30** **LIVE** Rugby League: Two Super League play-off matches. (HD) **8.00** **LIVE** Boxing: Wladimir Klitschko vs Samuel Peter from Germany. (HD) **11.30** World Sport **12.00m't** Champions League Weekly **12.30am** ATP Tour Uncovered **1.00** **LIVE** Tennis: The US Open women's singles final at Flushing Meadows. (HD) **3.00** Rugby League (HD) **4.30** Champions League Weekly (HD) **5.00** Take It Like a Fan **5.30-6.00am** World Sport

sky SPORTS 2

6.00am Aerobics **6.30** IEX Magazine **7.00** Take It Like a Fan **7.30** Football League Weekend (HD) **8.30** Champions League Weekly (HD) **9.00** Premier League Preview (HD) **9.30** Take It Like a Fan **10.00** Soccer AM **12.00noon** Take It Like a Fan **12.30pm** **MUST-SEE** Football: Everton vs Man United, kick-off 12.45pm. **3.10** WWE: Smackdown (HD) **5.00** **LIVE** Tennis: The US Open men's singles semi-finals at Flushing Meadows. **11.00** Golf: Action from the KLM Open in the Netherlands. (HD) **12.30am** Rugby Union **1.30** Rugby Union (HD) **2.30** WWE: Late Night - Superstars (HD) **3.30** WWE: Late Night - Smackdown (HD) **5.30-6.00am** IEX Magazine

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4(315)

7.15pm Bedazzled: Fantasy comedy remake starring Brendan Fraser. **9.00** Failure to Launch: Romantic comedy starring Matthew McConaughey. **10.50** A History of Violence: Thriller starring Viggo Mortensen. **12.40am** I Heart Huckabee: Comedy starring Dustin Hoffman. **2.45** Frightfest Special: The Last Exorcism **2.50-3.00am** Scott Pilgrim Special

COMEDY CENTRAL(126)

7.00pm Rules of Engagement **8.00** Two and a Half Men **9.00** Lee Evans: Wired and Wonderful - Live at Wembley **11.15**

ESPN

4.45pm **LIVE** Rugby Union **7.45** **LIVE** Italian Football **9.45** Bundesliga **11.30** This Week in Baseball **12.00m't** **LIVE** College Football **3.30-5.30am** **LIVE** Football: LA Galaxy vs Columbus Crew, kick-off 3.30am.

FILM Bad Boys II: Comedy thriller sequel starring Will Smith and Martin Lawrence. **2.00am** Comedy Central at the Comedy Store **2.30** South Park **3.30** Two and a Half Men **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3(115)

7.00pm Top Gear **8.10** Doctor Who **9.10** Edinburgh Comedy Fest Live **11.10** Family Guy **11.55** American Dad! **12.40am** **FILM** Under Siege 2: Action adventure sequel starring Steven Seagal. **2.10** **SPORT** 2010 World Cup's Most Shocking Moments **4.10-5.10am** Edinburgh Comedy Fest Live

E4(136)

7.00pm The Big Bang Theory **7.30** How I Met Your Mother **8.00** Friends **9.00** **MUST-SEE** The Greatest TV Shows of the Noughties **10.40** The Greatest Songs of the Noughties **12.20am** **FILM** Kiss of the

Dragon: Martial arts adventure starring Jet Li. **2.00** Wife Swap USA **2.55** Switched **3.20-6.00am** Hollyoaks

DAVE(111)

7.00pm James May's Big Ideas: Humanoid robots. **8.20** Have I Got News for You **9.00** Never Mind the Buzzcocks **1.40am** The League of Gentlemen **2.45-3.00am** **SPORT** Radical Highs

MTV(350)

6.00pm 16 and Pregnant **8.00** Teen Mom: Back-to-back episodes. **12.00m't** World Stage: Top performances. **1.00am** 40 Naughtiest Celebrity Scandals **3.00-6.00am** All the Hits

CHANNEL ONE(121)

7.00pm Most Shocking **8.00** Trawlers, Rigs & Rescue: North Sea **9.00** Shooting Stars **10.00** 8 Out of 10 Cats: Brill panel show. **11.00** Sexcetera **12.00m't**

sky1

6.00am Brainiac: Science Abuse (R)(HD)
7.00 Crash Test Dummies (R)(HD) **8.00**
 Malcolm in the Middle (R) **8.30** Malcolm
 in the Middle (R) **9.00** **SPORT** Football's
 Next Star (R)(HD) **10.00** **SPORT** Soccer AM
12.00noon Fat Families (R)(HD) **1.00pm**
 Pineapple Dance Studios (R)(HD) **2.00**
 Project Runway (R) **3.00** Bill Bailey's
 Birdwatching Bonanza (R)(HD) **4.00** Liza
 and Huey's Pet Nation (R)(HD) **5.00** Vet
 Adventures (R)(HD) **6.00** The Simpsons
 (R)(HD) **6.30** The Simpsons (R)(HD)

7.00 The Simpsons

Homer heads to Jerusalem with Flanders
 and his bible study group. (R)(HD)

7.30 Glenn Martin, DDS

Off the wall/ropey animated series about
 an odd family and their antics. (HD)

8.00 Oops TV

More people slip on banana skins, as
 described by JLC. (R)

**9.00 An Idiot Abroad -
The Preview Show**

Genius sneak peek at Karl Pilkington's
 new show. It's extremely funny. (R)

9.30 Batman

FILM Tim Burton's 1989 take on the
 caped crusader. (HD)

11.55 Classic Albums

The making of Lou Reed's *Transformer*. (R)

1.00am Fringe **1.50** Football Behind
 Bars **2.40** Ross Kemp on Gangs **3.30** JLC:
 Surfer **4.20** Don't Forget the Lyrics
5.10-6.00am Sell Me the Answer

Challenge Jackpot **3.00am** Vegas
 Virgins **4.00-5.00am** Takeshi's Castle

SYFY (129)

6.20pm **FILM** Spaceballs **8.10** **FILM**
 Merlin and the Book of Beasts: *Fantasy*
starring James Callis. **10.00** **FILM**
 Horsemen of the Apocalypse: *Thriller*
starring Dennis Quaid. **11.50** **FILM**
 Tremors 3: Back to Perfection: *Comedy*
sequel. **1.50am** **FILM** Jack Hunter and
 the Lost Treasure of Ugarit: *Adventure*.
4.00-6.00am **FILM** Ba'al: The Storm
 God: *Fantasy* *starring Jeremy London*.

FX (164)

6.00pm The Listener **8.00** American
 Dad! **9.00** Better Off Ted **10.00** Robot
 Chicken **10.15** Family Guy: *Cartoon*
laughs. **11.15** Metalocalypse **11.30**
 Family Guy **12.30am** The Venture
 Brothers **1.00** American Dad! **2.00**
 Family Guy **3.00-4.00am** Better Off Ted

TODAY'S MUST-SEES**ALIEN ACTION!****District 9**

Sky Movies Prem/HD, 10pm

FILM Spectacular sci-fi flick from South Africa, which shows that films don't have to cost \$200m to be blockbusters. Sharlto Copley (Murdock in the recent *A-Team* remake) plays Wikus van der Merwe, an office drone with a unique job - he has to oversee the re-housing of illegal aliens who happen to be actual aliens from another planet. However, the aliens don't want to be moved on - and when Wikus accidentally ingests a tube of alien goo, odd things start to happen to him! ★★★★★

**Everton vs Man United**

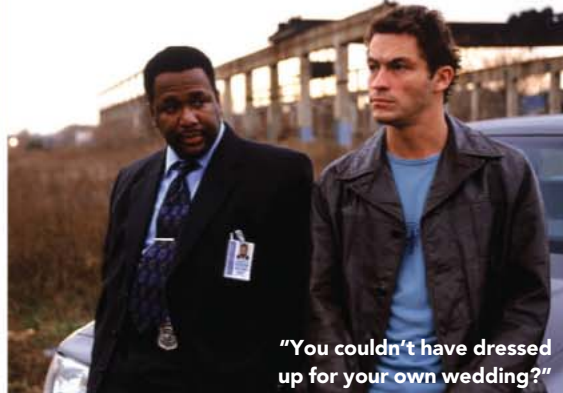
Sky Sports 2/HD, 12.30pm

SPORT Man United travel to Goodison Park for a tricky-looking tie with the Toffees. Last season, Everton thumped United 3-1 here, leaving Fergie even more red-faced than usual! ★★★★★

**The X Factor**

ITV1, 7.45pm

REALITY Another army of micro-talented warbling idiots perform in front of the judges, a packed audience and millions upon millions watching at home, and for that we salute them. Top Saturday night viewing! ★★★★★

**The Greatest TV Shows
Of The Noughties**

E4, 9pm

LIST *The Sopranos* or *The Wire* (above) - it's time to find out which is really king of TV world. Safe to say *I'm A Celebrity*... won't be up there! ★★★

**Win tickets to the UEFA
Europa League Final!**

SEAT Sex Drive, the new show from SEAT and *Fifth Gear*, will find out whether men or women are the better drivers, and it'll be screened online this autumn. Jack Osbourne is captain of the Men's Team and he needs you!

To support the men and enter the draw to win tickets to the UEFA Europa League Final, just go to www.seatsexdrive.com



6am

7pm

1am



6.00am Breakfast **7.40** **SPORT** Match of the Day (R) **9.00** The Andrew Marr Show **10.00** Sunday Morning Live **11.00** Regional Programme **12.10pm** **MUST-SEE** Formula 1: The Italian Grand Prix: The 14th round of the season from Monza. Start-time 1pm. **3.15** EastEnders **5.20** Songs of Praise **5.55** BBC News, Regional News, Weather **6.15** Antiques Roadshow (R)



6.00am CBeebies **7.00** CBBC **10.00** Something for the Weekend **11.30** **FILM** The First of the Few: World War Two flick. **1.25pm** **FILM** Tara Road: Romantic drama. **3.00** **SPORT** Canoeing **4.00** **SPORT** Triathlon **5.00** **SPORT** Rugby League: Highlights of the Super League play-off matches. **6.00** Wonders of the Solar System (R)



5.30am ITV News **6.00** CITV **9.25** Coronation Street **12.45pm** News, Weather **12.50** This Morning: Sunday **1.50** Dinner Date (R) **2.50** The X Factor (R) **4.05** **FILM** Octopussy: James Bond adventure starring Roger Moore. **6.30** Regional News, Weather **6.45** ITV News



6.20am The Hoobs (R) **6.45** **SPORT** Basketball **7.40** T4: Friends (R) **8.10** Katy Perry: T4 Special (R) **8.40** Friends (R) **9.10** The Wanted: Video Exclusive **9.15** **NEW** RockCorps Celebrity Challenge **9.25** Hollyoaks **11.55** RockCorps Celebrity Challenge **12.00noon** The Album Chart Show **12.35pm** Friends (R) **1.05** RockCorps Celebrity Challenge **1.10** The Simpsons (R) **2.10** Ugly Betty **3.05** Three in a Bed **4.40** Deal or No Deal **5.25** River Cottage **6.30** News **6.55** 4thought.tv



6.00am Milkshake! **10.00** Shake! **11.10** Michaela's Wild Challenge (R) **11.40** Jim Henson's Jack and the Beanstalk (R) **3.25pm** **FILM** White Fang 2: The Myth of the White Wolf: Adventure sequel starring Scott Bairstow. **5.25** **FILM** Monster House: Animated comic horror adventure.

7.00 Countryfile

More beardy types talk about fields.

8.00 A Concert for Heroes

MUST-SEE The Help for Heroes concert from Twickenham, featuring choonage aplenty!

10.00 BBC News, Weather

10.25 Live at the Apollo

Giggle-based gigs. (R)

11.10 Broken Flowers

FILM Wrinkly womaniser Bill Murray learns he might have a teenage son, so he tracks down his old girlfriends to find out which of them is the mother. Of course that's the real reason.

12.55am Sign Zone: Victorian Pharmacy

Head falling off? Just apply leeches! (R)

7.00 Dragons' Den

A multi-functional backpack. Turns out doubling up as a rocket isn't one of its uses though, which is a bit of a shame. (R)

8.00 The Vera Lynn Story

Featuring the kind of music your grandparents get down to.

9.00 Notes on a Scandal

PREMIERE Psychological drama starring Judi Dench.

10.30 Match of the Day 2

SPORT Action from today's Premier League kickabout between Birmingham and Liverpool.

11.20 Mad Men

Peggy is given the chance to promote an intriguing women's accessory. (R)

12.05am Mad Men

The Sterling Cooper team gather for a rowdy all-night party. That's the spirit! (R)

12.55 Mad Men

Betty makes a startling discovery about her counselling sessions. (R)

7.00 David Jason: The Battle of Britain

The actor marks the 70th anniversary of the Second World War battle.

8.00 Heartbeat

The news we've been waiting for for 18 long years - it's the last-ever episode!

9.00 Albert's Memorial

Comedy drama starring David Jason.

10.30 ITV News, Weather

10.45 Bouquet of Barbed Wire Remake of a drama from the '70s. (R)

11.45 Premiership Rugby Union

SPORT Eggball action, including Harlequins vs Northampton Saints, Leicester Tigers vs Exeter Chiefs and Saracens vs Sale Sharks.

12.30am The Zone

Shopping and interactive gaming.

7.00 The 9/11 Faker

A woman who claimed to have survived the World Trade Centre attack. (R)

8.00 Fool's Gold

PREMIERE Romantic comedy nonsense starring Matthew McConaughey. A treasure hunter strives to find a sunken galleon and win back his estranged wife.

10.15 Four Weddings and a Funeral

FILM Rom-com starring Hugh Grant. You wish you could sit through Fools Gold again now, don't you?

12.25am RockCorps 2010: Snoop Dogg Special

Jameela Jamil meets the hip-hop star at the Manchester gig. (R)

12.55 American Football

LIVE Washington Redskins vs Dallas Cowboys at FedExField, kick-off 1.20am. "Hut, hut, hut!"

7.10 Five News

7.15 Cricket on Five

SPORT Ball-knocking with the second one-day international between England and Pakistan at Headingley.

8.00 Men in Black

FILM Top sci-fi comedy starring Will Smith and Tommy Lee Jones.

9.55 Bad Boys

FILM Two detectives are forced to swap identities as they hunt for a stolen heroin consignment.

12.15am The Gadget Show

The presenters set out to destroy some of the world's toughest gadgets. Kind of The Anti-Gadget Show then, really. (R)

1.55 Holby City (R) **2.55** The Private Life of Cows (R) **3.55-6.00am** BBC News

1.45-3.55am BBC News

2.30 **SPORT** Motorsport UK: Wheel-whizzing. **3.25-5.30am** ITV Nightscreen

4.45 **SPORT** Ironman Triathlon (R) **5.10-5.55am** Countdown (R)

1.15 Casino **4.05** Chinese Food (R) **4.30** House Doctor **4.55** Family Recipe **5.00** Hana **5.10** Milkshake! (R) **5.35** Thomas & Friends (R) **5.45-6.00am** Roary (R)

REGIONAL VARIATIONS

BBC1 NORTHERN IRELAND: **10.25pm** Our Man in the Vatican **10.55** The Politics Show **11.15** Live at the Apollo **12.00m't** **FILM** Broken Flowers: Road movie. **1.40-1.55am** Sky High **BBC2 SCOTLAND:** **10.30pm** **SPORT** SportsScene **11.15** **SPORT** Match of

the Day 2 **12.05am** Mad Men **12.50** Mad Men **1.35** Mad Men **2.25-3.55am** BBC News **BBC2 WALES:** **11.20pm** **SPORT** Scrum V **12.20am** Mad Men **1.05** Mad Men **1.55-3.55am** BBC News **STV:** **9.00pm** The Diplomat **10.45** The Diplomat **11.15** **SPORT** STV

Sports Centre: Rugby **12.00m't** Brain Box **1.00am** Raines **2.00-5.30am** The Nightshift **ULSTER:** **11.45pm** UTV Rewind **12.00m't** Brain Box **2.30am** Star Bites **2.35** Star Bites **2.40** **SPORT** Rugby Union: **3.30-5.30am** ITV Nightscreen

TODAY'S SPORT



6.00am Aerobics **6.30** Football First (HD) **9.30** The Sunday Supplement **11.00** Goals on Sunday (HD) **1.00pm** Boxing: Wladimir Klitschko vs Samuel Peter in Germany. (HD) **3.30** **MUST-SEE** Football: Birmingham vs Liverpool, kick-off 4pm. (HD) **6.30** **LIVE** Rugby League: The final match on the opening weekend of the Super League play-offs. (HD) **9.00** **LIVE** Tennis: The US Open men's singles final at Flushing Meadows. (HD) **12.00m't** Spanish Football: A chance to see a recent match from La Liga. (HD) **2.00am** Football: The match between Birmingham and Liverpool. (HD) **3.30** Cricket: The second one-dayer between England and Pakistan. (HD) **5.00** IAAF Athlelix Weekly **5.30-6.00am** Wild Spirits



6.00am Rugby League: A recent Super League play-off match. (HD) **7.30** Boxing: Wladimir Klitschko vs Samuel Peter in Germany. (HD) **10.00** **LIVE** Cricket: Ball-thunking with the second one-day international between England vs Pakistan at Headingley. (HD) **6.30pm** **LIVE** Spanish Football: Coverage of a big match from La Liga. (HD) **8.00** **LIVE** Spanish Football: Another top-draw La Liga match. (HD) **10.00** Football: The match between Birmingham and Liverpool. (HD) **11.30** Cricket: The second one-dayer between England and Pakistan. (HD) **1.00am** This Week in WWE: Bouts from Raw, Smackdown and NXT. (HD) **1.30** WWE: Late Night - Afterburn: Featuring the stars of Smackdown. (HD) **2.30-3.30am** WWE: Vintage Collection: Wrestling highlights from the archives.

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315) **6.55pm** Flight of the Phoenix: Adventure remake starring Dennis Quaid. **9.00** Mission: Impossible 3: Action thriller sequel starring Tom Cruise. **11.20-3.45am** Once Upon a Time in America: Crime drama starring Robert De Niro.

COMEDY CENTRAL (126) **3.00pm** Two and a Half Men **9.00** **FILM** The Bad Boys II: Comedy thriller sequel. **11.45** The Lee Evans Live at Her Majesty's Theatre **1.05am** Grouchy Young Men **1.35** Comedy Central at the Comedy Store **2.05** Two and a Half Men **3.05** The King

ESPN **6.30pm** Serie A Football **7.45** **LIVE** Italian Football: Coverage of a Serie A game. **9.15** Ultimate Fighting Championship **12.45am** Press Pass 2010 **1.15** NHRA Drag Racing **2.15-5.15am** Major League Baseball

of Queens **4.00** Shortcuts Shuffle **4.20** Everybody Loves Raymond: Double-bill of the series. **5.10-6.00am** Frasier

BBC3 (115) **7.00pm** **LIVE** Football: The Women's World Cup play-off first-leg match between England and Switzerland, kick-off 7.05pm. **9.00** Gavin & Stacey **9.30** Him and Her **10.00** Family Guy **10.45** The King Is Dead **11.15** **SPORT** Formula 1: The Italian Grand Prix - Highlights: The 14th round of the season. **12.00m't** Gavin & Stacey **12.30am** Ideal **1.00** Him and Her **1.30** Greatest TV Mistakes **2.30** The King Is Dead **3.00** Ideal **3.30** **SPORT** Formula 1: The Italian Grand Prix - Highlights **4.15-5.15am** Greatest TV Mistakes

E4 (136) **7.00pm** One Tree Hill **8.00** Friends **9.00** **FILM** The Transporter: Action adventure starring Jason Statham. **10.50** **FILM** Buffy

the Vampire Slayer: Comedy horror. **12.30am** Wife Swap USA **1.30** Supernanny **3.25-6.00am** Hollyoaks

DAVE (111) **7.00pm** Fifth Gear **7.40** Have I Got News for You **8.20** I'm Alan Partridge **9.00** Red Dwarf: Back-to-back episodes. **1.30am** The League of Gentlemen **2.30-3.00am** Chandon Pictures

MTV (350) **6.00pm** The Hills **8.00** 16 and Pregnant **9.00** Jersey Shore **10.00** **MUST-SEE** The Hard Times of RJ Berger **10.30** **MUST-SEE** The Hard Times of RJ Berger **11.00** The Dudesons in America **11.30** South Park **1.00am** Jersey Shore **2.00** The Hard Times of RJ Berger **3.00-6.00am** All the Hits

CHANNEL ONE (121) **7.00pm** Home Video Heroes **8.00**

12 SEPTEMBER

SUNDAY

FULL 7
DAY TV
GUIDE!

sky1

6.00am Hour of Power (HD) **7.00** Crash Test Dummies (R)(HD) **8.00** Malcolm in the Middle (R) **8.30** (R) **9.00** Futurama (R) **9.30** (R) **10.00** **SPORT** WWE Superstars (R) **11.00** **SPORT** WWE: Experience (R) **12.00noon** Futurama (R) **12.30pm** (R) **1.00** Must Be the Music (R)(HD) **2.15** Must Be the Music (R)(HD) **3.00** The Simpsons (R)(HD) **3.30** The Simpsons (R)(HD) **4.00** The Simpsons (R)(HD) **4.30** The Simpsons (R)(HD) **5.00** The Simpsons (R) **5.30** The Simpsons (R)(HD) **6.00** The Simpsons (R)(HD) **6.30** The Middle (HD)

7.00 Must Be the Music

The last group of semi-finalists performs.

8.15 Must Be the Music - Meet the Finalists

The six acts who will perform. (HD)

9.00 Michael Jackson's Private Home Movies

Uh-oh. (R)

9.30 Michael Jackson's Private Home Movies

More of the above. (R)

10.00 Chris Ryan's Strike Back

Ace war drama. (R)(HD)

11.00 Chris Ryan's Strike Back

Porter is taken prisoner. (R)(HD)

12.00m't Must Be the Music - Meet the Finalists

The preview show from earlier. (R)(HD)

12.45am House

The team faces an ethical dilemma involving a teenage patient. (R)(HD)

1.45 Fringe (R)(HD) **2.40** Ross Kemp (R) (HD) **3.30** JLC: Ten Pin Bowler (R)(HD) **4.20** Don't Forget the Lyrics (R)(HD) **5.10-6.00am** Sell Me the Answer (R)(HD)

Britain's Worst Cook **9.00** Trawlers, Rigs & Rescue: North Sea **10.00** Most Daring **11.00** Sexcetera **12.00m't** Challenge Jackpot **3.00am** Vegas Virgins **4.00-5.00am** Takeshi's Castle

SYFY (129)**7.00pm** A Town Called Eureka **8.00****FILM** Tremors 3: Back to Perfection:Comedy adventure sequel starring Michael Gross. **10.00** **FILM** Unearthed:

Horror starring Emmanuelle Vaugier.

11.50 **FILM** Yeti: Curse of the Snow

Demon: Horror starring Peter DeLuise.

1.30am Mysterious Ways **2.30** 3rdRock from the Sun **3.00** Tin Man **4.00-****6.00am** **FILM** Journey to the Center of

the Earth: Thriller starring Greg Evigan.

FX (164)**6.00pm** Burn Notice **8.00** NCIS **10.00**Dexter **11.10** True Blood **12.15am** BurnNotice **1.15** To Catch a Predator **2.15**

TODAY'S MUST-SEES

"Hop on, I'll carry you!"



FOOTY ACTION!

Birmingham vs Liverpool

Sky Sports 1/HD, 3.30pm

SPORT Roy Hodgson's Liverpool

revolution is taking a while to get into full swing, and don't bank on it clicking into gear this afternoon. Birmingham have looked typically solid in the opening weeks of the season and go into this match a point ahead of the stuttering Anfield giants. Liverpool have new signings Raul Meireles and Paul Konchesky to call on, but we have a feeling this one's heading for a draw. ★★ ★★

"Welcome to Scotland? Damn satnav!"

Italian Grand Prix **BBC1, 12.10pm**

SPORT With just five races left of the season after today, Jenson Button and Lewis Hamilton, who leads the Drivers' Championship, will be hoping for some points here. Expect plenty of speed and lots of skid marks – on the track! ★★ ★★ ★★

"The hills are aliiiiive!"



A Concert For Heroes

BBC1, 8pm

CONCERT Live spectacular to raise money for Help For Heroes, with the likes of Robbie Williams, Plan B (above), John Bishop and, err, James Blunt. There's always one! ★★ ★★ ★★

Dress As An American
Cliché Day was going well

The Hard Times Of RJ Berger

MTV, 10.30pm

COMEDY Another double episode featuring more humiliation for RJ. It's all about him getting closer to dream girl Jenny tonight. ★★ ★★

Noudelle Cuisine.



Pour, stir, click –
thenationsnoodle.co.uk

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Helicopter Heroes
10.00 Homes Under the Hammer
11.00 **NEW** Filthy Rotten Scoundrels: Investigating fly-tipping. **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Diagnosis Murder (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

7.00 The One Show

Topical tittle-tattle from across the UK.

7.30 Saints and Scoundgers

A Premier League football club's role in catching a fraudster. (R)

8.00 EastEnders

Shirley gets a new job. You might need a new TV if you sit through this. Your boot could end up going through the screen.

8.30 Panorama

Serious stuff about the Catholic Church.

9.00 Who Do You Think You Are?

Actor Alan Cumming rummages around the details of his ancestry.

10.00 BBC News, Weather

10.35 Traffic Cops
A police chase ends in carnage.

11.35 The Great Raid

FILM World War Two drama set in the Philippines, starring Benjamin Bratt and Joseph Fiennes.

1.45am Sign Zone: My Story (R) **2.15** Penguin Island (R) **2.45** Ben Fogle's Escape in Time (R) **3.30** Britain's Empty Homes (R) **4.00-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.30** Open Gardens (R)
12.00noon Daily Politics **12.30pm** GMT with George Alagiah **1.00** Animal Park (R)
2.00 Wanted Down Under (R) **3.00** Put Your Money Where Your Mouth Is (R) **3.45** Flog It! **4.30** Pointless: Indeed. **5.15** Escape to the Country **6.00** Eggheads: Quiz show. **6.30** Climbing Great Buildings

7.00 The Art of World War Two: A Culture Show Special

Art from the era.

8.00 University Challenge

Paxo barks out more questions to swots.

8.30 Antiques Master

The final. Meaning the end. Good.

9.00 Dragons' Den

MUST-SEE It's the last in the series of this, too. No!

10.00 Grandma's House

Tanya and Clive's marriage plans are thrown into disarray.

10.30 Newsnight

11.20 Roger & Val Have Just Got In

Hold onto your hats - Roger prepares to tell Val the result of his tribunal. (R)

11.50 Timothy Spall: Somewhere at Sea

Lizard Point in Cornwall, to be precise.

12.20am Timothy Spall: Somewhere at Sea

12.50 Digging for Britain (R)

1.50-4.00am BBC News

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show
10.30 This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover
3.00 The Michael Ball Show: With Simon Callow and Dom Joly. **4.00** Inspector Morse (R) **5.00** Britain's Best Dish **6.00** Regional News, Weather **6.30** ITV News

7.00 Emmerdale

Goat-milking gubbins.

7.30 Coronation Street

Hot pot pants.

8.00 Countrywise

High-adrenaline tomfoolery as Paul Heiney and the team visit Shropshire to meet a man with some falcons. Woah!

8.30 Coronation Street

9.00 Bouquet of Barbed Wire
Prue returns from her honeymoon battered and bruised.

10.00 ITV News, Weather

10.35 Surgery School

A trainee makes a serious error during a delicate operation. Oops.

11.35 Stephen Tompkinson's African Balloon Adventure

The Okavango Delta and Namibia. (R)

12.30am The Zone

Shopping and interactive gaming.

2.35 **SPORT** UEFA Champions League Weekly **3.00** The Jeremy Kyle Show (R) **3.55-5.30am** ITV Nightscreen

4

5.55am Sali Mali (R) **6.00** The Treacle People (R) **6.10** The Hoobs (R) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R) **8.25** Frasier (R) **8.55** Friends (R) **10.00** The Good Wife (R) **11.00** Desperate Housewives (R) **12.00noon** Channel 4 News Summary **12.05pm** In Your Dreams (R) **12.20** **FILM** Singin' in the Rain: Musical. **2.20** **NEW** Lakes on a Plate **2.55** Wogan's Perfect Recall **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Coach Trip **6.00** The Simpsons **6.30** Hollyoaks

7.00 News

7.55 4thought.tv

People reveal what they would say in an encounter with the Pope. We'd probably ask him what the trouble with him is...

8.00 The Trouble with the Pope

D'oh! Too late.

9.00 My Family's Crazy Gap Year

A family sail from England to Australia.

10.00 Jamie's American Food Revolution

NEW Jamie Oliver promotes healthy eating in West Virginia. The big spoilsport.

11.00 This Is England '86

Four-part follow-up to Shane Meadows' film *This Is England*. It's ace, too. (R)

12.00m't Rita, Sue and Bob Too

FILM Comedy drama starring Michelle Holmes.

1.45am **PREMIERE** Firaag: Indian drama. **3.35** **FILM** Whirlpool: Melodrama. **5.15-6.05am** Hill Street Blues (R)

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Miami (R) **12.40pm** Five News **12.45** Chinese Food in Minutes (R) **1.15** House Doctor (R) **1.45** Neighbours **2.15** Home and Away **2.50** The Family Recipe **2.55** Animal Rescue Squad (R) **3.15** **FILM** First Shot: The President is Down: Thriller sequel. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 Five News at 7

7.30 How Do They Do It?

Robert Llewellyn visits a Tokyo racecourse that's home to an outdoor telly 2,000 times bigger than the average domestic set. Imagine playing Fifa 10 on that!

8.00 The Gadget Show

The Robocup, in which fully autonomous robots compete in football games. Twenty-two Alan Shearers then.

9.00 Swordfish

FILM Action thriller starring John Travolta and Hugh Jackman.

11.05 RoboCop 2

FILM Sequel from 1990 in which the cyborg law enforcer battles a deranged drug lord, all the while dreaming of sticking in the winning goal in a Robocup final sometime in the future.

1.15am SuperCasino **4.05** Chinese Food (R) **4.30** House Doctor (R) **4.55** Rough Guide to Cities (R) **5.10** New Tomorrow (R) **5.35-6.00am** Wild Challenge (R)

REGIONAL VARIATIONS

BBC1 SCOTLAND: 7.30pm Magic or Medicine - Homeopathy on the NHS **BBC1 NORTHERN IRELAND:** 10.35pm Special Deliveries **11.05** Traffic Cops **12.05am** **FILM** The Great Raid **BBC1 WALES:** 7.30pm **NEW** X-Ray **10.35** Rhod Gilbert's Work

Experience **11.05** Traffic Cops **12.05am** **FILM** The Great Raid **BBC2 SCOTLAND:** 11.00pm Newsnight Scotland, Weather **11.20** **SPORT** Blair Castle International Horse Trials **12.20am** Roger & Val Have Just Got In **BBC2 NORTHERN IRELAND:**

10.00pm European Pipe Band Championships **11.20** Stormont Today **11.50** Grandma's House **12.20am** Roger & Val Have Just Got In **12.50** Timothy Spall: Somewhere at Sea **BBC2 WALES:** **11.50pm** Mad Men **12.35am** Timothy Spall:

Somewhere at Sea **1.35-4.00am** BBC News **STV:** **9.00pm** Help! I Caught It Abroad **2** **10.30** STV News **10.40** Children's Hospital **11.10** Oran na Mna **11.45** Coairean **12.15am** Brain Box **1.00** The Jeremy Kyle Show **2.00-5.30am** The Nightshift **ULSTER:**

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans
9.00 Football: Highlights of yesterday's game between Birmingham and Liverpool at St Andrews. (HD)
10.30 **LIVE** Cricket: The opening day of a match from the final round of County Championship matches. (HD)
6.00pm Champions League Weekly (HD)
6.30 Netbusters
7.00 **MUST-SEE** Football: Stoke vs Villa at the Britannia Stadium, kick-off 8pm. (HD)
10.30 Netbusters
11.00 SPL Round-Up
11.30 Soccer AM: The Best Bits: Highlights of Saturday's show.
12.30am Football: The match between Stoke and Aston Villa from earlier. (HD)
2.30 Sports Unlimited
3.30 Watersports World
4.30 Max Power
5.30-6.00am FIFA Futbol Mundial

sky SPORTS 2

6.00am Aerobics
6.30 Ocean Ride
7.00 WWE: Bottom Line (HD)
8.00 Golf (HD)
12.00noon Golf (HD)
1.30pm Spanish Football (HD)
3.30 Football (HD)
5.00 Soccer AM: The Best Bits
6.00 Wild Spirits
6.30 Motorsport: The NASCAR Air Guard 400 from Virginia. (HD)
7.30 **LIVE** Speedway: A meeting from the Elite League play-off semi-finals.
10.00 Poker: Highlights from the recent World Championship event.
11.00 Boots 'n' All
12.00m't Speedway: An Elite League play-off semi-final meeting. (HD)
2.30am Golf
3.30 Golf (HD)
4.30-6.00am Wonderful World of Golf

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

5.35pm The Black Tent: Romantic drama starring Anthony Steel. **7.25** The Man: Comedy starring Samuel L Jackson. **9.00** The Italian Job: Crime thriller remake starring Mark Wahlberg. **11.05** Monster: Fact-based drama starring Charlize Theron. **1.10am** The Lost Son: Drama. **3.10** Frightfest Special: The Last Exorcism **3.15-3.25am** Scott Pilgrim Special

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men **10.00** Lee Evans: Wired and Wonderful -

ESPN

6.30pm Talk of the Terrace **8.00** French Top 14 Rugby Union **10.00** 8.30 Premiership Rugby Union **10.00** NFL: Monday Night Countdown **12.00-6.00am** **LIVE** American Football: New York Jets vs Baltimore Ravens, kick-off 12m't

Live at Wembley **12.15am** Sex and the City **1.25** Two and a Half Men **2.25** South Park **3.25** Grouchy Young Men **3.55** Two and a Half Men **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Merlin **7.45** Doctor Who **8.30** E20 **9.00** Cherry Has a Baby **10.00** EastEnders **10.30** Him and Her **11.00** Family Guy **11.45** Cherry Has a Baby **12.45am** Underage and Pregnant **1.15** Him and Her **1.45** E20 **2.15** Edinburgh Comedy Fest Live **4.15** Underage and Pregnant **4.45-5.15am** The Real Hustle: Celebrity Scammers

E4 (136)

7.00pm Hollyoaks **7.30** Friends **9.00** One Tree Hill **10.00** **MUST-SEE** The Inbetweeners **10.35** **MUST-SEE** School of Comedy **11.05** Shameless **12.10am** A Shot at Love with Tila Tequila **1.05** Scrubs

1.50 Shameless **2.45** A Shot at Love with Tila Tequila **3.30** Joan of Arcadia **4.10** The Hers **4.35-6.00am** Switched

DAVE (111)

7.00pm **SPORT** World Rally **8.00** Top Gear **9.00** QI **10.20** Al Murray: My Gaff, My Rules **11.50** QI **1.10am** Never Mind the Buzzcocks **1.50** Chandon Pictures **2.15** The League of Gentlemen **2.45-3.00am** **SPORT** Radical Highs

MTV (350)

7.00pm The Hills **8.00** MTV Video Music Awards 2010 Pre-show **9.00** **MUST-SEE** MTV Video Music Awards 2010 **11.00** Jersey Shore **1.00am** Jackass **2.00** Nitro Circus **3.00-6.00am** All the Hits

CHANNEL ONE (121)

7.00pm Star Trek: Voyager **8.00** Passport Patrol **9.00** Chuck: The spy has a series of disturbing dreams. **10.00** Criminal Minds

13 SEPTEMBER

MONDAY

FULL 7
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6.00am The Real A&E (R) **6.30** The Real A&E (R) **7.00** Brainiac: Science Abuse (R) (HD) **8.00** Oops TV (R) **9.00** Bondi Vet (R) (HD) **9.30** Bondi Vet (R)(HD) **10.00** Bones (R)(HD) **11.00** Wedding SOS (R)(HD) **11.30** The Secret Guide to Women's Health (R) **12.00noon** Body Language Secrets (R)(HD) **1.00pm** Project Runway (R) **2.00** Bones (R)(HD) **3.00** Stargate SG-1 (R)(HD) **4.00** Stargate SG-1 (R)(HD) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Oops TV: Home videos. (R)(HD) **6.30** The Simpsons (R)

7.00 The Simpsons

Bart befriends a former schoolboy prankster. (R)(HD)

7.30 The Simpsons

With parodies of *Charlie Brown*, *Mad Men* and *Michael Bay's Transformers*. (R)

8.00 The Biggest Loser US

More lardy types try to convince themselves pies are evil. We've got news for them: they're not. (HD)

9.30 My Big Fat Cycle Challenge

A look back at how British Olympic cycling coaches helped four women get fit. (R)

10.00 An Idiot Abroad - The Preview Show

A look ahead to the series following Karl Pilkington as he undertakes an utterly hilarious world tour. (R)(HD)

10.30 Law & Order

Lupo and Bernard investigate the killing of a troubled NYPD officer. (HD)

11.30 Bones

A hoarder's remains are found. (R)(HD)

12.30am Road Wars (R)(HD)

1.25 Night Cops (R)(HD) **2.15** UK Border Force (R)(HD) **3.05** Oops TV (R) **3.30** The 4400 (R)(HD) **4.20** Top Design (R) **5.10-6.00am** Sell Me the Answer (R)(HD)

8.00pm Fabulous Food Adventure **10.30** UTV Live Tonight **11.05** Ladette to Lady **12.00m't** Brain Box **2.30** UTV Rewind **ITV1 WALES: 8.00pm** The Ferret

11.00 Star Trek: Enterprise: *Sci-fi drama.* **12.00m't** Challenge Jackpot **3.00am** Take It or Leave It **4.00-5.00am** Classic Who Wants to Be a Millionaire?

SVFY (129)

7.00pm Buffy the Vampire Slayer **8.00** **FILM** Jack Hunter: The Quest for Akhenaten's Tomb: *Adventure sequel starring Ivan Sergei and Joanne M Kelly.* **10.00** **FILM** Merlin and the Book of Beasts: *Fantasy starring James Callis and Laura Harris.* **11.50** Human Target **1.50am** Fact Checkers Unit **2.00** Mysterious Ways **3.00** Tin Man **4.00** Smallville **5.00-6.00am** Angel

FX (164)

7.00pm NCIS **9.00** Family Guy **10.00** To Catch a Predator **11.00** Dexter: *Debra aids Lundy in his quest to find the killer.* **12.10am** Farscape **1.10** Babylon 5 **2.10** ReGenesis **3.10-4.10am** Water Rats

TODAY'S MUST-SEES



"Welcome to the disco lift!"

The Inbetweeners

E4, 10pm

COMEDY Get in! The third series is finally here! You know the boys as well as you know your own mates by now. There's Will, the geeky one, Simon, the normal one, Jay, the sex-obsessed one and Neil, the thick one. The first of the series is a belter that sees Will trying to shake off the memory of pooping himself in an exam, and Simon bending over backwards to finally get Carli into bed. Welcome back, lads! ★★★★★

NEW SERIES!



"Mum, he's trying to kiss me!"

Stoke City vs Aston Villa

Sky Sports 1/HD, 7pm

SPORT OK, so it's not exactly Man United vs Chelsea, but Stoke are strong at home and Villa will want to erase the memory of losing 6-0 to Newcastle. So this could be ace! ★★★★★



"I was hoping we might adopt someone... younger"

Dragons' Den

BBC2, 9pm

REALITY As the eighth series draws to a close, an entrepreneur reveals an accessory that shows parents how to change their baby's nappy in public. As grand ideas go, we reckon we preferred Reggae Reggae Sauce, to be honest. ★★★★★



"Anyone here own a green Vauxhall Corsa?"

MTV Video Music Awards 2010

9pm, MTV

MUSIC Lady Gaga and Eminem go head to head. But more importantly, can Kanye West avoid making an idiot of himself? ★★★★★



"Another pint of the bad-tache potion, please"

School Of Comedy

E4, 10.35pm

COMEDY This is a sketch show with a difference – it's acted out by kids, and we all know there's nothing funnier than a kid swearing! The overall quality of the sketches is a bit hit-and-miss, but the Museum Perv is bang on and brilliant! ★★★★★

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Helicopter Heroes
10.00 Homes Under the Hammer **11.00**
Filthy Rotten Scoundrels **11.45** Cash in
the Attic (R) **12.15pm** Bargain Hunt **1.00**
BBC News, Weather **1.30** Regional News,
Weather **1.45** Doctors **2.15** Diagnosis
Murder (R) **3.00** BBC News, Weather,
Regional News **3.05** CBBC **5.15** Weakest
Link **6.00** BBC News, Weather **6.30**
Regional News Programmes, Weather

7.00 The One Show
Jason Manford and Alex Jones do topical.

7.30 EastEnders
More Cockney ear-bashing.

8.00 Holby City
"Doctor, doctor, I've got something in my
eye. I stabbed it with the remote control
when I saw this was on!"

9.00 The Young Ones
NEW Really old celebrities stutter on
about the ageing process.
They also forget what they're saying
halfway through the show.

10.00 BBC News, Weather

10.35 My Story
The search for the nation's greatest true
(but mostly sob) stories.

11.05 At First Sight
FILM Romantic drama starring Val
Kilmer about a loved up blind
dude trying to get his sight back.

1.15am Sign Zone: See Hear **1.45** How
to Beat Tough Times **2.45** Ben Fogle's
Escape in Time **3.30** Britain's Empty
Homes **4.00-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30**
Cbeebies **11.30** Open Gardens (R)
12.00noon Daily Politics **12.30pm** GMT
with George Alagiah **1.00** Animal Park (R)
2.00 Wanted Down Under (R) **3.00** Put
Your Money Where Your Mouth Is (R)
3.45 Flog It! **4.30** Pointless **5.15** Escape
to the Country **6.00** Eggheads: Quiz
show. **6.30** Climbing Great Buildings

7.00 Coast (R)
8.00 The Great British Bake Off
Ready! Steady! Bake!

9.00 First Light
Docudrama about Geoffrey Wellum,
one of the RAF's youngest Spitfire pilots,
who faced an intense rite of passage
fighting in the Battle of Britain.

10.20 Mull: Eagle Paradise
A bloke called Gordon Buchanan revisits
his childhood home, to - wait for it - check
out some eagles. Go Gordon! You know
how to have a good time! (R)

10.30 Newsnight

**11.20 The Art of World War
Two: A Culture Show Special** (R)

**12.20am E Numbers:
An Edible Adventure**
Good and bad stuff in your grub. (R)

1.20-4.00am BBC News

itv 1

5.30am ITV News **6.00** Daybreak **8.30**
Lorraine **9.25** The Jeremy Kyle Show
10.30 This Morning **12.30pm** Loose
Women **1.30** ITV News **1.55** Regional
News, Weather **2.00** 60 Minute Makeover
3.00 The Michael Ball Show: *With Michael
Gambon*. **4.00** Inspector Morse (R)
5.00 Britain's Best Dish **6.00** Regional
News, Weather **6.30** ITV News

7.00 Emmerdale
Diane is devastated when Nicola and
Jimmy pull out of the pub sale. We'll take
it off their hands for a princely sum of £3.

7.30 Grimefighters
Grimness including dirty needles. (R)

**8.00 New Who Wants
to Be a Millionaire?**
More people fluke fortunes.

9.00 71 Degrees North
The celebrities are challenged to evacuate
a casualty from mountain terrain.

10.00 ITV News, Weather

10.35 Swingtown
Susan, Tom and Trina make a surprise visit
to the Chicago Playboy Club. Sweet!

11.35 Ladette to Lady
Emotions run high. (R)

12.25am The Zone

2.25 The Rockford Files (R) **3.20** The
Jeremy Kyle Show: *Shouty show*. (R)
4.15-5.30am ITV Nightscreen

4

6.05am Sali Mali (R) **6.10** The Hoobs (R)
7.00 Freshly Squeezed **7.30** Everybody
Loves Raymond (R) **8.25** Frasier (R)
8.55 Friends (R) **9.30** Lakes on a Plate (R)
10.00 The Good Wife (R) **11.00** Desperate
Housewives (R) **12.00noon** Channel 4
News Summary **12.05pm** **FILM** Love Me
or Leave Me: *Musical biopic*. **2.20** Lakes
on a Plate **2.55** Wogan's Perfect Recall
3.25 Countdown **4.10** Deal or No Deal
5.00 Come Dine with Me **5.30** Coach Trip
6.00 The Simpsons **6.30** Hollyoaks

7.00 News
7.55 4thought.tv

**8.00 Celebrity Come
Dine with Me**
Debbie McGee, ex-MP Lembit Opik, Iain
Lee and Jodie Marsh have a cook off.

9.00 Ramsay's Best Restaurant
MUST-SEE The potty-mouthed
chef searches for
Britain's favourite local eatery.

10.00 This Is England '86
MUST-SEE Trouble brews among
Shaun's old friends as
Milky and Woody compete for Lol.

11.05 Alan Davies'
Teenage Revolution
The actor's view on the '80s. (R)

12.10am Late Night Poker
SPORT Six of the world's best
players compete.

1.10 Beach Volleyball **2.05** ITU Triathlon
2.55 Boxing **3.25** British GT **3.50** The
Grid **4.20** World Sport **4.45** Basketball
5.45-6.10am Yo Gabba Gabba

FIVE

6.00am Milkshake! **9.15** The Wright Stuff
10.45 Trisha Goddard (R) **11.45** CSI:
Miami (R) **12.40pm** Five News **12.45**
Chinese Food in Minutes (R) **1.15** House
Doctor (R) **1.45** Neighbours **2.15** Home
and Away **2.50** The Family Recipe (R)
2.55 Animal Rescue Squad (R) **3.10** **FILM**
Surrender Dorothy: *Melodrama starring
Diane Keaton*. **5.00** Five News, Weather
5.30 Neighbours (R) **6.00** Home and
Away (R) **6.25** Live from Studio Five

7.00 Five News at 7
**7.30 How to Take
Stunning Pictures**
NEW There's loads in this very copy
of *Nuts* you're holding! Feast
your eyes on the cover for a start!

**8.00 Nature Shock:
Deadly Rat Invasion**
Rats in India.

9.00 CSI: Miami
MUST-SEE Ryan and Natalia
face trouble.

10.00 CSI: NY
The team try to unravel a series of riddles
in a booby-trapped "death house" where
a mummified corpse is discovered. (R)

**11.00 CSI: Crime Scene
Investigation** (R)

12.00m't NCIS
Abby babysits a nine-year-old while the
rest of the team search for the youngster's
missing father. (R)

12.55am SuperCasino

4.05 Chinese Food in Minutes **4.30**
House Doctor **4.55** Rough Guide to Eco
Escapes **5.10** The New Tomorrow **5.35-
6.00am** Michaela's Wild Challenge (R)

REGIONAL
VARIATIONS

BBC1 SCOTLAND: 8.00pm River City **BBC1**
NORTHERN IRELAND: 10.35pm **NEW** In Cold Blood
11.35 My Story **12.45am** Gears and Tears **BBC1**
WALES: 10.35pm **NEW** New Hotel Stephanie **11.05**
My Story **11.35** **FILM** At First Sight **BBC2 SCOTLAND:**

11.00pm Newsnight Scotland **11.20** **NEW** Talking
Music **11.50** Culture Show Special: The Art of WWII
12.50am E Numbers: An Edible Adventure **1.50-
4.00am** BBC News **BBC2 NORTHERN IRELAND:**
11.20pm Stormont Today **11.50** Culture Show

Special: The Art of WWII **12.50am** Digging for
Britain **1.50-4.00am** BBC News **BBC2 WALES:**
7.00pm Ballet School **7.30** Mastermind **STV:**
8.00pm New Who Wants to Be a Millionaire?
10.30 STV News and Weather **10.40** Ladette to

Lady **11.40** Politics Now **12.10am** Brain Box **1.00**
SPORT UEFA Champions League Weekly **1.30** The New
Statesman **2.00-5.30am** The Nightshift **ULSTER:**
10.30pm UTV Live Tonight **11.00** The Issue
12.00m't Brain Box **3.25-4.15am** Jeremy Kyle

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans
9.00 Netbusters
9.30 Soccer AM: The Best Bits
10.30 **LIVE** Cricket: *The second day of
a match from the final round of County
Championship fixtures*. (HD)
6.00pm Spanish Football (HD)
7.00 Sky Sports News at Seven
7.30 Soccer Special (HD)
10.30 Countdown to the 2010 Ryder
Cup: *A look ahead to the tournament*.
11.00 Spanish Football: *Highlights of the
latest La Liga matches*. (HD)
12.00m't A-League
12.30am Football (HD)
1.30 Countdown to the 2010 Ryder Cup
2.00 Spanish Football (HD)
3.00 Football Asia
3.30 Football (HD)
4.30 A-League
5.00-6.00am Spanish Football (HD)

sky SPORTS 2

6.00am Aerobics **6.30** Ocean Ride
7.00 Football (HD)
9.00 Speedway (HD)
11.30 SPL Round-Up
12.00noon Soccer AM: The Best Bits
1.00pm Football (HD)
3.00 Netbusters
3.30 Soccer AM: The Best Bits
4.30 SPL Round-Up
5.00 Netbusters
5.30 Football Asia
6.00 Challenge Series Golf
6.30 Countdown to the 2010 Ryder Cup
7.00 **MUST-SEE** Football: *Man United vs
Rangers, kick-off 7.45pm*. (HD)
10.00 Football (HD)
11.00 Poker (HD)
1.00am Sports Unlimited
2.00 Challenge Series Golf
2.30 Great Run Series
3.00-3.30am Spirit of Yachting

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

6.15pm Independence Day: *Sci-fi
adventure starring Will Smith*. **9.00**
What's Love Got to Do with It: *Biopic
starring Angela Bassett and Laurence
Fishburne*. **11.15** Hear My Song: *Comedy
starring Adrian Dunbar*. **1.20am** Election:
Crime thriller starring Simon Yam. **3.15**
Frightfest Special: The Last Exorcism
3.20-3.30am Scott Pilgrim Special

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Scrubs
9.00 Two and a Half Men **10.00** Grouchy
Young Men **10.30** Lee Evans Live From

ESPN **7.45pm** ESPN
Game of the Week
8.15 Football:

Including Serie A Kicks. **10.00** Pardon the
Interruption **10.30** Poker **11.30** Football
1.00am Press Pass 2010 **1.30** ESPN
Game of the Week **2.00** Football

the West End **12.00m't** Sex and the
City **1.10am** Two and a Half Men **2.10**
Samantha Who? **3.10** South Park **4.05**
Shortcuts Shuffle **4.20** The King of
Queens **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Total Wipeout **8.00** Cherry
Has a Baby **9.00** Don't Tell the Bride
10.00 EastEnders **10.30** Ideal **11.00**
Family Guy **11.45** Don't Tell the Bride
12.45am Bizarre ER **1.45** Ideal **2.15** Total
Wipeout **3.10** Alice and Her Six Dads
4.10-5.10am Cherry Has a Baby

E4 (136)

7.00pm Hollyoaks **7.30** Friends **9.00**
Smallville **10.00** The Cleveland Show
10.30 The Ricky Gervais Show: *Topics
include alien mind-readers*. **11.00** King
of the Hill **12.00m't** Scrubs **1.00am** The
Ricky Gervais Show **1.30** The Cleveland
Show **1.55** King of the Hill **2.40** Joan of

Arcadia **3.25** Samantha Who? **4.05**
The Hills **4.30-6.00am** Switched

DAVE (111)

7.00pm Full Circle with Michael Palin
8.00 Top Gear **9.00** Mock the Week
10.20 Al Murray: A Glass of White Wine
for the Lady **11.40** Mock the Week
1.00am Louis Theroux: Under the Knife
2.00 The League of Gentlemen: *Comedy*.
2.30-3.00am Whose Line Is It Anyway?

MTV (350)

7.00pm The City **8.00** Teen Mom **9.00**
MTV Video Music Awards 2010: *From Los
Angeles*. **11.00** Disaster Date **12.00m't**
South Park **1.00am** Jackass **2.00** Nitro
Circus **3.00-6.00am** All the Hits

CHANNEL ONE (121)

7.00pm Star Trek: Voyager **8.00** Nothing
to Declare **9.00** Trawlers, Rigs & Rescue:
North Sea **10.00** Danny Dyer's Deadliest

NEW
ISSUE
ON SALE
TODAY!

14 SEPTEMBER

TUESDAY

FULL 7
DAY TV
GUIDE!

sky1

6.00am The Real A&E (R) 6.30 The Real A&E (R) 7.00 Brainiac: Science Abuse (R) (HD) 8.00 Oops TV (R) 9.00 Bondi Vet (R)(HD) 9.30 Bondi Vet (R)(HD) 10.00 Bones (R)(HD) 11.00 Wedding SOS (R) (HD) 11.30 Brain Doctors (R) 12.00noon Body Language Secrets (R)(HD) 1.00pm Project Runway (R) 2.00 Bones (R)(HD) 3.00 Stargate SG-1 (R)(HD) 4.00 Stargate SG-1 (R)(HD) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV (R)(HD) 6.30 The Simpsons (R)

7.00 The Simpsons

Grampa bumps into a newspaper columnist who becomes fascinated with his life. Someone's got to be. (R)(HD)

7.30 The Simpsons

A series of flashbacks charts Homer and Marge's rocky marriage. (R)

8.00 The Little Couple

Following 4ft tall newlyweds Bill Klein and Jen Arnold. (R)

9.00 Batman Returns

FILM Amazing sequel to Tim Burton's *Batman* where the star of the show has to be Michelle Pfeiffer's Catwoman. She's so hot.

11.25 House

The medic and his team try to solve the case of a ballerina whose lungs collapsed during a performance. Ouch! (R)(HD)

12.25am Road Wars

The Road Crime Unit tracks a car loaded with drugs. (R)(HD)

1.25 Night Cops 2.15 UK Border Force 3.05 Oops TV: Narrated by J.L.C. 3.30 The 4400 4.20 Crash Test Dummies 5.10-6.00am Sell Me the Answer

Men 11.00 Star Trek: Enterprise 12.00m't Roulette Nation 3.00am Take It or Leave It 4.00-5.00am Classic Who Wants to Be a Millionaire?

SVFY (129)

7.00pm Buffy the Vampire Slayer 8.00 A Town Called Eureka 9.00 **FILM** Lost Colony: The Legend of Roanoke: Horror starring Adrian Paul. 10.50 **FILM** Titanic 2: Disaster movie starring Bruce Davison. 12.40am **FILM** Attack of the Gryphon: Fantasy adventure starring Jonathan LaPaglia. 2.30 3rd Rock from the Sun 3.00 Legend of the Seeker 4.00 Smallville 5.00-6.00am Angel

FX (164)

7.00pm NCIS 9.00 Better Off Ted 10.00 Family Guy 11.00 True Blood: The serial killer strikes again. 12.05am Farscape 1.05 Babylon 5 2.05 ReGenesis 3.05-4.05am Water Rats

TODAY'S MUST-SEES

They teamed up to give Corden a hug



CHAMPIONS LEAGUE!

Man United vs Rangers

Sky Sports 2/HD, 7pm

SPORT Two British teams kickstart their Champions League campaigns – against each other! Neither side set last year's competition alight but we really fear for the Scots this time around, with Valencia in the same group. We don't fancy their chances here, either. United have begun the season well and while they have Rooney and Berbatov up front, Rangers' star striker is James Beattie. Could be a long night for them. ★★★★★



"I could've sworn it said 35 minutes in the microwave!"

CSI: Miami

Five, 9pm

DRAMA Horatio and the rest of the CSIs have their work cut out this week, trying to solve the murder of a bloke who's been poisoned and dumped in the boot of a car. Compelling drama but as usual, we're glad it's them and not us! ★★★



Bad Hair Club met for their weekly meeting

This Is England '86

Channel 4, 10pm

DRAMA In this follow-up to the 2006 cinema hit, the youngsters are three years older and Shaun needs to decide what to do with his life amid rife unemployment. Superb drama. ★★★★★



Ramsay's Best Restaurant

Channel 4, 9pm

REALITY Ramsay tries to find Britain's best eatery. Sound boring? Not if you turn it into a drinking game! Every time he claps his hands, furrows his brow or swears, take a drink. Ace! ★★★

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6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Helicopter Heroes **10.00** Homes Under the Hammer **11.00** Filthy Rotten Scoundrels **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Diagnosis Murder (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.30** Daily Politics **1.00pm** See Hear **1.30** Animal Park (R) **2.00** Wanted Down Under (R) **3.00** Put Your Money Where Your Mouth Is (R) **3.45** Flog It! **4.30** Pointless **5.15** Escape to the Country **6.00** Eggheads **6.30** Climbing Great Buildings: From Blenheim Palace.

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News **2.00** 60 Minute Makeover **3.00** The Michael Ball Show **4.00** Inspector Morse (R) **5.00** Britain's Best Dish **6.00** Regional News, Weather **6.30** ITV News

4

6.10am The Hoobs (R) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R) **8.30** Frasier (R) **8.55** Friends (R) **9.30** Lakes on a Plate (R) **10.00** The Good Wife (R) **11.00** Desperate Housewives (R) **12.00noon** Channel 4 News Summary **12.05pm** In Your Dreams (R) **12.15** **FILM** The Band Wagon: Musical starring Fred Astaire. **2.20** Lakes on a Plate **2.55** Wogan's Perfect Recall **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Coach Trip **6.00** The Simpsons **6.30** Hollyoaks

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Miami (R) **12.40pm** Five News **12.45** Chinese Food in Minutes (R) **1.15** House Doctor (R) **1.45** Neighbours **2.15** Home and Away **2.50** The Family Recipe (R) **2.55** Animal Rescue Squad (R) **3.10** **FILM** Love's Long Journey: Western sequel starring Erin Cottrell. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 The One Show

Topical chat.

7.30 Bang Goes the Theory

Geeky experiments.

8.00 Waterloo Road

The arrival of a new student causes grief.

9.00 The Young Ones

A load of wrinkly celebs try to recapture the "good old days".

10.00 BBC News, Weather

10.35 The National

Lottery Draws
More from the balls of plenty.

10.45 Reggie Perrin

A business trip tests Reggie's loyalty. (R)

11.15 The Best Man

FILM An author falls for his friend's fiancée after agreeing to be the best man at their wedding. Oops.

12.50am Sign Zone: Dragons' Den

A pitch for a remote control in the form of a magic wand. Brilliant! (R)

7.00 Benedict: Trials of a Pope

Heavy going religious stuff.

8.00 The Hairy Bikers:

Mums Know Best

Family recipes passed down through generations. Mmm. (R)

9.00 The Big School Lottery

The children begin their new schools.

10.00 Later 250 -

with Jools Holland

NEW Get the cocktail sausages and party hats at the ready - the show celebrates its 250th episode with performances by the Manics, Klaxons and Mark Ronson & the Business Intl. Ace!

10.30 Newsnight

11.20 Bobby Moore: World Cup Hero

A tribute to the footie great. (R)

12.10am Gareth Malone's Extraordinary School for Boys

A project to inspire boys who dislike education. Zzzzzzz. (R)

7.00 Emmerdale

Egg-laying nonsense. Not to worry - the football's on in half an hour.

7.30 UEFA Champions League

MUST-SEE Told you. The opening Group H match between Arsenal and Portuguese outfit SC Braga at the Emirates, kick-off 7.45pm.

10.00 ITV News, Weather

10.35 UEFA Champions League: Extra Time

SPORT A Champions League overload with action from MSK Zilina vs Chelsea, Arsenal vs SC Braga, Man United vs Rangers and Werder Bremen vs Spurs. Cool!

12.25am The Zone

Time for bed.

7.00 News

7.55 4thought.tv

8.00 Food

NEW New series about various beverages. Not really.

9.00 Grand Designs

NEW Creating a posh pad on the Isle of Wight.

10.00 Michael Jackson and Bubbles: The Untold Story

It's the angle we've all been holding out for - the complex relationship between Wacko and his pet chimp.

11.05 Alien

MUST-SEE Classic sci-fi horror starring Sigourney Weaver. Of course you've seen it before, but it's always worth another look...

1.20am Music 1.35 **FILM** Beyond JFK **3.10** Laid Off (R) **3.20** Fairy Jobmother (R) **4.15** Night Walking **4.20** **FILM** The Men **5.45-6.30am** Countdown (R)

7.00 Five News at 7

7.30 Michaela's Zoo Babies

Rumpy-pumpy in zoos around the UK. (R)

8.00 Emergency Bikers

A schoolboy is hit by a car, and the paramedics are called to a canal boat.

9.00 NCIS

A Marine escapes from a psychiatric unit, convinced he's still fighting in Iraq. (R)

10.00 Law & Order:

Criminal Intent

More bother as Logan and Falacci investigate the murder of a jury witness.

11.00 Law & Order

A bounty hunter is murdered. (R)

11.55 Poker

SPORT Shade-wearing antics with the Big Game IV.

12.55am SuperCasino

Roulette-based ruination.

REGIONAL VARIATIONS

BBC1 SCOTLAND: 7.30pm The Beechgrove Garden **BBC1 NORTHERN IRELAND: 10.45pm** **NEW** Our William **11.15** Reggie Perrin **11.45** **FILM** The Best Man **1.20am** Sign Zone: My Story **BBC2 SCOTLAND: 11.00pm** Newsnight Scotland, Weather **STV:**

12.25am Brain Box **1.00** The Jeremy Kyle Show **2.00-5.30am** The Nightshift **ULSTER: 10.30pm** UTV Live Tonight **11.05** **SPORT** Champions League: Extra Time **12.50am** Brain Box **2.30am** UTV **Rewind 2.35** **FILM** Ready When You Are, Mr McGill

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans **9.00** Countdown to the 2010 Ryder Cup: A look ahead to this year's tournament. **9.30** Football (HD) **10.30** **LIVE** Cricket: The third day of a big County Championship match. (HD) **6.00pm** Boots 'n' All **7.00** Sky Sports News at Seven **7.30** Soccer Special: Pre-match reports and news of all tonight's goals. (HD) **10.00** You're on Sky Sports! **11.30** FIFA Futbol Mundial **12.00m't** Total Rugby: A round-up of recent rugby union matches. **12.30am** Football: Action from the week's Champions League matches. (HD) **1.30** Boots 'n' All **2.30** You're on Sky Sports! **4.00** FIFA Futbol Mundial **4.30** Football (HD) **5.30-6.00am** Total Rugby

sky SPORTS 2

6.00am Aerobics **6.30** Ocean Ride **7.00** WWE: Vintage Collection **8.00** Spanish Football (HD) **9.00** A-League **9.30** Poker (HD) **11.30** Football Asia **12.00noon** Countdown to the 2010 Ryder Cup: Preview of the tournament. **12.30pm** Spanish Football (HD) **1.30** Football (HD) **2.30** Poker (HD) **4.30** Countdown to the 2010 Ryder Cup **5.00** Watersports World **6.00** UEFA Champions League Pre-Game Show: With Richard Keys. (HD) **7.30** **LIVE** Football: MSK Zilina vs Chelsea, kick-off 7.45pm. Excellent! (HD) **10.00** Football (HD) **11.00** Watersports World **12.00m't** Transworld Sport **1.00-3.00** Poker (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

7.15pm Knights of the South Bronx: Drama with Ted Danson. **9.00** Rendition: Political thriller with Reese Witherspoon. **11.20** The 51st State: Action comedy starring Samuel L Jackson. **1.05am** Heat and Dust: Drama. **3.35-3.40am** Frightfest Special: The Last Exorcism

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men **10.00** Sex and the City **11.15** Samantha Who? **12.15am** Two and a Half Men **1.15** South Park: The police think Cartman has psychic powers.

ESPN

7.15pm Kicks **7.45** Press Pass **8.15** Football **10.00** 30 for 30 **11.00** Football **12.15am** Kicks **12.30** Press Pass **1.00** SPL Kicks **1.15** Game of the Week **1.45** Serie A Kicks **2.00** Football **2.30** UFC **3.00-5.00am** **LIVE** UFC

then Stan is harassed by woodland creatures. **2.15** Sex and the City: Aargh! Not this again! **3.25** Grouchy Young Men **3.55** Two and a Half Men **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Great TV Mistakes **8.00** Don't Tell the Bride **9.00** **FILM** Serendipity: Drama. **10.25** Family Guy: Stewie begins working out at the gym. **11.10** American Dad! **11.55** Ideal: Moz falls victim to the charms of Nicki and Tilly. **12.25am** Him and Her **12.55** The Real Hustle: Celebrity Scammers **1.25** Great TV Mistakes **2.25** Ideal **2.55** Him and Her **3.25** The Real Hustle: Celebrity Scammers **3.55-4.55am** Don't Tell the Bride

E4 (136)

7.00pm Hollyoaks **7.30** Friends **9.00** Ugly Betty **10.00** **FILM** Clueless: Teen comedy starring Alicia Silverstone.

12.00m't RuPaul's Drag Race **1.00am** Scrubs **1.55** Joan of Arcadia **3.20** RuPaul's Drag Race **4.05** Samantha Who? **4.30** The Hills **4.50-6.00am** Switched

DAVE (111)

7.00pm Trawlermen **7.30** Seaside Rescue **8.00** Top Gear: The team try Russian roulette road-testing. **9.00** Red Dwarf: Lister gets marooned on an arctic moon. **10.20** Al Murray: Comedy with the Pub Landlord. **12.05am** Red Dwarf **1.20** The League of Gentlemen: Pauline approaches Ross about her job prospects. **2.00** Cooking in the Danger Zone **2.25-3.00am** Never Mind the Buzzcocks

MTV (350)

7.00pm The City **8.00** Teen Mom **9.00** The Hard Times of RJ Berger **10.00** Jersey Shore **11.00** MTV Video Music Awards 2010 **1.00am** Jackass **2.00** Nitro Circus **3.00-6.00am** All the Hits

15 SEPTEMBER

WEDNESDAY

FULL 7
DAY TV
GUIDE!

sky1

6.00am Body Language Secrets (R)(HD)
7.00 Brainiac: Science Abuse (R)(HD)
8.00 Oops TV (R) 9.00 Lion Man (R)
9.30 Lion Man (R) 10.00 Bones (R)(HD)
11.00 Wedding SOS (R) 11.30 Babies
at Risk (R) 12.00noon First Love (R)
1.00pm Project Runway (R) 2.00 Bones
(R)(HD) 3.00 Stargate SG-1 (R)(HD) 4.00
Stargate SG-1 (R)(HD) 5.00 Malcolm in
the Middle (R) 5.30 Futurama: *Monster
Yivo takes control of the Earth.* (R) 6.00
Oops TV (R)(HD) 6.30 The Simpsons:
A Hollywood star visits Springfield. (R)

7.00 The Simpsons

Marge and Homer rent an apartment in a posh area to give the kids a better education, and Bart soon establishes a bad boy image at his new school. (R)(HD)

7.30 The Simpsons

Marge and Lisa discuss examples of strong women. (R)(HD)

8.00 Vet Adventures

Luke Gamble visits Costa Rica. (HD)

9.00 Must Be the Music

It's semi-finals time... (R)(HD)

10.15 Must Be the Music - Meet the Finalists

The six acts who will perform. (R)(HD)

11.00 An Idiot Abroad - The Preview Show

A look ahead to the series following Karl Pilkington around the world. (R)(HD)

11.30 Michael Jackson's Private Home Movies**12.00m't Michael Jackson's Private Home Movies****12.30am Road Wars (R)(HD)**

1.25 Night Cops (R) 2.15 UK Border Force (R)(HD) 3.05 Oops TV (R) 3.30 The 4400 (R)(HD) 4.20 Crash Test Dummies (R)(HD) 5.10-6.00am Sell Me the Answer (R)(HD)

CHANNEL ONE (121)

7.00pm Star Trek: Voyager 8.00 Brit Cops: Zero Tolerance 9.00 Criminal Minds 11.00 Medium 12.00m't Roulette Nation: *Gambling action.* 3.00am Take It or Leave It 4.00-5.00am Classic Who Wants to Be a Millionaire?

SYFY (129)

7.00pm Buffy the Vampire Slayer 8.00 **FILM** Lightning Strikes: *Thriller starring Kevin Sorbo.* 9.40 **FILM** Polar Storm: *Disaster thriller.* 11.30 **FILM** Disaster Zone: *Volcano in New York* 1.20am 3rd Rock from the Sun 1.50 Mysterious Ways 3.00 Legend of the Seeker 4.00 Smallville 5.00-6.00am Angel

FX (164)

7.00pm NCIS 9.00 American Dad! 10.00 Burn Notice 11.00 Dexter 12.10am Farscape 1.10 Babylon 5 2.10 ReGenesis 3.10-4.10am Water Rats

TODAY'S MUST-SEES

"Sssh! We've only just got Theo off to sleep!"



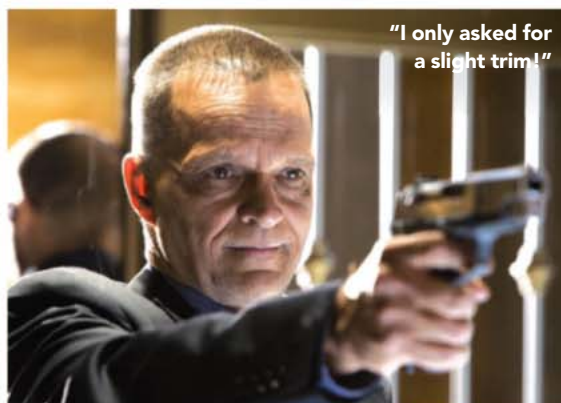
RACE TO WEMBLEY!

Arsenal vs Braga

ITV1, 7.30pm

SPORT

Sit back, Gunners fans, and enjoy the prospect of a nice comfy Champions League stroll against the Portuguese outfit... actually, hold that thought. Braga may be the underdogs tonight as Group H gets under way, but they saw off Seville and Celtic to get this far, so Wenger's men need to be wary as they bid to get their campaign off to a good start. You can also catch Chelsea at Slovakian side MSK Zilina over on Sky Sports 2. ★★★★★



"I only asked for a slight trim!"

Dark Blue

Five USA, 10pm

DRAMA

Moody new police drama from Jerry "CSI" Bruckheimer, starring Dylan McDermott as undercover detective Carter Shaw. Tonight, one of Carter's detectives is filmed dumping the body of a federal agent. Oops! ★★★



Another potential owner turned a blind eye to Rex

Alien

Channel 4, 11.05pm

FILM

If you haven't seen this, you're missing out! This classic film set new standards for both sci-fi and horror. The crew of a spacecraft unwittingly take on board a deadly alien. Watch it just to see the chest-bursting scene in all its glory! ★★★★★



"What do you mean this isn't a relaxing massage?"

The Island

ITV2, 10pm

FILM

This sci-fi action thriller is enjoyable tosh with Ewan McGregor on the run in a futuristic world. But what really sets it apart is the utterly delectable Scarlett Johansson who spends a lot of her time in a skintight bodysuit. Yay! ★★★



6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Helicopter Heroes
10.00 News The Queen Welcomes the Pope **10.05** The Pope's Visit 2010: Edinburgh - The Queen Welcomes the Pope **1.00pm** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Diagnosis Murder (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.30** Open Gardens (R) **12.00noon** Daily Politics **12.30pm** GMT with George Alagiah **1.00** Animal Park (R) **1.30** **FILM** Four Minutes: *Sports drama*. **3.00** Put Your Money Where Your Mouth Is (R) **3.45** Flog It! **4.30** Escape to the Country (R) **5.00** The Pope's Visit 2010

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover: *From Milton Keynes*. **3.00** The Michael Ball Show **4.00** Inspector Morse (R) **5.00** Britain's Best Dish **6.00** Regional News, Weather **6.30** ITV News

4

6.30am Sali Mali (R) **6.35** The Hoobs (R) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R) **8.25** Frasier (R) **8.55** Friends (R) **9.30** Lakes on a Plate (R) **10.00** The Good Wife (R) **11.00** Desperate Housewives (R) **12.00noon** Channel 4 News Summary **12.05pm** In Your Dreams (R) **12.15** **FILM** Brigadoon: *Musical fantasy starring Gene Kelly*. **2.20** Lakes on a Plate **2.55** Wogan's Perfect Recall **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Coach Trip **6.00** The Simpsons **6.30** Hollyoaks

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Miami (R) **12.40pm** Five News **12.45** Chinese Food in Minutes (R) **1.15** House Doctor (R) **1.45** Neighbours **2.15** Home and Away **2.50** The Family Recipe (R) **2.55** Animal Rescue Squad (R) **3.10** **FILM** The Tenth Circle: *Mystery thriller starring Kelly Preston*. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 The One Show
7.30 EastEnders

8.00 Watchdog
Doggy mechanics caught on camera.

9.00 The Young Ones
The six celebrities bid farewell to 1975. Wow! So they have a time machine? Sadly not - they're just trying to recapture their heydays, unfortunately. Boo!

10.00 BBC News, Weather

10.35 Question Time
NEW A Labour leadership special with all the candidates. Interested? No, we didn't think so.

11.35 K2
FILM Mountain adventure about two friends who join an expedition to scale the world's most dangerous mountain. The big loons!

1.25am Sign Zone: Panorama (R) **1.55** Countryfile (R) **2.55** Ben Fogle's Escape in Time (R) **3.40** Britain's Empty Homes (R) **4.10-6.00am** BBC News

7.30 Coast
The story of the first Channel swimmer. (R)

8.00 James Wong and the Malaysian Garden
Gardening gubbins.

9.00 Gareth Malone's Extraordinary School for Boys
The choirmaster tries to get the boys interested in reading. Give them Nuts!

10.00 Mock the Week
With Stewart Francis and Ed Byrne.

10.30 Newsnight
11.20 Ride of My Life: The Story of the Bicycle
We'd rather watch Lucy Pinder: *The Story of Her Boobs*. If only it had been made.
12.20am Glastonbury 2010
Featuring Gorillaz, Muse, Vampire Weekend, Dizzee Rascal and Faithless. (R)

2.20-4.10am BBC News

7.00 Emmerdale
The cows declare war on the goats.

7.30 Keeping the Faith?: Tonight
Religious docu.

8.00 Emmerdale
The goats second guess the cows and take them out with grenades.

8.30 Coronation Street
Terraced-house twaddle.

9.00 Law & Order: UK
Steel pushes the boundaries of the law to the limit to prosecute a convicted serial rapist accused of killing a 16-year-old girl.

10.00 ITV News, Weather

10.35 On Deadly Ground
FILM Typical Steven Seagal actioner. This time he's a tough firefighter out to save Alaskan natives.

12.30am The Zone

2.30 The Jeremy Kyle Show (R) **3.25** Keeping the Faith?: Tonight (R) **3.50-5.30am** ITV Nightscreen

7.00 News
7.55 4thought.tv

8.00 Location, Location, Location
NEW Phil Spencer and Kirstie Allsopp help more indecisive types choose between loads of homes.

9.00 Alan Davies' Teenage Revolution
The frizzy-haired one looks at '80s politics.

10.00 True Blood
MUST-SEE Amazing second series of the cult US show, from the same channel that brought you *The Wire* and *The Sopranos*.

11.20 Aliens
MUST-SEE Sci-fi action blockbuster starring Sigourney Weaver as Ripley, who returns to the alien-infested planet with a company of marines. Brilliant film!

2.10am Fairy Jobmother **3.05** This Is Me **3.10** Trouble with the Pope (R) **4.05** Cameron's Black Tory **5.00** Countdown (R) **5.45-6.10am** Yo Gabba Gabba (R)

7.00 Five News at 7

7.30 UEFA Europa League Football
MUST-SEE The Europa League Group K match between Woy Hodgson's Liverpool and Romanians Steaua Bucharest, kick-off 8.05pm. OK, so it's not the Champions League, but this could be fun anyway.

10.10 Outlaw
FILM Vigilante thriller starring Sean Bean, Danny Dyer and Bob Hoskins. A group of would-be outlaws decide to mete out their own brand of justice to Britain's criminals. It's OK.

12.10am SuperCasino
We've got a good feeling about Red 32!

4.05 Chinese Food in Minutes (R) **4.30** House Doctor (R) **4.55** Rough Guide to Beaches (R) **5.10** The New Tomorrow (R) **5.35-6.00am** Wild Challenge (R)

REGIONAL VARIATIONS

BBC1 NORTHERN IRELAND: **11.35pm** Hearts and Minds **12.05am** BBC News **12.25** Sign Zone: Victorian Pharmacy **BBC2 SCOTLAND:** **11.00pm** Newsnight Scotland, Weather **BBC2 NORTHERN IRELAND:** **7.30pm** Hearts and Minds **STV:** **9.00pm**

Underbelly: A Tale of Two Cities **10.30** STV News and Weather **10.40** The Pope's Visit **12.00m't** Brain Box **1.00am** The Jeremy Kyle Show **2.00-5.30am** The Nightshift **ULSTER:** **7.30pm** The Seven Thirty Show **10.30** UTV Live Tonight **11.05** Keeping the Faith?

Tonight **11.30** Children's Hospital **12.00m't** Brain Box **ITV1 WALES:** **7.30pm** The Captain's Climb **10.35** Keeping the Faith? Tonight **11.05** The Wales Show **11.35** I Was There **12.05am** Countrywise

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans
9.00 FIFA Futbol Mundial
9.30 Football: *Action from recent Champions League matches*. (HD)
10.30 **LIVE** Cricket: *The final day of the County Championship season*. (HD)
6.00pm Ringside Special
7.00 Sky Sports News at Seven
7.30 Premier League World (HD)
8.00 The Rugby Club (HD)
9.00 Ringside Special: *A look ahead to the Magnificent Seven event*.
10.00 Time of Our Lives: *Stars of the '70s Welsh rugby union team reminisce*.
11.00 The Rugby Club (HD)
12.00m't Ringside Special
1.00am Time of Our Lives
2.00 Premier League World: *The latest top-flight news*. (HD)
2.30-6.00am Snooker: *The second round from Plymouth Pavilions*.

sky SPORTS 2

6.00am Aerobics **6.30** Ocean Ride **7.00** WWE: Experience (HD) **8.00** Boots 'n' All **9.00** Watersports World **10.00** Transworld Sport **11.00** Aerobics **11.30** Racing News **12.00noon** Total Rugby **12.30pm** Football (HD) **1.30** FIFA Futbol Mundial **2.00** Boots 'n' All **3.00** Watersports World **4.00** Football (HD) **5.00** Boots 'n' All **6.00** Wakestock 2010 **6.30** Race World **7.30** **LIVE** Snooker: *Premier League action with Mark Selby vs Mark Williams and Ronnie O'Sullivan vs Ding Junhui*. **11.00** Golf (HD) **12.30am** Golfing World **1.30** IAAF Athletix Weekly **2.00** Sailing **2.30-4.00am** Golf (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

6.50pm Made in America: *Romantic comedy starring Whoopi Goldberg and Ted Danson*. **9.00** Mission: Impossible 3: *Action thriller sequel starring Tom Cruise*. **11.20** Jackass Number Two: *Comedy sequel starring Johnny Knoxville*. **1.10am** Zatoichi: *Revenge thriller directed by and starring Takeshi Kitano*. **3.25** Frightfest Special: *The Last Exorcism* **3.30-3.40am** Scott Pilgrim Special

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men **10.00** **FILM**

ESPN **6.45pm** Press Pass **2010 7.15** **LIVE** Football: *A Europa League match*. **10.30** Goal! **11.00** MMA Live **11.45** UEFA Highlights **1.45am** SPL Kicks **2.00** **LIVE** Major League Soccer **4.00** Kicks Extra **4.15-5.15am** 30 for 30

Maid in Manhattan: *Romantic comedy starring Jennifer Lopez*. **12.00m't** Sex and the City **1.15am** Two and a Half Men **2.15** Rules of Engagement **3.15** South Park **4.10** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Top Gear **8.00** Beckii: *Schoolgirl Superstar at 14* **9.00** Britain's Most Disgusting Drinks **10.00** EastEnders **10.30** **MUST-SEE** The King Is Dead: *Guests include Chloe Madeley*. **11.00** Family Guy **11.45** Him and Her **12.15am** Britain's Most Disgusting Drinks **1.15** The King Is Dead **1.45** E20 **2.15** Beckii: *Schoolgirl Superstar at 14* **3.10** Cherry Has a Baby **4.10** E20 **4.40-5.10am** Him and Her

E4 (136)

7.00pm Hollyoaks **7.30** Friends **9.00** The Big Bang Theory **9.30** How I Met Your Mother **10.00** Accidentally on Purpose

10.30 The Inbetweeners: *Simon takes part in Carl's fashion show*. **11.00** School of Comedy **11.30** Facejacker: *Ace pranks*. **12.05am** Scrubs **1.05** Accidentally on Purpose **1.30** Facejacker **2.00** Joan of Arcadia **4.10** Samantha Who? **4.30** The Hills **4.50-6.00am** Switched

DAVE (111)

7.00pm Dragons' Den: *Where Are They Now?* **8.00** Top Gear **9.00** Would I Lie to You?: *Trisha Goddard and Frankie Boyle guest*. **10.20** Al Murray: *Beautiful British Tour Live at the O2* **12.35am** Would I Lie to You? **1.55** Chandon Pictures **2.20-3.00am** The League of Gentlemen

MTV (350)

7.00pm The City **8.00** Teen Mom **9.00** MTV Video Music Awards 2010: *From Los Angeles*. **11.00** Disaster Date **12.00m't** South Park **1.00am** Jackass **2.00** Nitro Circus **3.00-6.00am** All the Hits

16 SEPTEMBER

THURSDAY

FULL 7
DAY TV
GUIDE!

sky1

6.00am Body Language Secrets (R)(HD)
7.00 Brainiac: Science Abuse (R)(HD)
8.00 Oops TV (R) 9.00 Lion Man (R)
9.30 Lion Man (R) 10.00 Bones (R)(HD)
11.00 Wedding SOS (R)(HD) 11.30
Medical Emergency (R) 12.00noon
Body Language Secrets (R)(HD) 1.00pm
Project Runway (R) 2.00 Bones (R)(HD)
3.00 Stargate SG-1 (R)(HD) 4.00 Stargate
SG-1 (R)(HD) 5.00 Malcolm in the
Middle (R) 5.30 Futurama (R) 6.00
Oops TV (R)(HD) 6.30 The Simpsons (R)

7.00 The Simpsons

Marge mistakenly takes a job at an erotic bakery. Show us your doughnuts! (R)

7.30 The Simpsons

Lisa learns she is good at crosswords and enters a contest. (R)

8.00 The Real A&E

Like *Casualty*, only with real blood and snapped bones! (R)(HD)

8.30 Real Filth Fighters

Following Britain's specialist clean-up teams in their daily war against the country's grime. Urgh. (R)

9.00 Lie to Me

A reporter is found murdered. (HD)

10.00 Batman Returns

FILM Cracking sequel starring Michael Keaton as Batman, Michelle Pfeiffer as Catwoman and Danny DeVito as The Penguin. Brilliant.

12.25am NCIS: Los Angeles

The team receive a video containing evidence of Special Agent Dominic Vail being held hostage. (R)(HD)

1.25 NCIS (R)(HD) 2.15 Road Wars (R)
(HD) 3.05 Oops TV (R) 3.30 The 4400 (R)
(HD) 4.20 Crash Test Dummies (R)(HD)
5.10-6.00am Sell Me the Answer (R)(HD)

CHANNEL ONE (121)

7.00pm Star Trek: Voyager 8.00
Chuck 9.00 The X-Files 10.00 Ghost
Whisperer 11.00 Star Trek: Enterprise
12.00m't Roulette Nation 3.00am
Take It or Leave It 4.00-5.00am Classic
Who Wants to Be a Millionaire?

SYFY (129)

7.00pm Buffy the Vampire Slayer
8.05 Tin Man 10.00 A Town Called
Eureka 12.50am **FILM** Lightning Strikes:
Thriller starring Kevin Sorbo and David
Schofield. 2.30 3rd Rock from the
Sun 3.00 Legend of the Seeker 4.00
Smallville 5.00-6.00am Angel

FX (164)

7.00pm NCIS: Double-bill. 9.00 Family
Guy: Double-bill. 10.00 American Dad!
11.00 Better Off Ted 12.00m't
Farscape 1.00am Babylon 5 2.00
ReGenesis 3.00-4.00am Water Rats

TODAY'S MUST-SEES

"Er, yeah,
it's a gun!"



NEW SERIES!

True Blood

Channel 4, 10pm

DRAMA

This is the second series and the vamp comedy/drama is back with a biting bang. To recap, vampires are among us, and living on "true blood", a human blood substitute. This first episode kicks off with a murder and a new character. La Fayette's been kidnapped and there's Bill's new vamp kid Jessica who's really hot for a redhead. Not forgetting main character Sookie, the mind-reading waitress (Anna Paquin) who gets her kit off now and again. Awesome TV! ★★★★★



"Hang on, boss,
just practising my
running man!"

Liverpool vs Steaua Bucharest

Five, 7.30pm

SPORT

Roy Hodgson's men play host to the Romanian outfit in what promises to be a tough Europa League clash at Anfield. ★★★★★



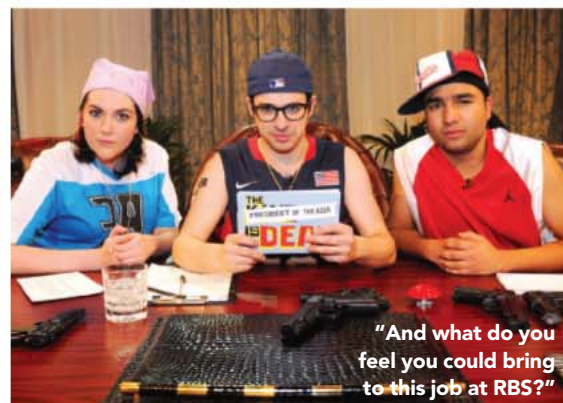
The watergun
fight was
getting intense

Aliens

Channel 4, 11.20pm

FILM

Yes! After the original yesterday, it's time for the awesome action sequel. A company of space marines venture into a distant colony and find almost everybody dead and the whole place over-run with... yup, you guessed it, aliens! ★★★★★



"And what do you
feel you could bring
to this job at RBS?"

The King Is Dead

BBC3, 10.30pm

COMEDY

The Inbetweeners' Briefcase W*inker (aka Simon Bird) hosts this spoof panel show, where a high-profile public figure, like the US President, is apparently dead, leaving three celebs competing to get his job. Amusing. ★★★

SOMETHING HUGE IS COMING TO MTV



SUNDAYS 10PM

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7. Wrong Number - Is that the Massage Parlour?
8. The VAT Office want their £20k ... or else.
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 Cute Brunette Gets Frisky! 376872	 Horny Blondes Kitchen Romp 378701	 Hot Neighbours Bedroom Cam 377661
 Horny Blonde Cover Girl 378720	 Big Boobed Neighbour 376629	 Danielle Lloyd's Frisky Roleplay 372192
 Rude Blonde Strips 374026	 Secretary Seduces Boss! 376407	 Very Hot Strip Tease!! 378789
 Naughty College Girl 379887	 Biker Chick's Huge Pair! 372955	 Frisky Phone Call!! 372976
 Saucy Babes Kitchen Action! 372855	 Frisky Bedroom Blonde 379903	
 Secretary Strips For You 376406	 Uni Student Gets Frisky 378755	
 Rude Brunette Strips 379737	 BB's Chanelle Gets Horny 377299	



Lucy Pinder And Lindsay Strutt Romp	371682
Too Rude Too Describe	373512
Hot Older Babe Unleashes Her Massive Boobs	371623
19yr Student Sleepover Turns Naughty	375669
Stealing My Mates Girlfriend	376873
Very Hot Babe Teases Me So Much!	375924
My Girls Best Mate Got Naked For Me	379118
Older Woman Seduced My Sexy Girlfriend	373642
18 Yr Olds First Uncensored Home Movie	372177
My Naughty Wife Got It On With My Bro	376509
Naughty Nurses Huge Jugs Get Fondled	377295
Lucy Pinder Close Up	376403
Jana In The Bedroom	374777
My Girl And My Ex	376874
Caught My Sisters Mate Playing Outside	376387
Big Boobs Babe Shower Self Play Vid	376412
On Her Back	374778
Mates Sister In The Shower	378624
Local Girls Mum Gets Randy	375602
I Caught My Ex With My New Girl	371633
Older Babe Lets Me Film Her	373865
Danielle Lloyd Strips Off Everything	371238
Busty Blonde Lick	379082
Rosie Jones And Friends Get Frisky For You	379659
2 Students Get It On	376875
Room Mates Get Randy	376146
Seduced By Uni Girls	372092
Naughty Housewife Plays On Cam	376156
My Dads Secretary Likes To Get Naked For Me	379868
Naughty Student Nurse	374393
Saucy Girl Strips On All Fours	374431
My Neighbour Is A Very Frisky Girl!	370828
Sexy Brunette Caught With My Ex	374465
Snatch A Peek	370672
Naughty 19 Year Old	370835
All's First Time On Camera	370504
Brookes Bedroom Play	370509

TEXTALERTS

Inbetweeners - Oooh Friend	371404		Taser Zapping	371655
Quagmire - Giggerty Giggerty	371104		Tardis Noise	373707
The Hangover - Paging Dr F**got	372950		Scooby Laugh	370862
Family Guy - Surfin Bird	371356		Air Raid Siren	378058
Fast & Furious Dump Valve	373846		Inbetweeners - You Bumder!	374183
Team America - Derka Derka	374747		Star Wars Lightsabre On Sound	370655
Die Hard - Yippee Ki Yay...	371360		Stewie - Victory Is Mine	375851
Jokers Laugh	372498		Ewok Growl	379090
Family Guy - Shipooi Song	379391		Looney Tunes Intro	379132
Meerkat - Meerkat Simples	377015		Popeye Laugh	370386
Text On Fire Spoof	374708		Pulp Fiction - Say What Again	379696
The Hangover - Tiger Song	376279		Star Trek Communicator	373700
Achmed - Silence I Kill You	373885		Team America - "Matt Damon"	373812
Peter Griffin Laugh	374956		Rifle Trigger	379521
Superbad - I am McLovin	373183		Yoda Laugh	376654

THEMETUNES

Formula 1	376395		Life On Mars	372416
The Great Escape	372168		The IT Crowd	375380
True Blood	376667		Match Of The Day	376057
Duelling Banjos	373290		Top Gun	377156
Knight Rider	377143		Only Fools & Horses	373188
Walker Texas Ranger	373501		BBC Snooker Theme	376092
MacGyver	370442			
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Meg, Lancashire.

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LIZ
 to 68889

Daze, anywhere UK

 Get my hot pix...and HOT VIDEOS...text
DAZE
 to 68889

Jule, UK (40)

 Hot single woman (40) wants to be contacted by guys 18-35 for fun easy times... Get my hot pix...and HOT VIDEOS Text
JULE
 to 68889

Messages sent in 25p. Messages received only £1.50. Maximum 4 messages per reply.

Milli, 40s North England

 Fun loving naughty women with photos Get my hot pix...text
KISSY
 to 68889

Nat (19) MIDLANDS/UK

 Text me anytime & Get my hot pix...and HOT VIDEOS xxx
NAT
 to 68889

Mell, Belfast NI (18)

 Single and fun loving Looking to hook up soon!
 Get my hot pix...text
MELL
 to 68889

Beth, North East (38)

 Lets have some fun Get my hot pix...text
BETH38
 to 68889

Lib NORTH WEST (21)

 Get my hot pix...and HOT VIDEOS too text
LIB
 to 68889

Carly, 18 UK

 Get my hot pix...and HOT videos text
CARLY
 to 68889

Katherine, WALES

 Can't wait to send you my sexy photos. text anytime 24/7
 Get my hot pix...text
KATHERINE
 to 68889

Janie, SOUTH (41)

 Get my hot pix...text
JANIE
 to 68889

Rita, Wales/UK (45)

 Easy going, fun loving, ask me for my really hot pics!
 Get my hot pix...text
RITA45
 to 68889

Nici, LANCS 38 and HOT!

 Get my hot pix...text
NICI
 to 68889

Kyli 20, SUSSEX

 Get my hot pix and VIDEOS...text
KYLI
 to 68889

Beverly Mids/UK (30s)

 Saucy older woman wants to hear from younger guy 18+. Easy going. Fun loving kind single woman 35 - hopes age doesnt put you off!
 Get my hot pix...and hot videos text
BEVERLY
 to 68889

Polly, 44 UK.

 Experienced woman wants fun! Especially with guy 18-30!
 Get my hot pix...text
POLLY
 to 68889

Tara, UK 47

 Get my hot pix...text
TARA47
 to 68889

WANT FUN NOW?
 Hook up with hot easy personas FAST! This is a discrete, easy service
text - NOW
to 68889

Saucy, 34 Kent/Sussex

 Get my hot pix...text
SAUCY
 to 68889

Leah, London/UK (19)

 Get my hot pix...and HOT VIDEOS too text
LEAH
 to 68889

Tani South West/UK (43)

 Get my hot pix...text
TANI
 to 68889

18+ ONLY
POSTCODE MATCH!
 See who replies to your postcode...
 To be matched to a woman (with HOT photos & maybe HOT videos Text- PC followed by your postcode to 68889 (for example PC NE344NB)
 Text PC followed by your postcode to 68889 and get in on the action! Hook up via your mobile
 "Text SWAP anytime to swap to a different hot woman"
 25p per message sent in. £1.50 per received text.

As Seen on TV
HOOK UP NOW - VIA YOUR MOBILE

Kat, London. 18 years old!

 Get my hot pix...text
KAT
 to 68889

18, SCOT.

 Get my hot pix...text
JEWEL
 to 68889

Kitty, 18 Lancs.

 Get my hot pix...text
KITTY
 to 68889

Lily, UK (40)

 Wants to hear from a younger guy. Text me anytime - 24/7 guys! Get my hot pix...and VERY HOT VIDEOS! text
LILY
 to 68889

Ker, Kent/London

 Get my hot pix...and VIDEOS text
KER
 to 68889

ANNE, 40s YORKS

 Get my hot pix...and VIDEOS text
ANNE
 to 68889

Ami, 20 GLOUCS.

 Get my hot pix and HOT videos...text
AMI
 to 68889

Lee, 20 Leeds

 Get my hot pix...and VIDEOS text
LEE
 to 68889

Ker, Kent/London

 Get my hot pix...and VIDEOS text
KER
 to 68889

ANNE, 40s YORKS

 Get my hot pix...and VIDEOS text
ANNE
 to 68889

Amb UK

 Get my hot pix...AND VIDEOS text
AMB
 to 68889

To SWAP TO A DIFFERENT PERSONA TEXT SWAP TO 68889 AT ANYTIME.

Strictly 18+. 25p for all sms text messages sent to 68889 & £1.50 per received sms text from 68889 (maximum 4 billed messages per reply) Photos/videos sent in/received charged at 2 billed messages at £1.50 each (£3 in total). You must check your mobile is able to send/receive videos or photos. Contact your network for possible network charges. Real people replying NOT a computer. You may receive some automated messages for billing purposes. Some free messages may be sent to users. You need a wap enabled phone to be able to receive photos and videos. Text chat & photos only. You must be the bill payer or have the bill payer's permission. Messages received may appear on your bill. No meeting made or implied. Photos are for display purposes and not to be reproduced. For fantasy entertainment only. areas/details to aid this. Virtual service Terms and conditions @ www.ukeasyaction.com, please read the full virtual terms and conditions fully. B Media 331, 77 Beak Street, Soho, London W1F 6DB. HELP? 08459388647 To swap to a different persona text SWAP to 68889 at anytime. Please ensure you have credit in your phone if you are a PAYG user. We reserve the right to bar users if they are under 18. 18+ SERVICE only. To stop the service text STOP to 68889 at any time.

DATING

TEXTALK WITH PICTURE MESSAGING



25p
per msg
sent/recvd

Men: Text 'mpea' to 88199
Women: Text 'wpea' to 88199
Gay: Text 'gpea' to 88199
MIN SPEND £1.50

Helpdesk 0844 944 0002. Stnd ntwrk charges apply. 18+ Women: Ntwk charges only. Men/Gay: Join for 10p per msg for 1st 15 msgs sent/recvd; 25p thereafter. Pic msgs cost £1.50 each. This is a subscription svce, costing 25p per msg sent/recvd until you send STOP to 88199. SP: X-On.

TEXTCHAT

£1.50 for 1st 15
msgs sent/recvd. £1.50 per 6 msgs
sent/recvd thereafter.

Men: Text 'mwall' to 88199
Women: Text 'wwall' to 88199
Gay: Text 'gwall' to 88199

18+ only Helpdesk 0844 944 0002. Standard network charges apply. Women: Network charges only. Send STOP to 88199 to Stop. P: X-On.

TEXT CHAT!

women text: ewall
men text: mwall
gay text: gwall
to: **69866**

FREE FOR WOMEN!
1st 5 msgs FREE. £1.50 for 5
msgs sent/recvd thereafter.

18+ only Helpdesk 0844 944 0002. Standard network charges apply. Women: Network charges only. Send STOP to 69866 to Stop. P: X-On.

UK's BEST
picture
text &
date
service

**FREE
PICS!**



Swap texts and pictures
with UK women looking
to meet guys now!

text **FLIRT** to **85588**

18+. This is NOT a subscription service. Standard network charges apply to messages sent. Your mobile should be able to send and receive MMS photos and videos. Texts billed at £1.50 p/message. Meetings not implied or guaranteed. MMM Ltd Helpline: 0844 824 7446 PO Box 55766 London E14 1DT

RELAX & GET SEXY

Amazing SEXY TEXT
hook up with local girls
to relieve your stress x
See our lovely pics now
on your mobile xxx

TEXT EASY TO 67111

LL.P06538 NN27YN. Help: 0843 1682255. 18+. SMS cost £1.50 each + standard network charges apply. To stop text 'STOP' to 69409.

SEXY TEXT EASY AND QUICK

Hot girls at home always
ready & sexy FOR YOU!
Text in now for girls pics
-a great time guaranteed,
full satisfaction xxx

TEXT KISS TO 67111

LL.P06538 NN27YN. Help: 0844 871 4497. 18+. SMS cost £1.50 each + standard network charges apply. To stop text 'STOP' to 69409.

ENTERTAINMENT

FREE

SEXY MOBILE VIDEO

For Every Reader!

TEXT: SEXY To: 82333

→ SMALL PRINT ←

*There is NO CHARGE to receive the movie.

18+. Msgs sent to 82333 max 12p. PTTX: support@bt.com. Help: 0870 0505254. Stop? text stop to 82333. Chl mags road £1.50. We may send you free promotional and or service messages.

VIDS
UPDATED
WEEKLY

1P SEXY MOVIES

TXT: EASY TO: 81833

Get one vid for just 1p. Other items on site are charged at £3 for 3 videos, £1.50 for 3 pics, charged per page, pay only for what you view, games and tones priced individually. Messages to 81833 charged at standard network rate. 16+ only. Send Stop to 81833 to stop service. Provided by BS Mobile PO Box 2952, London, WC1N 3XX. Help tel - 0870 100 1024, help@blingmob.com

LIVE CHAT

GET LIVE & SEXY WITH NAUGHTY GIRLS AT HOME

 <p>MATURE LADIES Hot mature Ladies know how to get sexy with you! They're always willing to please new callers xxx</p> <p>0909 897 2053</p>	 <p>45p SWEET 18's + So very adventurous & fit bodies wanting men of all ages for adventure, fun and thrills xxx xxx xxx xxx</p> <p>0908 145 2545</p>	 <p>45p SEXY GIRLS Ask what you really want and we will do everything you like. You'll come back for more! xxx</p> <p>0908 145 0576</p>	 <p>SEXY & MATURE OPEN ALL HOURS Experienced Ladies - do you need it hard & fast? Well just call these tasty oldies - best get off in the UK!</p> <p>0909 897 9111</p>
 <p>40+ YEAR OLD SHARON Ladies at home that are mature in so many special ways. Chat now to mature women xxx</p> <p>0909 897 9416</p>	 <p>45p GIRLFRIENDS JUST FOR YOU Sexy babes at home desperate to be your girlfriend & to please you in everyway possible.</p> <p>0908 145 0581</p>	 <p>MATURE WOMAN CRAVES ATTENTION We just know how to get you off as fast as you want. Superfast, mind-blowing satisfaction from very experienced fit ladies xxx</p> <p>0909 897 0888</p>	 <p>45p GIRLS AT HOME Live flirty chat Single girls who do all the work. Total pure sexy 1on1 xxx</p> <p>0908 145 0580</p>
 <p>45p ON THE PULL The baddest girls in town who just adore horny guys looking for a quick fix and some adult relief at any time</p> <p>0908 145 0575</p>	 <p>GORGEOUS SINGLES Casual singles seriously up for it with as many guys as you can believe. 30 secs to serious heaven when you just need to get off</p> <p>0909 897 9412</p>	 <p>SUPERFAST RELIEF! For a super fast sexy relief that is mind blowing, just give us a call. Girls giving live sexy 121!</p> <p>0909 897 9442</p>	 <p>JUST 18+ 18+ hot, alone & ready to excite! Really naughty girls behaving badly live just for your pleasure. Call now talk to girls live xxx</p> <p>0909 897 2038</p>
 <p>45p FAST RELIEF Get ready to enjoy yourself. Cheap get off with lovely sexy girls desperate to relieve you and their own urges xxx</p> <p>0908 145 0579</p>	 <p>45p COLLEGE GIRLS 18+ Looking for horny guys to fill their recreation time! Eager and willing to please, all guys needed urgently for the ultimate get off today x</p> <p>0908 145 0582</p>	 <p>45p I'LL BLOW YOUR MIND Fun thrills that'll blow your mind! If you want it live call now for the ultimate relief xxx</p> <p>0908 145 2543</p>	
 <p>VERY BROAD MINDED Live sexy girls over 18 who do not mess around and get straight down to action! serious xxx</p> <p>0909 897 9333</p>	 <p>45p HAVE FUN & RELAX Up close and personal - lovely girls at home just eager to go live with you 1 on 1 x</p> <p>0908 145 2542</p>	 <p>BEAUTIFUL LADIES Lovely larger ladies who just want to give pleasure. 100% private and offering a real sexy adult time</p> <p>0909 897 9405</p>	 <p>HUNGRY HOUSEWIVES Just hungry for a wicked time. These gorgeous ladies just looking for an erotic time. 100% totally sexy stimulation xxx</p> <p>0909 897 9447</p>
 <p>45p SEXY GIRLS AT HOME Beautiful funny intelligent sexy girls with lots of energy that needs to be used now x</p> <p>0908 145 2544</p>	 <p>VERY HOT LADIES Girls that are at home that want any guys any age to totally satisfy. Horny sexy 121 x</p> <p>0909 897 0612</p>	 <p>45p DIVORCED & SEXY Very bad women who will do all you ask anytime. Various horny partners needed urgently xxx</p> <p>0908 145 0577</p>	 <p>45p HOT & SEXY When you just cannot wait and need a real fast quickie session. Call now for relief</p> <p>0908 145 0578</p>

SEXY TEXT WITH LOCAL GIRLS - JUST TEXT 'EASY' TO 69469
FOR CASUAL SEXY DATING VISIT www.DATES-4U.co.uk

Live Lines UK Limited PO6538 NN2 7YN. Help 0844 871 4497. 0909 897 Calls rec @ 60p per minute. 0908 086 Calls rec @ £1.50 per minute. 0908 145 Calls rec @ 45p per minute. Standard network charges apply. Mobile users may receive free text messages. You must be 18+ to use this service and have the bill payers permission before calling our service. SMS cost £1.50 each to receive + standard network charges apply. To stop just text 'STOP' to 86469.

Nuts PUB AMMO

A pint of your finest facts, landlord!



"I've got two left feet - in a cupboard at home"

Former Iraqi national football team boss **Uday Hussein** (Saddam's son) ordered his team to be tortured if they lost and once phoned a player at half-time, threatening to cut off his legs if he didn't improve

A completely blind chameleon will still mimic the colours of its background.

Germany boasts the only OAP-specific jail in the world.

In 1978-79, Italian Serie A side Perugia went a whole season without defeat, but still didn't win the league, having drawn 19 of their 30 matches.

Inception director and writer **Christopher Nolan** made his first film at just seven years old, using his dad's old Super 8 camera.

Nine years ago this week, 2,976 people were killed by the actions of 19 terrorists in the 9/11 attacks on America.

Great white sharks have around 3,000 teeth set in different rows

US President **Barack Obama** was nicknamed "O Bomber" at school, owing to his basketball skills.

Barring a seven-match loan spell at Sheffield Wednesday, all of Kenwyne Jones' British clubs have played in red and white stripes and had names that start with the letter S

Ryan Giggs is the only footballer to have played and scored in every season of the Premier League.

An elephant's trunk contains around 40,000 muscles.

Olympic gold medals are actually 92.5 per cent silver.

PUB AMMO ON... SWITZERLAND VS ENGLAND

"Daddy! The big boy won't let me play football!"



- Switzerland last beat England in a competitive match in the qualifiers for the 1982 World Cup.
- England's best win over the Swiss was an 8-1 victory in 1963.
- Switzerland have beaten England once in their last 13 meetings.
- Switzerland manager Ottmar Hitzfeld is the most successful German manager in history and has twice been

"There go my pants"



- voted the world's greatest coach.
- Switzerland beat Spain 1-0 in the group stages of the World Cup in South Africa.
- Switzerland vs England is on Sky Sports 2 this Tuesday, kick-off 7.45pm.

Cameron and Clegg loved to dress up in their old school uniforms

"Sorry, Feltz, the last sausage is mine"



"No one can keep up with the Joneses"

"I'm always being taken for a ride"



**RIGHT
GUARD**

***Xtreme
Protection
Xtreme
Freshness***



NEW



***Anti-perspirant with anti-bacterial silver molecules,
fights body odour at its source for 48 hours.***

Shower gel, washes away odour causing bacteria.

START YOUR DAY RIGHT!

"The podium"
Jenson Button



Whatever's on Jenson's mind, with the world's
number one anti-dandruff shampoo* it's not dandruff.

